

Brentwood

SENIOR CITIZEN'S CLUB, INC.

January/February 2020

Full Service Senior Center

Cover story
on pages 4-5



FROM THE CLUB PRESIDENT

Dear Members,

Happy 2020! Here's to an exciting New Year at the Brentwood Senior Activity Center.

Our final event of 2019, the "Roaring Twenties" New Year's Eve celebration was sure exciting! It was completely sold out and everyone brought in the New Year in style. \$35 for dinner, champagne and dancing was such an amazing deal.

We have some exciting events coming up to kick off the new year. We have the Boogie Nites Dances at the Brentwood Community Center. Come on down and enjoy the music and dance to the bands of *Solid Gold* on Jan 23rd and *Natural Blend* on Feb 27th. It is \$10 per person for members if you sign up prior to the event. (All walkins are \$12 at the door.)

The upcoming Board election will begin on Jan. 7th, with the ballots being mailed out to all members. The voting deadline is Jan 21st. BE SURE TO VOTE! Stand up and be counted.

Lastly, if you would like to be a volunteer, there will be a volunteer recruitment meeting at the Senior Center on Feb. 13th from 4:00-6:00 pm. Being a volunteer is a good way to meet new friends and to become active in your Club. Volunteers are needed for all events, especially for Monday Bingo which has several volunteer positions open. Pick up a volunteer application form at the front desk or call 516-5380 for more information.


Have fun with us in 2020!

Steve Bordi
President



BRENTWOOD SENIOR ACTIVITY CENTER

193 Griffith Lane, Brentwood, CA 94513
(925) 516-5380

 @Brentwood Senior Citizen's Club

Business Hours

Monday – Thursday: 8:30 am – 4:00 pm
Friday: 8:30 am – 3:00 pm

Register for classes online at:

www.brentwoodca.gov/onlineregistration
Use activity codes listed.
Call (925) 516-5444 for assistance.

Make checks payable to the City of Brentwood for all activities unless stated otherwise.

Welcome

Our Senior Center encourages participants to be active and youthful by participating in the various activities and events offered. There is always a friendly face to greet you. Once inside, join friends for a dance class or one of the many games. Express yourself in an art class, or maintain a healthy body, mind and spirit through exercise classes. This is the best meeting place for rewarding friendships, activities, trips, socials and endless possibilities. Your membership also offers ongoing resources, free services and referrals throughout the year.

Senior Center City Staff

RECREATION SUPERVISOR

Olivia Alvarez

RECREATION COORDINATOR

Amanda Chaney

RECREATION LEADERS

Yolanda Brown

Elenora Resare

Roy Schuler

Robbie Myers

Noemi Wood

VOLUNTEER AMBASSADORS

Rose Garcia

Carol McPherson

Kathi Croffoot

Eileen Wigton

Maria Higueros

Kate Chard

Arnold Burton

The Brentwood Senior Activity Center will be CLOSED in observance of the following holidays:

Martin Luther King Jr. B-day 1/20
President's Day 2/17



Meetings

Program Sub-Committee

- January 7
- February 4

Come to our sub-committee meeting the first Tuesday of each month. We welcome your ideas.

Board Meetings

- January 14
- February 11

All meetings are held in the Classroom from 9:00 – 11:00 am



Just a reminder that the Senior Center is a non-smoking environment.

The smoking ban is an attempt to protect other people from the effects of second-hand smoke. If you smoke it must be in the designated smoking area 20 feet away from the building, to avoid smoke filtering back into the building.

Club Updates & SAFETY NEWS

Did You Know that SSI Recipients Can Now Apply for Food Benefits?

CalFresh Food Stamps is not a welfare program. It is a nutrition assistance program for low income individuals and families. Apply to get up to \$192 a month per household member on an EBT card.

You can fill out an application online at www.getcalfresh.org or beginning in January of 2020 the Brentwood Senior Activity Center will be partnering with the Oakley Senior Citizens Club to assist seniors in our community with the CalFresh application process. CalFresh Councilors will be at the Brentwood Senior Activity Center on the 2nd and the 4th Thursday of the Month from 10:00 – 12:00 am.

