# SENIOR CITIZENS CLUBING.

October-December 2021 News





#### 2021 Senior Club Board

PRESIDENT
VICE PRESIDENT
SECRETARY
TREASURER
FINANCIAL SECRETARY
TRIP SECRETARY
MEMBERSHIP SECRETARY
BOARD ASSISTANT

Steve Bordi Richard Griek Charlotte Allison Judy Griek Pat Wilkins Paula Joyce Eileen Wigton Jon Elam

#### **Monthly Meetings**

We are excited to share that both the Board Meetings and the Program Sub-Committee Meetings will, once again, be held at the Brentwood Senior Activity Center.

<u>Board Meetings:</u> Second Tuesday of each month at 9:00–11:00am at the BSAC.

October 12th • November 9th • December 14th

Program Sub-Committee Meetings: First Tuesday of each month at 10:00–12:00pm at the BSAC. All members welcome. We look forward to seeing you and hearing your ideas and suggestions.

October 5th • November 2nd • December 7th

#### Use the Club's Mailing Address to:

- Send newsletter suggestions or a story for the Members' Corner.
- Request some sunshine for a member because of sickness, injury or hospitalization.
- Send your completed volunteer application.
- Request your newsletter delivery by email.



This newsletter is a member benefit and your Club absorbs the expense of graphic design, printing and mailing. Help us reduce our costs and do your part in making our planet

more green, by signing up to receive the newsletter via email. Money saved could be invested in more activities. When you fill out your membership renewal form, please make sure to check the correct box to receive your newsletter digitally.

#### **BRENTWOOD SENIOR ACTIVITY CENTER**

193 Griffith Lane, Brentwood, CA 94513 (925) 516-5380 www.brentwoodca.gov/SeniorCenter

#### **Business Hours**

Monday – Thursday: 8:30 am – 4:00 pm

Friday – Sunday: Closed

#### Register for classes online at:

www.brentwoodca.gov/onlineregistration Use activity codes listed. Call (925) 516-5444 for assistance.

Make checks payable to the City of Brentwood.

#### Welcome

Our Senior Center encourages members to be active and youthful by participating in the various activities and events offered. There is always a friendly face to greet you. Once inside, join friends for a dance class or one of the many games. Express yourself in an art class, or maintain a healthy body, mind and spirit through exercise classes. This is the best meeting place for rewarding friendships, activities, trips, socials and endless possibilities. Your membership also offers ongoing resources, free services and referrals throughout the year.

#### Senior Center City Staff

RECREATION SUPERVISOR

Olivia Alvarez

RECREATION COORDINATOR

**Amanda Chaney** 

**RECREATION LEADERS** 

Yolanda Brown Elenora Resare Roy Schuler Robbie Myers



The Senior Center is a non-smoking environment. If you smoke, it must be in the designated smoking area 20 feet away from the building, to avoid smoke filtering back into the building.

## The Brentwood Senior Activity Center is closed in observance of the following holidays

Columbus Day
Veterans Day
Nov. 11
Thanksgiving
Christmas Eve
Christmas Day
New Years Eve
New Years Day
Not. 11
Nov. 25 & 26
Dec. 24
Dec. 25
Dec. 31
New Years Day
Jan. 1, 2022

#### A NOTE FROM THE PRESIDENT

Dear Fellow Seniors,

I hope you are all well and doing fine. This whole Covid-19 pendemic will just not go away! After having our Covid vaccinations, I thought we were finally "out of the woods." We were busy planning the annual BBQ, when all of a sudden there appears a "Delta Variant" and an uptick of numbers in our County. Several of my senior friends who had been "vaxed" ended up in the hospital and several others were quarantined. The end result was that the tide seemed to be turning. So the Board cancelled the BBQ and the September opening of the Senior Center. Better safe than sorry; it was just too risky. We have now decided to cancel all other major events for this year (Halloween, New Years, etc.). We'll just have to wait and see what the beginning of 2022 brings.

You will be receiving a post card from the City of Brentwood regarding re-opening information guidelines, lunch program, Senior Club membership, and returning senior activities and agency partnerships.

