

Brentwood SENIOR CITIZENS CLUB INC.




April–June 2022 News



BINGO IS BACK! Details on page 7.



18 Oak St #1778, Brentwood, CA, 94513-8778

 @Brentwood Senior Citizens Club

Use the Club's Mailing Address to:

- Send newsletter suggestions or a story for the Members' Corner.
- Request some sunshine for a member because of sickness, injury or hospitalization.
- Send your completed volunteer application.
- Request your newsletter delivery by email.

Monthly Meetings

We are excited to share that both the Board Meetings and the Program Sub-Committee Meetings will, once again, be held at the Brentwood Senior Activity Center.

Board Meetings: Second Tuesday of each month at 9:00–11:00am at the BSAC.

April 12th • May 10th • June 14th

Program Sub-Committee Meetings: First Tuesday of each month at 10:00–12:00pm at the BSAC.

All members welcome. We look forward to seeing you and hearing your ideas and suggestions.

April 5th • May 3rd • June 7th

2022 Senior Club Board

PRESIDENT	Steve Bordi
VICE PRESIDENT	Richard Griek
SECRETARY	Charlotte Allison
TREASURER	Judy Griek
FINANCIAL SECRETARY	Pat Wilkins
TRIP SECRETARY	Paula Joyce
MEMBERSHIP CHAIR	Eileen Wigton
BOARD ASSISTANT	Jon Elam



This newsletter is a member benefit and your Club absorbs the expense of graphic design, printing and mailing. **Help us reduce our costs and do your part in making our planet**

more green, by signing up to receive the newsletter via email. Money saved could be invested in more activities. When you fill out your membership renewal form, please make sure to check the correct box to receive your newsletter digitally.

BRENTWOOD SENIOR ACTIVITY CENTER

193 Griffith Lane, Brentwood, CA 94513

(925) 516-5380

www.brentwoodca.gov/SeniorCenter

Business Hours

Monday – Thursday: 8:30 am – 4:00 pm

Friday: 8:30 am – 1:30 pm

Saturday and Sunday: Closed

Register for classes online at:

www.brentwoodca.gov/onlineregistration

Use activity codes listed.

Call (925) 516-5444 for assistance.

Make checks payable to the City of Brentwood.

Welcome

Our Senior Center encourages members to be active and youthful by participating in the various activities and events offered. There is always a friendly face to greet you. Once inside, join friends for a dance class or one of the many games. Express yourself in an art class, or maintain a healthy body, mind and spirit through exercise classes. This is the best meeting place for rewarding friendships, activities, trips, socials and endless possibilities. Your membership also offers ongoing resources, free services and referrals throughout the year.

Senior Center City Staff

RECREATION SUPERVISOR

Olivia Alvarez

RECREATION COORDINATOR

Thomas Freeman

RECREATION LEADERS

Yolanda Brown

Antoinette Milano

Robbie Myers

Elenora Resare

Abraham Rodriguez

Roy Schuler



The Senior Center is a non-smoking environment. If you smoke, it must be in the designated smoking area 20 feet away from the building, to avoid smoke filtering back into the building.

The Brentwood Senior Activity Center is closed in observance of the following holidays

Memorial Day	Monday, May 30
Juneteenth	Monday, June 20

Don't forget to celebrate these other special days!

April Fool's Day	Friday, April 1
Cinco de Mayo	Thursday, May 5
Mother's Day	Sunday, May 8
Father's Day	Sunday, June 19

A NOTE FROM THE PRESIDENT

Dear Fellow Seniors,

As I am writing my message for this Newsletter I am reminded of an old song, "HERE I GO AGAIN, OUR SENIOR CENTER HAS REOPENED AND IS UP AND RUNNING AGAIN." We have rescheduled BINGO, BOOGIE NITES, THE MYSTERY DINNER and have added a CINCO DE MAYO LUNCHEON (complete with a Mariachi band) for the near future.

Please read the contents of this Newsletter very carefully, as dates, times, and registration processes have probably changed from what was stated in the last Newsletter. Also be aware that Covid protocols also may have changed or will change again between now and when the event takes place. These regulations (room capacity, social distancing, masking, and proof of vaccination) are determined by the State, County, and City and we must abide by them to ensure your health and safety. Your Board has, in some cases, adopted the strictest of regulations, at least for the time being. Depending on what the future brings, we can always loosen up on the rules where/when allowed.