Please call (925) 516-5444 to set-up your appointment.



Ban on Home Made Foods at our Center

We would like to thank all of you who have been very thoughtful and giving by bringing in home-baked goodies and treats to the Brentwood Senior Activity Center lobby to share with every one.

However, moving forward, all items that are brought in to share, must be store bought. This new policy is to promote safety, consistency and prevent exposure to life-threatening food allergies. Food should be unopened and in a sealed package prior to use.

We understand that this modification will bring some changes to our Center's lobby, special events and socials, but it is essential to provide a safe environment for all participants.

Our Center continually strives to maintain a healthy atmosphere for all individuals.

If you have any questions regarding this new policy, please feel free to contact our front desk staff for additional information.

Get Your Flu Vaccination Today!



Everyone 6 months of age and older should get a flu vaccine every season, with rare exception. Vaccination is particularly important for people who are at high risk of serious complications from influenza. You should get a flu vaccine before flu viruses begin spreading in your community, since it takes about two weeks after vaccination for antibodies to develop in the body and provide protection against flu. A flu vaccination has important benefits such as reducing flu illnesses, doctors' visits, missed work and flu-related hospitalizations.



With the New Year we thought it would be a good time to remind everyone that the Newsletter is also available by email.

Save paper and get your newsletter faster!

Call or come by the Senior Activity Center front desk to change your delivery method to email!

Brentwood Senior Activity Center Offers A Complete Array of Services to Meet the Needs of All It's Members

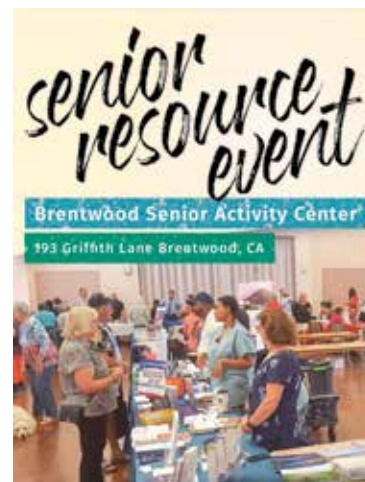
The City of Brentwood and the Board Members of the Senior Citizen's Club Inc. have accomplished their goal of turning the Center into a "Full-Service" Activity Center. Their goal is to continue to support and meet the needs of the participants in the areas of Community & County Resources, Classes, Educational Programs and Special Events. Free services and referrals such as Community Partners, Health & Memory Screening, Counseling, Family Support, Financial Aide are more detailed on page 13 of this newsletter. Also a list of on-going activities can be found on page 14. Following is a highlight of some of the services and activities offered at the Club.

RESOURCES AND COUNSELING

- Memory Screening
- Blood Pressure Checks
- Free Pharmacy Consulting Services
- Senior Information and Referral Counselor - Contra Costa County Aging & Adult Services
- Care Manager Counseling
- Senior Peer Counseling
- HICAP
- Legal Services
- Tax Aide
- California Telephone Access Program
- Cooling Center
- Senior Scholarship Program \$250 for qualified individuals

SPECIAL EVENTS TO KEEP YOU SAFE & INFORMED

- Care Giving Workshops
- Senior Scam Stopper
- Senior Resource Event
- Fall Prevention Workshop



COMMUNITY PARTNERS

- Contra Costa Senior Legal Services (CCSLs)
- Contra Costa County Aging & Adult
- Food Bank of Contra Costa & Solano Brown Bag Program
- John Muir Health Services
- Safeway Distribution
- TriDelta Transit

CLASSES TO KEEP YOU HEALTHY, HAPPY & ACTIVE

- Tai Chi
- Square Dancing
- Ballroom Dancing
- Exercise & Fitness
- Yoga
- Watercolor & Acrylic Painting
- Computer Lab



FREE ACTIVITIES

- Annual BBQ
- Ice Cream Social
- Volunteer Interest Pizza Party



NUTRITION RESOURCES -FOOD PROGRAMS

- **CC Cafe Senior Nutrition (Onsite)**
Serves lunch M-F at 11:45 and a Special Luncheon on the second Friday of each month. In 2019 the CC Café served 6,800 lunches.
- **CalFresh Food Benefits**
Nutrition assistance program with counselors at the Center to assist you in the application process.