In ending, congratulations to longtime member Ethel Badham on celebrating her recent 103rd birthday, quite an achievement in this day and age with all its perils!

Warm Regards, Steve Bordi, President





We would like to take a moment to thank all our members who are veterans of war.

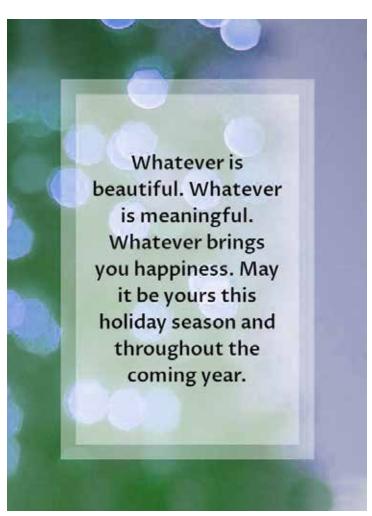
Many generations of people from all backgrounds, ethnicities, religions and ages have held the title of "veteran." No matter where they came from, they all have one thing in common: a commitment to serve our country. Please take a moment to stop and thank a veteran for their service!

# Looking Forward...

With the re-opening of the Brentwood Senior Activity Center comes reason to celebrate, new reasons to set big goals and work towards achieving them with the Brentwood Senior Citizens Club.

#### **REMINDERS:**

- For the remainder of 2021, most Club annual events have been cancelled, but there is so much to look forward to in 2022!
- Follow the Club Newsletter or check out the Club's Facebook page for updates.
- Membership registration for the 2022 calendar year must be done in person at the BSAC or Community Center. Application on pages 9-10.
- First event of 2022 is the "Mystery Dinner" on January 21. Details for registration on back page of this newsletter
- Senior Board Nominations are open from November 1-15, 2021. What would you like to see the Board accomplish? Please consider running for a Board position to help the Club move forward.



#### A NOTE FROM BOARD ASSISTANT, JON ELAM

This newsletter's comments reflect on the challenges of keeping the energy and interest alive within each of 1,000 plus members of our senior membership. One day, hopefully sooner than later, we really will have a fully operating program in your Brentwood Senior Center. As we look around, it is clear that things are changing, and our membership wants to see our programs change as well.

We would like to initiate an effort to create listening sessions with our members. Your Board really wants to hear from you. To do that we plan to set up open times for members to come by the center beginning in October to visit with us (we will supply the coffee and peanuts). Stay tuned - the Board will call to invite you to come in.

Each year about this time the election season for Board leadership opens. We truly need some folks to stand up and join the Board. If you have interest, I would like to talk with you. It is not as onerous as you might think, and you'll meet some great people.

Give me a call! 925-518-4288

Jon Flam



As mentioned in our July-Sept. newsletter, Ryan Raimondi (front), a former Brentwood Mayoral candidate, was commissioned to the U.S, Naval Academy in Annapolis. What an amazing opportunity for him! Keep up the great work Ryan!



Going away luncheon for Annie Hee. We will all miss Annie's infectious smile, kind spirit and her helpful volunteer efforts, especially with the Brown Bag program. We wish her the best in the future.





## CC Café becomes Café Costa

Dear Friends,

We would like to announce that the CC Café has changed its name to Café Costa to include a new logo and new identifiable signs. Café Costa will begin serving in-house lunches on Monday, October 4, 2021.

If you would like to make a reservation to have lunch you must call 925-516-5398 no later than 12:00 noon the day before you would like to come for lunch.

The suggested donation for lunch for 60+ seniors is still \$3.00, and for 60 and under it is \$6.00. I hope to see all of you very soon for lunch.

In-person limited capacity max.15

Donna Martin Café Costa Manager





#### **BOARD NOMINATIONS OPEN** November 1 - November 15, 2021

#### **QUALIFICATIONS**

- **Board positions** no member shall be allowed to hold office unless he/she has been a member in good standing for at least a period of (1) year, and has been approved by the Executive Board.
- All officers shall serve for two (2) years and may serve for a maximum of two terms or four (4) years in each office or until their successors are elected.