If you haven't already done so, now is the time to renew your 2022 Club membership. With activities and events starting to happen, we have provided a membership application in this Newsletter for your convenience. The process for paying and delivering the application is noted on the form. Remember, there are significant member discounts for upcoming activities, events and trips. Also note that this Newsletter is being sent to all former members, regardless of renewal. **The next Newsletter (July, August, September) will only go out to those who have paid their 2022 membership dues.** This is the Newsletter which contains the info on the ANNUAL BARBEQUE and ICE CREAM SOCIAL. These two events are FREE, compliments of the Senior Citizens Club.

I will end by saying that Paula Joyce, your Trip Secretary, is moving closer to scheduling some trips for this year. So don't miss out on the fun that will soon be returning to our Senior Club. It's been a long two years. If you have further questions, stop by the Senior Center or call the front desk at 516-5380 for more information.

Stay healthy, have some fun, and see you soon.

Steve Bordi, *President*



A NOTE FROM BOARD ASSISTANT

Jon's Thoughts!

As the world slowly returns to a new version of normal, many still long for the days and programs of our past. I often hear Brentwood Senior Club members mention how much they look forward to taking a bus tour or enjoying a game of Bingo. What I think what they are really saying is that they long for the special social moments with long term friends. This led me to spend some time thinking about what makes being a member of our Senior Club so special. In an effort to answer this, I did a bit of research on who makes up our membership.

While membership numbers change every day, over 400 people have currently renewed or joined for 2022. While this is fewer than when we were fully operating (our peak was over 1,000 members), it is a reminder of how important the Club is to seniors in the Brentwood community. This may be the largest community club in Brentwood.

Our membership is open to seniors 50+. The group covers a full range of ages, from our youngest member at 55 to our oldest at 97, a range of 42 years. This raised another interesting question, at least to me. Who are our seniors? How do we ensure that we provide programs and support for all, regardless of age? Our members have birth dates in five different decades—8 are from the 1920's, 74 from the 1930's, 213 from the 1940's, 91 in the 1950's, and 17 were born in the 1960's. The biggest block of birthdates falls between 1942 and 1948, with this six-year period totaling 37% of our membership. In terms of gender, 76% of our members are women and 24 % are men.

I found all of this to be interesting and helpful, especially as the Senior Board does its program planning for the upcoming year. Hopefully you will find this interesting as well. If you would like to visit about this, please give me a call at 925-513-0347 and we can talk. I love hearing from you.

Jon Elam, *Board Assistant*



Save the Date for the Annual Holiday Boutique
November 4 -5 -6 at the Senior Activity Center.
We will be recruiting volunteers, a chairman and co-chair to start planning this years extravaganza.
Contact Joanne at (925) 684-2028 to participate.

Pat Wilkins Retires from Brown Bag



Pat's exceptional leadership has consistently kept the Brown Bag Food Program, one of the City of Brentwood's most successful programs, running smoothly for as long as most of us can remember. Working with a team of volunteers, the Contra Costa Food Bank, and the City of Brentwood, Pat's organizational skills and commitment made it possible for several thousand older Brentwood area residents to consistently meet their food needs. She has moved on from this to exciting work with the Friends of the Brentwood Library and remains involved as the Financial Secretary of Senior Citizens Club Board. Thanks to Pat from all of us for your dedication and caring leadership.

Sunshine

REPORT

UNDER THE WEATHER

Dick Raimondi
Connie Milleer

RECOVERING

Addie Villasenor

IN MEMORIAM

Marlene Tibbets
Doug Dodds

Eileen Wigton

is our Sunshine Lead.

If you know a member
who needs some Sunshine
in their life,
let Eileen know
by calling (925) 516-4959.

BRENTWOOD SENIOR CITIZENS CLUB PRESENTS

FUN NIGHT OF MAYHEM

**Death Near Dead Man's Holler
Mystery Dinner/Show**

presented by
Caught in the Act Theater



Outlaws being gunned down was not uncommon in the Old West. But sometimes things happen that defy explanation. It's up to you to try to solve this mystery. Get your posse together, dress up like cowboys & gals, and mosey on down, pardner.

FRIDAY, APRIL 22 5:00-9:00 PM

**\$50 Members / \$55 Non-Members
Includes Dinner & Show • No-Host Bar**

Dinner: Herb Chicken, Caesar Salad, Fresh Fruit, Potato Salad, Ranch Beans, Butter Rolls and Dessert

Registration Open - 104 Guests Max. - Registration #8622

Register at the Senior Activity Center or call (925) 516-5380

Must be 21 to attend. Gov't ID check at the door.

