



DIVING BOARD RULES:

REMEMBER, you are responsible for your own safety. Please observe the diving boards in use and decide if you can safely participate.

1. Open swimming in the diving area is prohibited, unless diving boards are closed.
2. Diver must be able to swim unassisted. City personnel may require a swim test prior to use of the diving board.
3. Dives or jumps must be performed facing forward using only one bounce, off front of board to middle of pool.
4. The following is prohibited:
 1. Personal flotation devices
 2. Horseplay on, or around, the diving boards.
 3. Running dives, sitting dives, back dives, inward dives, reverse dives, hanging on the board, and gymnastics such as handstands or cartwheels.
5. Only one person on the board at one time. The next person in line must wait with both feet on the deck.
6. Once a dive is performed, the diver must exit the pool by the nearest ladder or swim directly past the safety line.
7. Person next in line must wait until the person who just dove into the pool exits the water before stepping onto the diving board steps.

Lifeguards on duty may restrict certain dives based on safety concerns. Any activities deemed unsafe by City personnel are not permitted.

Violation of any of the above rules is cause for immediate ejection from the Brentwood Family Aquatic Complex for that calendar day. Based on the seriousness of the violation(s), you may be denied further admission.