#### POSITIONS OPEN FOR NOMINATION ARE:

**VICE-PRESIDENT** Shall preside in the absence of the president at all meetings of the Club and shall be ex-officio member of all long-term committees.

**TREASURER** Shall disburse funds for the payment of approved bills necessary for the operation of the Club. The treasurer shall present a report of the financial status of the Club at each Board meeting. Prepares books in order to work with the Club's CPA for filing of annual Federal and State required documents and biennial audits of 2 fiscal years' books.

**MEMBERSHIP SECRETARY** Has oversight of annual membership drive, and maintaince of club members records. Actively engages in promotion of Club membership, by maintaining Club's "Welcome" packet and engaging in various activities to promote membership. Works closely with Volunteer Coordinator to assure volunteer recruitment events at least twice a year.

#### **FOOD FOR THOUGHT:**

- Have you been a member in good standing for at least one year?
- Why would you like to serve as a Board member?
- Have you attended the Sub-Committee or Board meetings to understand the "workings" of the Senior Club?
- Can you provide examples of activities, events or volunteering you have been involved in at the club?
- What would you like to see the Board accomplish during your two-year term?

#### Board Nomination Committee

Jon Elam (Chairman) Eileen Wigton Richard Griek

#### TIMELINE

- Nominations
   11/1 11/15
- Approved nominees attend a mandatory meeting 12/17/21
- Meet the candidates and hear a short presentation at the Special Luncheon Date TBD
- Election ballots sent to members -Voting starts 1/1/22
- Voting deadline 1/21/22
- Introduction of newly elected Club Board 2/8/22



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Are you interested in learning more about the above listed board positions?

Contact Jon Elam, Chair, Board Elections Sub-Committee at (925) 518-4288 or email jonrelam@gmail.com

# Members corner

If you would like to share an adventure, activity, experience or thought in our Members' Corner, write a story and mail it to our new Senior Club post office box: 18 Oak St, P.O. #1778, Brentwood, CA, 94513-8778 or email Paula Joyce at paula.joyce@att.net. Including a photo or two would make your story stand out. The Newsletter team will review all articles and will notify you of inclusion before press time.

#### HERE'S WHAT MEMBERS HAVE BEEN DOING RECENTLY...

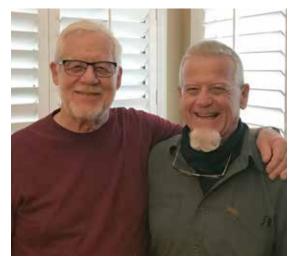
Club member Betty Raimondi has made a beautiful Christmas "sock" for each of her grandchildren. What a special gift of love!







Richard G's brother Don joined him for a special day.



Friends and members sharing quality "girl" time reminiscing, enjoying food and spirits.





Bocce players out in full force, enjoying the exercise and warm, fresh air.



# **Book Banter Group**

Even though there are so many restrictions during the pandemic, one thing is for certain... you can always read. Reading gives you a chance to escape into another place and time, without leaving the safety of your most comfy chair. The Book Banter Group is not currently meeting in person, but friends and family can still chat about these best-sellers using FaceTime or Zoom. If hardback or paperback books are not available, download free eBooks thru the Brentwood Library site using "Libby" or purchase a digital copy for your reading tablet. Our suggestions are:

#### OCTOBER:

#### The Four Winds by Kristin Hannah

From the #1 New York Times bestselling author of The Nightingale and The Great Alone comes an epic novel of love and heroism and hope, set against the backdrop of one of America's most defining eras—the Great Depression. The Four Winds is an indelible portrait of America and the American Dream, as seen through the eyes of one indomitable woman whose courage and sacrifice will come to define a generation.



#### The Lost Apothecary by Sarah Penner

Hidden in the depths of eighteenth-century London, a secret apothecary shop caters to an unusual kind of clientele. With crackling suspense, unforgettable characters and searing insight, The Lost Apothecary is a subversive and intoxicating debut novel of secrets, vengeance and the remarkable ways women can save each other despite the barrier of time.