Must show proof of COVID-19 vaccination at event check-in. No reimbursements.

BRENTWOOD COMMUNITY CENTER

35 Oak Street, Brentwood, CA 94513

THE BRENTWOOD SENIOR CITIZENS CLUB WORKS IN COLLABORATION WITH THE CITY OF BRENTWOOD.

**PRIZES FOR
BEST COSTUMES
&
BEST
DETECTIVES**





Welcome back to Café Costa! As most of you know, Donna Martin retired in December. Even though we all miss her, we still have to eat, so let me introduce myself. My name is Mary Kohler, the new Café Costa, Manager. I know some of you will remember seeing me around before COVID. I'm a resident of Brentwood and have been a member of the BSAC for 8 years. I have enjoyed playing bingo and bunco and attending the BBQs and Ice Cream Socials. I have met many wonderful people here and can't wait to know more of you. I will continue to do my best to serve all of you who grace our lunchroom. I want to make eating lunch a fun experience for everyone, and I'm open to new ideas to improve your dining experience. I have a suggestion/comments box for you to share your ideas with me. Coming soon are monthly Birthday Celebrations. Please check our upcoming Café Costa Calendar for more information. I also have some program ideas that I would like to share with you to improve your lunch experience, so come on in for lunch, and let's start planning to have fun!

If you would like to make a reservation to have lunch at Café Costa you must call 925-516-5398 no later than 12:00 noon the day before you would like to come for lunch.

The suggested donation for lunch for 60+ seniors is \$3.00, and for 60 and under it is \$6.00. We hope to see all of you very soon for lunch. *In-person limited capacity max. 15.*

Cinco de Mayo FiestA

THURSDAY, MAY 5 DOORS OPEN 11:15

Lunch & Entertainment

Lunch Catered by Chapala Restaurant
Chips & Salsa, Green Salad, Cheese Enchilada, Chicken Tamale, Rice, Beans & Dessert

Entertainment Featuring
Mariachi Trio Estrellas De Oro & The Ballet Folklorico Dancers

Registration open April 4-April 25
 at the Senior Activity Center or call (925) 516-5380.

Senior Club Members \$20 / Non-Members \$25
 All participants must show proof of COVID-19 vaccination at event check-in.
 No reimbursements.

BRENTWOOD SENIOR ACTIVITY CENTER
 193 Griffith Lane at Balfour Road - 925-516-5380

THE BRENTWOOD SENIOR CITIZENS CLUB WORKS IN COLLABORATION WITH THE CITY OF BRENTWOOD.

Single & Mingle GROUP

The Single Mingle group welcomes these 5 new members. We resumed our Monthly meetings at 1:30 on the first Tuesday of every month at the Community Center second floor meeting room.

Monthly activities include: Lunch at Mimi's, Bowling, Movie at AMC followed by an early dinner, discussion and movie critique. We are HUGE fans of Boogie Nites on the Last Thursday of the month and reserve tables for our group. Come to our next meeting on April 5.

Meet, mingle and check us out!

Kathleen, Cynthia, Paul, Janet and Rosalinda

Month of May Dedicated to Older Americans

THEME OF OAM 2022: **AGE MY WAY**

Every May, the Administration for Community Living leads our nation's observance of Older Americans Month. The theme for 2022 is "Age My Way," an opportunity for all of us to explore the many ways older adults can remain in and be involved with their communities.

Older adults have built resilience and strength over their lives through successes, failures, joys, and difficulties. Their stories and contributions help to support and inspire others. This year will focus on aging in place - how older adults can plan to stay in their homes and live independently in their communities for as long as possible. Emphasizing that what each person needs and prefers is unique.

Our annual proclamation was approved by the Brentwood City Council in April 2021 with the commitment supporting our Senior population, the fastest growing demographic group.



The Senior Citizens Club is looking forward to having an in-person celebration with you in May 2022. Watch for updates.

• *Trips* & TOURS •

Who would believe that so much time would pass before we were able to travel again with our friends from the Brentwood Senior Citizens Club?

It looks like 2022 will be our year! Your Club is currently hard at work on new trips including Ball Games, Casinos, and a couple of Plays.

Once these trips are finalized, and become available to Club members, we will advertise them in our Newsletters. Keep an eye out for more information on the dates, times, and cost of these activities, and when to sign up for them.