- Bread Giveaway Program
- CCC Food Bank Brown Bag



- **Meals On Wheels & Meals On Wheels Diablo Region**
Provides meals delivered to home-bound and need-based seniors

TRANSPORTATION

- **Dial-A-Ride**
TriDelta Transit provides rides for seniors and disabled individuals.
- **Rides for Seniors**
For seniors outside the Dial-A-Ride area



Special Luncheons

At the Senior Activity Center

JANUARY LUNCHEON

FRIDAY, JANUARY 10 at 11:45 am

The January 10th Special Luncheon will be provided by CCCafé staff. Thereafter the Bingo game fun will start with many winners and raffle prizes.

Deadline to register 1/7.

VALENTINE'S LUNCHEON

FRIDAY, FEBRUARY 14 at 11:45 am

A Happy Valentine special event with hearts, music and a delicious "sweet treat" will be had by all. Deadline to register 2/11.

Happy

Valentine's Day



Make your reservations today to enjoy both of these luncheons.

Please call CC Café at (925) 516-5398 9:00 am – noon

Sunshine

REPORT

- Olivia Alvarez
- Dick Raimondi
- Donelda McClelland

If you know a member who needs some Sunshine in their life, let Annie Hee know or leave a message with the Senior Center staff by calling (925) 516-5380.

Movie Fridays

2nd Friday of each month.

1:30 – 3:30 pm in the Game Room.

FREE popcorn is served.

JANUARY 10TH | THE UPSIDE



A recently paroled ex-convict strikes up a friendship with a quadriplegic billionaire. They form an unlikely bond, bridging their differences and gaining invaluable wisdom, giving each man a renewed sense of passion for all of life's possibilities.

Cast: Kevin Hart, Bryan Cranston & Nicole Kidman

Comedy (PG-13)

Runtime: 2h 6min

FEBRUARY 14TH | THE TIME TRAVELER'S WIFE



Due to a genetic disorder, handsome librarian Henry DeTamble involuntarily zips through time, appearing at various moments in the life of his true love—beautiful artist Clare Abshire.

Cast: Rachel McAdams & Eric Bana

Romance (PG-13)

Runtime: 1h 47min

Book Banter Group

Are you an avid reader looking for someone with whom to discuss the latest novel? Join us the 3rd Tuesday of each month from 1:30–2:30 to talk about the preselected books listed below and available at the local library desk upon request. **NOW MEETING AT THE BRENTWOOD COMMUNITY CENTER.**

January 21

Flight Behavior

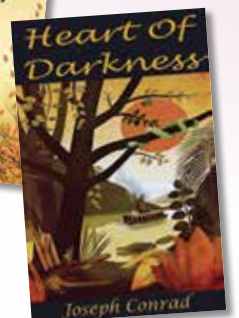
by Barbara Kingsolver



February 18

Heart of Darkness

by Joseph Conrad



Trips & Tours

Cache Creek

Tuesday, March 24, 2020

\$32/person members ~ \$34/person non members includes roundtrip motorcoach transportation, bonus play or match play and driver gratuity.

Trip #3725 • Trip Level 1 (Light walking)

Walk in Registration begins 2/18/20

Phone Registration begins 2/19/20

- 8:30 am Depart Brentwood Senior Activity Center
- 10:00 am Arrive at Cache Creek Indian Casino
Receive: \$15.00 Bonus Play or \$20.00 Table Match Play
- 5:00 pm Approximate return time to Brentwood



Golden Gate Fields

Friday, April 24, 2020

\$56/person members ~ \$86/person non members includes round trip motorcoach transportation, reserved seating in the Turf Club, buffet lunch & driver gratuity.