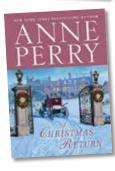
#### A Christmas Return

#### by Anne Perry

'Tis the season of giving—and with this wonderful book, New York Times bestselling author Anne Perry shares a brand-new holiday mystery filled with bygone relationships and hidden secrets. Decked with intrigue and trimmed with Yuletide spirit, A Christmas Return is a holiday treat wrapped in the glorious storytelling talents of the reigning master of Victorian mystery.









#### **TOM SAYERS**

#### Fellow Painter/Artist at Brentwood Community Center

We are all very sad at the passing of Tom and he will be missed in our painting class.

Tom was a sweet man; friendly, creative and always interested in what we painters were creating. Our very best to his wife Lynne and family.

One funny story he shared with us... His truck was broken into and all his painting supplies were stolen but they didnt take his paintings...what nerve! Most of us threw him a tube of paint to get him painting again! RIP Tom.



**UNDER THE WEATHER** Ron Charlesworth

> **IN MEMORIAM** Richard Gonzales Tom Sayers

Eileen Wigton is our Sunshine Lead. If you know a member who needs some Sunshine in their life, let Eileen know by calling (925) 516-4959.

## All About Your Membership

### CLUB MEMBERSHIP IS NOW ON A CALENDAR YEAR BASIS

The goal of the mass membership renewal process is to bring all members up to date.

#### **KEY STEPS FOR REGISTRATION**

- Registration begins October 4th
- Use the form on pages 9-10 of this newsletter. Be sure to sign and date the liability waiver on the backside of the application. (Additional member too, if applicable.)
- Bring your form to the Brentwood Senior Activity Center or the Brentwood Community Center to register in person.
- Membership dues are \$25 per calendar year. Pay by cash, check, money order, MasterCard or VISA.

#### **BENEFITS OF MEMBERSHIP**

- Free newsletter (paper or email)
- Senior Trips & Tours benefits
- Volunteer opportunities
- Annual free BBQ & Ice Cream Social
- "Boogie Nights" dance parties
- Special Luncheons
- Holiday Celebrations & Entertainment
- Join a unique social group for single seniors
- Many free daytime activities, including:
  - Book Banter Club
  - Movie Fridays
  - Game Room (Billiards, Mahjong, Cards)
  - Painting Classes
  - Library & Media Room
  - Knitting, Crochet and Quilting

Eileen Wigton, Membership Chair, and friends during a trip to Santa Cruz. We are all looking forward to Club trips & tours again in 2022.



#### THIS NEWSLETTER IS AVAILABLE ONLINE!

As you know the Club Newsletter comes to you 4-6 times a year. This is a member benefit and your Club absorbs the expense of graphic design, printing and mailing this newsletter. Help us reduce our costs and do your part in helping our planet be more green, by signing up to receive the newsletter online. Money saved could be invested in more activities. When you fill out the membership renewal form please make sure to check the correct box to receive your newsletter online.

To update your personal contact information (name change, address, phone number or email address:

- **1.** Mail the Brentwood Senior Citizens Club at 18 Oak Street #1778, Brentwood, CA 94513
- **2.** Notify the front desk at the Brentwood Senior Activity Center building at 193 Griffith Lane, Brentwood, CA 94513, (925) 516-5380.

#### SAVE THE DATE FOR THE FIRST VOLUNTEER RECRUITMENT EVENT FEBRUARY 10, 2022

Volunteers Always Wanted - This is your opportunity to meet new friends, share your skills and have fun with others planning or helping at events.

Please pickup an application at the Brentwood Senior Activity Center or call (925) 516-5380 for more information.