I, like you, are excited to get out, enjoy a meal with friends, and explore what our surrounding communities have to offer.

Here's to future travels!

Your Trip Advisor, Paula Joyce

Book Banter Group

Reading gives you a chance to escape into another place and time, without leaving the safety of your most comfy chair. If books are not available in the BSAC library, download free eBooks thru the Brentwood Library website using "Libby" or purchase a digital copy for your tablet.

Now meeting at the Brentwood Community Center.

Proof of vaccination required at the door.

APRIL:

The President's Daughter

by Bill Clinton & James Patterson

All Presidents have nightmares. This one is about to come true.

MAY:

The Girls in the Stilt House

by Kelly Mustian

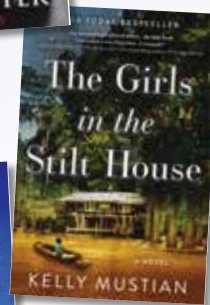
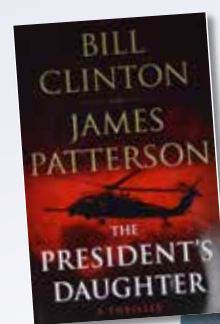
A nearly flawless tale of loss, perseverance and redemption.

JUNE:

The Lost and Found Bookshop

by Susan Wiggs

Explores the meaning of happiness, trust, and faith in oneself.



BINGO



We are so happy to announce the return of BINGO
to the Brentwood Senior Activity Center

Mondays Beginning April 11

\$10 CASH DEPOSIT (non-refundable)
INCLUDES SEAT AND 1 GAME PACKET

PURCHASE EXTRA GAMES 12:00-1:00pm

DOORS OPEN 1:00pm

GAMES BEGIN 1:30pm

Pre-registration in person Monday–Thursday, March 28–April 7 from 8:30am–4:00pm
in the lobby of the Senior Activity Center for our first Bingo game on April 11.

Thereafter, pre-register Monday–Thursday for the following week’s game.

- No outside food allowed. Personal beverage only. Snacks will be provided.
- Must show proof of vaccination at registration. Negative test not allowed.
- Limited to 100 attendees. Four to a table. No saved seats.



BRENTWOOD SENIOR ACTIVITY CENTER
193 Griffith Lane, Brentwood (925) 516-5380



The Brentwood Senior Citizens Club works in collaboration with the City of Brentwood.

• Membership INFO •

EVENT AND ACTIVITY REQUESTS

With the re-opening of the Brentwood Senior Activity Center comes time to celebrate, set big goals, work toward achieving them with the other members of the Club. As a member, we would like to invite you to attend a **Sub-Committee** planning meeting. Meetings are held at the Brentwood Senior Activity Center on the first Tuesday of each month at 10:00am. Our Board wants you to know that many of the Club activities, and events are based on your ideas. Also, we know and want to emphasize that what each person needs and prefers is unique and are considered when planning activities and events.

MEMBERSHIP REMINDERS

- Membership registration for the 2022 calendar year (Jan.–Dec.) must be done in person at the Brentwood Senior Activity Center or Brentwood Community Center. Application and a waiver is included in this newsletter on pages 9-10.
- At the time of Member registration you have two options to obtain your newsletter.
 1. By Mail–Newsletter mailed to the address you provide on the application.
 2. Online–Newsletter emailed to your email address on the member application.

If you sign-up for an online version that is great! Watch for an email the first week of each quarter. This message alerts you that the newsletter is ready for you to read.

It will read as follows:

Hello Senior Club Member,

The latest Brentwood Senior Citizen's Club newsletter is available on the Internet. Please click on the following link to view the latest newsletter.

[Brentwood Senior Citizen's Club Inc Newsletter](#)

If you have received this email in error or choose not to receive your Newsletter via email, please contact Pat Wilkins at pjw1593@gmail.com.

NOTE: This will be the LAST Newsletter, (April - June 2022) you will receive if you are not a registered Club member.

Rosa sees the "forest for the trees" as she paints her newest masterpiece.



Having a St. Patricks Day lunch in the Cafe Costa on March 17, was more than sharing food with others and friendly conversation. Joanne got busy with her team of crafters. They made themed apparel pins, table decorations, plus lucky shamrocks all about the room. Noticeable was members wearing shamrock hats, and green beards. Mary's "Spinning the Wheel" lucky numbers, anticipation and prizes was enjoyed by all. The best part of the day, was watching thirty seniors having their holiday lunch, laughing, and celebrating their wins. Seniors are glad to be back together, conversing, telling stories and making memories. Thank you Mary & staff for a lunch served with kindness. Also, Joanne and her crafters for a very festive and special day!