Trip #3726 • Trip Level 1 (Light walking)

Walk in Registration begins 3/10/20

Phone Registration begins 3/11/20

- 11:30 am Depart Brentwood Senior Activity Center
- 7:00 pm Approximate return time to Brentwood

Enjoy a visit to Golden Gate Fields, one of California's premiere horse racing destinations in the Bay Area. Your "Day at the Races" is sure to be an unforgettable event. Horse racing offers a unique interactive experience like no other sport. Learn to place a basic bet or try your luck at a trifecta and cheer for your ponies to cross the finish line first. Your group will have reserved seating in the Turf Club with a hosted buffet lunch and perfect viewing of the field.



Trips & Tours Registration Policies

1. **Register at:** Brentwood Senior Activity Center or Brentwood Community Center.
2. **Only walk-in registration will be processed on the 1st day of registrations.** Phone-in begins on day 2 and you must have your credit card on file in your Parks and Recreation account to register by phone.
3. Once the trip sells out, a wait list will be created.
4. All registration forms will be processed on a first come, first serve basis. All forms must be completed and signed by the participant, including a waiver for each trip.
5. A single person can register more than one person at a time (maximum of four people), as long as all registration forms are fully completed by each person attending the trip.
6. Please remember to fill out any special needs (such as "I will be bringing a walker") in the boxed area of the registration form.

COMING SOON!

A's game:

5/6/20 & 9/2/20

Roaring Camp

Santa Cruz:

8/4/20 2 buses

A HUGE Thank You

THANKSGIVING SPECIAL LUNCHEON

On November 8th our special Thanksgiving Luncheon was attended by 80 members. They were treated to individual gifts, bingo and raffle prizes. We would like to thank Mayor Taylor and Premier Floor Care for their annual donation of turkeys. The 12 lucky winners were:

- Dee Cornell
- Mary Judge
- Marva Prow
- lane Walton
- Gary Gee
- Liz Torres
- Victoria Elevbug
- Marlanna Bathel
- Sue Underwood
- Margarita Akina
- Marion Deisenroth
- Oma Theadore



THE CRAFT FAIRE WAS A HUGE SUCCESS!

Thank you to all of our wonderful vendors and the volunteers who made everything run smoothly!



..... TO ALL THE PARTICIPANTS AND VOLUNTEERS IN THE CLUB'S ACTIVITIES!

CHRISTMAS SPECIAL LUNCHEON

December 13th was a very special day for the 125 guests that attended the Christmas Special Luncheon. Performer, Bill Ramirez, played an assortment of Christmas songs during lunch. After lunch, he continued with special requests from guests. Not only did good food and music make for a wonderful time, but lots of raffle winners added excitement to the afternoon. A special touch was the individual gift bags each guest received, made by the volunteers, containing a miniature Bundt cake, chocolates and candy cane. A special thank you to the Club volunteers who decorated and made the gift bags.



BROWN BAG EVENT

Brown Bag event on December 12/12 is a result of a partnership with the food Bank of Contra Costa & Solano Brown Bag Program low income seniors citizens receive free supplemental food.

Annually members of the Board attend this special event in December and give each qualifying Senior a gift card. This is one example of the way the Club gives back to their members.



Volunteers Always Wanted - This is your opportunity to meet new friends, share your skills and have fun with others planning or helping at events. Please pickup an application at the Brentwood Senior Center or call for more information (925) 516-5380.