# Brentwood Senior Citizens Club, Inc. Membership Application

Membership fee is \$25 per year per member.			Date:	
Member		Additional Member		
I am a <b>NEW</b> Member to this club.		I am a <b>NEW</b> Member to the lam renewing a current of	=	
I am age 90 and qualify for a free membership.		I am age 90 and qualify for	· =	
Name		Name		
Address		Address		
City Zip		City Zip		
Phone # ( )		Phone # ( )		
*E-mail:		*E-mail:		
Birth date (mm/dd/yyyy)/ //		Birth date (mm/dd/yyyy)//		
In an emergency, who should we call? Phone # ()		In an emergency, who should we call? Phone # ()		
Cell # ()		Cell # ()		
Name		Name		
Relationship		Relationship		
*NEW* Newsletter Delivery Method:   Mail   E-Mail/View Online (Please Choose One)				
I am interested in becoming a volunteer.  The YES  Donations  Amount \$  If, in addition to your dues, you would like to make a tax deductible donation to the Brentwood Senior Citizen's Club, Inc. programs and activities, please fill in an amount above. All donations are tax deductible as the Brentwood Senior Citizen's				
□ NO	Club, Inc. is a non-profit corporation, exempt from taxes under section 501 ©(3) of the IRS code. Thank you very much for your donation and support!			
Check/Money Order (Make payable to the <u>City of Brentwood</u> )  Credit Card #			#:	
Master Card	☐ Visa	Expiration	Date:	
Credit Card Signature:			(3-Digit Code) back of Credit Card	
TO REGISTER: Complete this form and present in person at the Brentwood Senior Activity Center, 193 Griffith Lane or the Brentwood Community Center, 35 Oak St.  DON'T FORGET TO FILL OUT THE BACK PAGE!				

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# Brentwood Senior Citizens Club, Inc. Member Liability Waiver

I voluntarily agree to participate in activities sponsored by the Brentwood Senior Citizens Club, Inc. I state and affirm that:

- **1.** My participation in any activities is voluntary. No one is forcing me to participate. Activities may include, but are not limited to, classes, lunches, dinners, socials, and trips.
- 2. I understand and acknowledge that the Brentwood Senior Citizens Club activities that I voluntarily engage in have certain risks. I understand these risks, known or unknown, anticipated or unanticipated, may result in injury, illness, disease, death or damage to myself of my property, or to other persons and their property.
- 3. I agree that I am engaging in any physical activity at my own risk. I recognize that Brentwood Senior Citizens Club has not undertaken any duty or responsibility for my safety and I agree to assume the full responsibility for all risk of injury, illness, death, disability, damage or loss to myself or my property that might result, including with-out limitation, any loss or theft of any personal property.
- **4.** I agree that I will only engage in physical activity within my personal limitations and that I will take full responsibility for ceasing any and all activity if necessary. I agree to stay hydrated during any classes.
- 5. In the event of any emergency, I authorize medical attention/treatment from any licensed hospital, physician and/or medical personnel deemed necessary for my immediate care and agree that I will be responsible for payment of any and all medical services rendered.
- **6.** I hereby acknowledge that I have read, understand, and will abide by the Brentwood Senior Activity Center—Code of Conduct while participating in any sponsored activities.

**COVID-19 Waiver:** Participant waives and releases the City of Brentwood (City) or Brentwood Senior Citizens Club from any and all claims, causes of action, allegations, or assertions that may arise relating to infection of any person by COVID-19 that occurs, or is alleged to occur, during the Activity. Participant also agrees to defend, indemnify, and hold City or Brentwood Senior Citizens Club harmless from any and all claims, cause of action, allegations, or assertions made against City or City's employees arising from or relating to actual or alleged COVID-19 infection occurring during the Activity, except where caused by the sole negligence or willful misconduct of the City or Brentwood Senior Citizens Club. (September 15, 2021)

By my signature, I hereby state that I understand the risks involved in participating in the activities of the Brentwood Senior Citizens Club, Inc. and willingly and voluntarily accept these risks. By my signature, I hereby surrender any right to seek reimbursement from Brentwood Senior Citizen's Club, Inc. and its directors, officers, employees, volunteers and other agents for injury sustained and liability incurred during my participation in any club activities.

By my signature, I warrant that I am not relying on any oral representations, statements or inducement apart from the statements made on this form and confirm that I have read, understand, and consent to the terms of this waiver agreement.

PRINTED NAME OF MEMBER	SIGNATURE OF MEMBER	DATE
PRINTED NAME OF ADDITIONAL MEMBER	SIGNATURE OF ADDITIONAL MEMBER	
graphs, videotapes, motion pictures, rec	ood Senior Citizens Club, Inc and/or agents a cordings, or any other record of my participat aising purposes (e.g., as part of brochures, sl	ion in club activities without compen-
PRINTED NAME OF MEMBER	SIGNATURE OF MEMBER	DATE
PRINTED NAME OF ADDITIONAL MEMBER	SIGNATURE OF ADDITIONAL MEMBER	

# Senior Activity Center Update

## CITY STAFF WISHES YOU A WARM WELCOME BACK TO THE SENIOR ACTIVITY CENTER!

Fall Senior Class Registration is open.

Please visit www.brentwoodca.gov for class listings and to register or call (925) 516-5380 for phone registrations.



Contra Costa HICAP will talk about what's happening with 2022 Medicare drug and health plans. Open Enrollment is from Oct. 15 to Dec. 7. Every year plans change their covered drugs, co-pays, doctor networks and more. Plus, word has it that a new zero-premium Medicare Advantage plan is coming next year. Your current plan may no longer be best for you. Don't let this be you - come find out more!

Register to attend Medicare 2022 — What You Need to Know

WHEN: Friday, October 26, 10:00am - 11:30am / Event #7583

WHERE: Brentwood Community Center - 35 Oak St.

Register through the Brentwood Senior Activity Center (925) 516-5380 or contact HICAP for more information at 655-1393 or www.cchicap.org





# Holiday HAPPENINGS

#### REGISTER FOR SOME HOLIDAY CHEER!

#### Gobble, Gobble FREE Turkey Raffle

Register to win a 10 to 12lb. Turkey

- Must be 50 and better to register, one registration per household.
- Register by Friday, November 12. Winners will be notified the week of November 15.
- Event # 8500

Co-sponsored by Brentwood Senior Citizens Club Inc. & Brentwood Strong

#### Santa Drive Thru

This year Santa is visiting the Brentwood Senior Activity Center on Thursday, December 9, from 11:00am–12:00pm. Although Santa lives in the North Pole, he doesn't want to risk getting sick before Christmas, so he will visit our center outside, weather permitting.

- Register to the drive-thru and take a photo from your car with Santa and receive a holiday treat.
- Look for updates on the City Brentwood, Parks and Recreation Adults 50 and Better web page.
- Event # 8501

#### Senior Holiday Card Campaign

Spread holiday cheer to seniors in our community!

- Purchase or hand make a holiday card.
- Write a message inside the card and sign it (please write legibly).
- Use a gender-neutral salutation/greeting.
- Don't include inserts such as photographs, candy, gift cards or lotto tickets.
- Cards should remain in an unsealed envelope with no address or return address.
- Deliver prepared cards to the dropbox at the Brentwood Community Center, 35 Oak St, by Monday Dec. 6 by 5:00pm.
- Student can make community service hours: 4 cards = 1 hour. Max 5 hours. Bundle cards and make sure your name is on the bundle. Email achaney@brentwoodca.gov for verification and signature.

If you know of a senior in our community who would benefit by sending them a card, please call the BSAC at (925) 516-5380 to get them registered. You will need to provide the participant's name and address.

Co-sponsored by Brentwood Senior Citizens Club Inc. & Brentwood Strong





# Death Near Dead Man's Holler Mystery Dinner/Show presented by Caught in the

presented by

Caught in the Act Theater

Outlaws being gunned down was not uncommon in the Old West. But sometimes things happen that defy explanation. It's up to you to try to solve this mystery. Get your posse together, dress up like cowboys & gals, and mosey on down, pardner.

## FRIDAY, JANUARY 21, 2022 5:00-9:00 PM

\$50 Members / \$55 Non-Members Includes Dinner & Show • No-Host Bar

Registration Begins Nov. 15, 2021 – Jan. 14, 2022 (100 guests max.) Registration #8622

BRENTWOOD COMMUNITY CENTER 35 Oak St., Brentwood, CA 94513 925-516-5380