Upcoming Volunteer Opportunities

- St. Patrick's Day Celebration Event, 3/17
- Boogie Nites: 1/23, 2/27, 3/26
- 2020 Craft Faire Committee
- Newsletter Mail Preperation Team
- Monday Bingo
- Monthly Special Luncheons: 2nd Friday

Mark Your Calendar

- Volunteer Meeting 2/13/20; 4:00-6:00 pm

Save the Dates for These Upcoming Activities

- Volunteer Meeting: February 13
- Boogie Nites: January 23, February 27, March 26th
- St. Patrick's Day Celebration: March 17
- Volunteer Appreciation Luncheon: April 16
- Cinco De Mayo Party: May 5th
- Hot Latin Dance: May 9th
- Senior Scam Stoppers: Date TBD
- Senior Resource: Date TBD
- Art Show: October 2
- Halloween Bingo: October 16



BINGO MONDAYS

CASH PRIZES UP TO \$500 EVERY WEEK!

EVERY MONDAY
(EXCLUDING HOLIDAYS)

DOORS OPEN:
12:15 pm

BINGO STARTS:
1:00 pm

\$10 BUY-IN

FREE SNACKS

OPEN TO ALL
(must be 18 years +)

Daubers available for purchase on-site.

No children please.

For more info call 516-5380.

Come join us for an afternoon of BINGO fun, every Monday at the Senior Activity Center, for a chance to win cash and/or prizes, up to \$500! Doors open at 12:15pm and games begin at 1:00pm and end no later than 3:30pm.

This is a great opportunity to meet, socialize and win some money. Our low buy-in of \$10 is all you need to get started. You may buy additional packets at \$5 each. In addition to card packets, we sell other games for multiple opportunities to win cash. There is a free snack table that provides various kinds of goodies, donated by players, for you to enjoy.

You must be 18 years or older to attend Bingo. If you are a newcomer, we have volunteers available to assist and get you started. We celebrate birthdays with a free Progressive Game. You must show ID and your birthdate must be during the calendar week of the current Bingo session.

NEW FUN! The Bingo Team has purchased their own Wheel of Fortune for raffle spinners to have a chance to win prizes on special occasions.



BUNCO NIGHT

**LET'S ROLL...
JOIN THE FUN!**

Thursday, January 16

REGISTER BY TUES 1/14

Event #3630

Thursday, March 19

REGISTER BY TUES 3/17

Event #3631

6:30 – 9:00 pm

\$5 will get you 2½ hours of fun, cash prizes, and treats!

To register call (925) 516-5380

Delta Squares

The Delta Squares, Square Dance Club meets weekly on Wednesday evenings from 7:00–9:30 pm at the Senior Center.

Visitors are always welcome to stop by and enjoy watching them dance.

Square dancing classes are now available.

Registration Info:

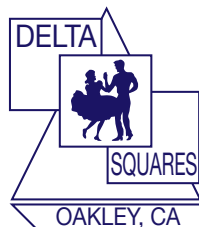
Square Dance Basic 1

#3632 2/12-4/1
7:00-8:00pm \$50 (8 wks)

Square Dance Basic 2

#3633 4/8-5/27
7:00-8:00pm \$50 (8 wks)

See the class registration form insert for more information.



Computer Lab

FREE Personal Computer Help for You

Computer classes are taught by Senior Club member John Brooks every Monday from 2:00–4:00pm in the Meeting Room.

Each week a different subject is presented, and handouts are provided. No registration is necessary.

If you need help with any of your devices, John offers free troubleshooting and assistance with technical issues. Just bring in the device to class with you, and he can help get it working properly.

Upcoming Class Schedule:

Setting up your new device	1/6
Setting up your new device	1/13
No class	1/20
Using a smartphone	1/27
No class	2/3
Using Google Software as a Service	2/10
No class	2/17
Internet Security and Privacy	2/24

Facebook tutorials coming soon!



Brentwood's
HOT LATIN DANCE
Salsa - Bachata - Meringue - Compa
MAY 9, 2020
WATCH FOR MORE DETAILS
BRENTWOOD SENIOR ACTIVITY CENTER
193 Griffith Lane at Balfour Road
925-516-5380

Senior Board Elections Timeline

Only three steps left...

1/7/20

Election ballots sent to members including mailing instructions. Voting starts

1/21/20

Deadline to submit your vote

2/11/20

Oath of office at Board meeting

MAKE SURE TO VOTE!

Scholarship Update

\$250 scholarships are still available for the fiscal year ending June 30, 2020.

Scholarship application forms are available at the Brentwood Senior Activity Center during regular business hours. When you have completed the application, drop it off at the front desk of the BSAC. Your application will be forwarded to the Scholarship Committee for review. Once reviewed, you will be advised by phone or letter, of their decision. Please keep your club membership dues up to date, otherwise your application will be denied and you will have to reapply.



THE CITY OF BRENTWOOD
St. Patrick's DAY CELEBRATION
4:30-8:00 PM
NO HOST BAR • DINNER • RAFFLE
17TH MARCH
EVENT #3739
BRENTWOOD SENIOR ACTIVITY CENTER
193 Griffith Lane at Balfour Road
925-516-5380

Community EVENTS

Local Theatre Opportunities

Ghostlight Theatre Ensemble presents 2020 SHOWCASE Singing, Dancing, Acting
 Saturday, February 1
 2:00pm & 6:30pm
 Edna Hill MS Theatre
ghostlightte.org

You've Got A Friend—The Carole King Songbook performed by the Rhythm Method 4
 Sunday, February 2
 3:00pm
 El Campanil Theatre
app.arts-people.com

A Chorus Line

Feb 28, 29
 March 5, 6, 7
 March 12, 13, 14
 at 7:00pm
 Saturday, Feb 29
 matinee at 2:00pm
 Liberty HS Theatre
lshplaymakers.com

Brentwood Senior Commons Produce Market: 750 Larkspur Lane

In partnership with Episcopal Senior Communities, Brentwood Senior Commons hosts a fresh produce market from 10:00–11:00 am on the 1st and 3rd Thursdays of each month. Run by resident and community volunteers, this market offers a variety of fresh fruits and vegetables at wholesale cost!

Dementia and Caregiving

Caring for someone with memory loss or dementia can be challenging. Come find ways to manage acting as a care-giver while balancing your own health and well-being. Learn simple skills to handle troubling behavior, tools to help you reduce stress, coping skills and find supportive community resources.

DATES/TIME: Saturday March 7, 2020
 9:30am Check-In
 10am—1pm Program

LOCATION: Brentwood Senior Activity Center—Main Hall
 193 Griffith Lane, Brentwood, CA 94513

TO REGISTER: *Online:* Brentwoodca.gov/onlineregistration
Call: Brentwood Senior Activity Center (925) 516-5380 or Brentwood Community Center (925) 516-5444
Visit: The Brentwood Senior Activity Center
 Workshop Registration #3659

This FREE program will be offered in English and Spanish.



If you need Respite Care (someone to care for your loved one while you attend this important workshop) it may be available through FCA. Funds for this service are limited to patients with dementia or memory loss or who are older adults. If you need respite, please register by February 15. All other participants register by February 28.

Group size is limited. Please let us know if you have a disability and require assistance. Light refreshments will be provided.



This program is funded by Contra Costa County Area Agency on Aging and the City of Brentwood. FCA supports and assists caregivers of adults with chronic or disabling health conditions regardless of race, ancestry, national origin, creed, gender, gender identity, religion, sexual orientation, disability, income or age. FCA is part of California's statewide system of nonprofit Caregiver Resource Centers, offering information, education, publications, care planning, legal/financial consultations and respite assistance. For more information about FCA, call (800) 445-8106 or visit www.caregiver.org.

Congratulations to our Fall 2019 Bocce League Champions... The Millennium Blasters



50+ Spring Bocce League

Coed League team registration packets will be available at the Brentwood Community Center beginning on February 3. League play tentatively begins March 7 and is generally offered on Thursday mornings. Deadline for team registration is 5:00 pm on February 20.

For more information, contact the Brentwood Community Center.

BRENTWOOD SENIOR ACTIVITY CENTER FREE SERVICES & REFERRALS

SERVICE	DAY(S)	TIME(S)	CONTACT INFO
Senior Information & Referral Counselor Contra Costa County Aging & Adult Services senior information and assistance counseling.			(800) 510-2020
Blood Pressure Checks	1st Mon 3rd Wed	10:00 am – 12:00 pm 12:30 – 2:30 pm	Walk-ins welcome.
Bread Giveaway Program Bread and baked goods provided by Safeway for distribution.	Every Thurs 2nd Fri	10:30 – 11:30 am 9:30 – 11:00 am	(925) 516-5380
Care Manager Counseling Care Managers help assess needs of older adults, locate resources and services that will enhance their lives, and develop a personalized care plan for each client.	Mon	1:00am – 4:00 pm	Sign up for an appointment at Center Reception desk or call (925) 516-5380.
Spanish Speaking Care Manager Counseling	2nd Wed	1:00 – 4:00 pm	
CC Café Senior Nutrition Provides a nutritionally balanced, delicious lunch for seniors 60 years & older at a great deal (\$3 recommended donation).	Mon – Fri	1 (800) 510-2020	For lunch reservations, call (925) 516-5398.
CCC Food Bank Brown Bag Provides low income seniors supplemental food twice a month in partnership with the Food Bank of Contra Costa & Solano Brown Bag Program.	2nd & 4th Thurs	1 (800) 510-2020	To apply, pick up application at Center Reception desk or call (925) 676-7543 x 205.
Dial-A-Ride Tri Delta Transit provides rides for seniors and disabled individuals.	Mon – Fri	1 (800) 510-2020	To register, contact Tri Delta Transit at (925) 754-3060.
HICAP State-sponsored Health Insurance Counseling and Advocacy Program provides counseling to Medicare recipients about their benefits, rights, and options.	2nd Thurs	1:00 – 4:00 pm	To make an appointment, call HICAP's appointment service at (925) 602-4168.
Meals On Wheels Diablo Region Offers senior services such as housing, financial assistance and fall prevention education.			(925) 937-8311
Legal Services Free general legal advice & self-help services with a pro bono attorney sponsored by Contra Costa Senior Legal Services (CCSLS).	4th Thurs	1:00 – 3:00 pm	Sign up for a half-hour appt. at Center Reception desk or call (925) 516-5380.
Meals On Wheels Provides meals delivered to homebound and in need of assistance seniors.	Mon – Fri		(925) 625-4545
Memory Screenings	3rd Thurs	1:00 – 3:00 pm	(925) 516-5380
Rides for Seniors Provide rides to doctor/dentist and grocery store for seniors who can't drive or afford a cab, and live out of the loop of Dial-A-Ride.			Call Laurie Beck at (925) 284-6161 for more info or to join the program.
Senior Peer Counseling Offers one-on-one individual, free and confidential counseling sessions.	2nd Fri	1:00 – 3:00 pm	Setup appointment at Center Reception desk or call (925) 516-5380.

BRENTWOOD SENIOR CITIZENS CLUB ONGOING ACTIVITIES LIST

ACTIVITY	DAY(S)	TIME(S)	LOCATION	LEADER	CONTACT INFO
Ballet Folklorico Dance	Wed	3:00 – 5:00 pm	BSAC Main Hall	Aurora Sanchez	(925) 550-1200
Billiards	Mon – Fri	8:30 am – 12:00 pm	BSAC Game Room	Edward Butler	(925) 205-8876
Bingo	Mon	12:15 – 3:00 pm	BSAC Main Hall	Cathy Everett	(925) 783-7477
Special Bingo Luncheon	2nd Fri	12:00 pm	BSAC Main Hall	Betty Raimondi	(925) 420-5511
Book & Media Center	Mon – Fri	8:30 am – 3:00 pm	BSAC Game Room	Donelda McClelland	(925) 516-8634
Book Banter	3rd Tues	1:30 – 2:30 pm	BCC Conference Room	Anneliese Warren	(925) 516-9464
Duplicate Bridge*	Fri	1:00 – 4:00 pm	BSAC Game Room	Dr. Susan Huber	(925) 457-5497
Gin Rummy	Tues	1:00 – 3:00 pm	BSAC	Lynn Handelman	(925) 344-244
Knitting & Crocheting Circle	Wed	12:30 – 3:30 pm	BSAC Game Room	June Peters (or) Carole Valenzuela	(925) 443-4287 (925) 321-0728
Line Dancing	1st, 3rd & 4th Fri	12:30 – 2:00 pm	BSAC Main Hall	Belle Hodnick	(925) 628-9534
Mahjong (Chinese)	1st, 3rd & 4th Fri	1:00 – 3:00 pm	BSAC Game Room	Sandra Gee	(925) 626-7901
Place to Paint	Tues	12:30 – 3:30 pm	BSAC Class Room	Kay Bordi	(925) 516-8387
Pinochle	Tues & Thurs	1:00 – 4:00 pm	BSAC Main Hall	Laura Jaramillo	(925) 432-8212
Quilting	Every Tues	12:30 – 4:00 pm	BSAC Game Room	June Peters (or) Carole Valenzuela	(925) 443-4287 (925) 321-0728
Single & Mingle	1st Tues	2:00 – 3:00 pm	BCC Conference Room	Eileen Wigton	(925) 516-4959
Tole Painting	Tues	1:00 – 4:00 pm	BSAC Meeting Room	Linda Heckman	(925) 240-9809

Activities are free to members presenting a valid Senior Citizens Club Card except activities marked with (*) which require an Activity Card.
Non-members must purchase an Activity Card to participate.

BSAC= Brentwood Senior Activity Center - 193 Griffith Lane • BCC= Brentwood Community Center - 35 Oak Street

BRENTWOOD SENIOR CITIZEN'S CLUB PRESENTS

BOOGIE Nites

LET'S GET THIS PARTY STARTED!

Once a month, come join the fun at the Brentwood Parks & Recreation Hall. Meet new people in this social group, while dancing to music by a live band.

JAN
23rd
#3656

FEB
27th
#3657

MAR
26th
#3658

Solid
Gold

Natural
Blend

Vocal
Ease

DANCE RUNS FROM 7:15 – 10:00pm

- Come early for the 30-minute dance lesson, from 6:45–7:15pm, before the dance begins.
- Enjoy a FREE drink of your choice at the dance during your birthday month. Must present your ID at the drink ticket counter.
- All levels of dancing abilities are welcome. No partner needed.
- Must be at least 21 years old to attend.
- No host bar and snacks.
- Pre-register: \$10 members/\$12 non-members ~ Pay at the door: \$12 for all (cash only)

BRENTWOOD COMMUNITY CENTER 35 OAK ST.
For more information and to register please call (925) 516-5380.

Single & Mingle GROUP



The Single and Mingle group provides our senior community with a warm and welcoming environment where new friendships are made through participation in a variety of activities. Our monthly meetings, held at 2 pm on the first Tuesday at the Brentwood Community Center, are the forum for planning monthly activities and providing information on events of interest. We will welcome the new year at the Community Center with our friends and look forward to another year (our fourth as a group) filled with a variety of activities and some new adventures!

Please call Eileen Wigton at (925) 516-4959 for a list of ongoing activities.

Facebook Here We Come!



Do you want to keep up to date on the latest news and current events happening with the Senior Citizen's Club? We want to be your friend! Starting January 1, 2020, we will have our very own Facebook page to help keep you informed & involved! Search for us on Facebook "Brentwood Senior Citizen's Club"

and "Follow" & "Like" our page! This will keep your personal Facebook page updated with our posts, you can even "Share" our fun activities and events. John Brooks, our Computer Lab instructor will be offering Facebook tutorials soon.



Brentwood Senior Activity Center
193 Griffith Lane
Brentwood, CA 94513