Carol, her friend and other knitters & quilters.



Kathy being creative in her painting class.



BRENTWOOD SENIOR CITIZENS CLUB, INC. MEMBERSHIP APPLICATION

MEMBERSHIP FEE IS \$25 PER YEAR PER MEMBER.

Date: _____

MEMBER

I am a **NEW** Member to this club.
I am renewing a current or past membership.
I am age 90 and qualify for a free membership.

Name _____

Address _____

City _____ Zip _____

Phone # (_____) _____

*E-mail: _____

Birth date (mm/dd/yyyy) ____ / ____ / ____

In an emergency, who should we call?

Phone # (_____) _____

Cell # (_____) _____

Name _____

Relationship _____

ADDITIONAL MEMBER

I am a **NEW** Member to this club.
I am renewing a current or past membership.
I am age 90 and qualify for a free membership.

Name _____

Address _____

City _____ Zip _____

Phone # (_____) _____

*E-mail: _____

Birth date (mm/dd/yyyy) ____ / ____ / ____

In an emergency, who should we call?

Phone # (_____) _____

Cell # (_____) _____

Name _____

Relationship _____

NEW Newsletter Delivery Method: Mail E-Mail/View Online (Please Choose One)

I am interested in becoming a volunteer.

YES
 NO

DONATIONS

Amount \$ _____

If, in addition to your dues, you would like to make a tax deductible donation to the Brentwood Senior Citizen's Club, Inc. programs and activities, please fill in an amount above. All donations are tax deductible as the Brentwood Senior Citizen's Club, Inc. is a non-profit corporation, exempt from taxes under section 501 ©(3) of the IRS code. Thank you very much for your donation and support!

**TO REGISTER: Complete this form and present in person
At the Brentwood Senior Activity Center, 193 Griffith Lane
Or the Brentwood Community Center 35 Oak St.**

**TO REGISTER BY MAIL: Mail application with a check to the
City of Brentwood 150 City Parkway, Brentwood, CA 94513
Att: Senior Club Membership (Make Check to the City of Brentwood).**

**DON'T FORGET TO FILL
OUT THE BACK PAGE!**



Senior Activity Center Update



Welcome Back to your Senior Activity Center! Spring is in the air, and we are excited to introduce our new BSAC staff team members. Please help us give them a warm welcome if you see them around the center or at our front desk. *Olivia Alvarez, Recreation Supervisor*



*Thomas Freeman
Recreation Coordinator*



*Antoinette Milano
Recreation Leader*



*Abraham Rodriguez
Recreation Leader*



Our beloved city workers Roy, Robbie, Yolanda and Eleanor.

The Circus is Coming to Town!

The Senior Health & Resource Fair is Back

Thursday, May 26
1:00–4:00pm

Senior Activity Center
193 Griffith Lane



East County Seniors, family members and caregivers are invited to connect with resources & services to retool your life. Learn great tips to keep healthy and engaged from over 100+ Agencies/Vendors.

FREE Admission | FREE Health Screenings
FREE Carnival Games & Snacks and much more!

Anti-Aging Programs
Chiropractors & Massage
Financial Retirement Planning
Health Screening Services
Nutrition & Health Foods
Physical and Mental Health
Senior Surviving Addiction
Technology Tools for Seniors
COVID-19 Vaccines & Booster
Barbering/Hair Stylist/Manicure

Caregiver Resources
Document Shredding
Educational Programs
Fall Prevention
Natural Healing
Safety Matters
Sports & Fitness
Utility Saving Programs
Veteran Info/Resources
Services (for adults 65+)

Come one! Come ALL! We look forward to seeing you.
Registration for this event is preferred but not required!
For additional information or registration, please call (925) 516-5380.

Visit our website for detailed information:
www.brentwoodca.gov/SeniorCenter

NEW City of Brentwood Website

On April 1, the City of Brentwood will launch its new City Website! Please visit the 50 & Better link on our new website to obtain the latest BSAC news, updates, resources, classes, events, and senior club drop-in activities and trip information.

“Starry Nights in Brentwood” Summer Concert Series is Back This Summer

These concerts provide our community with FREE, fun-filled events that have become a Friday night summer tradition. Grab a friend and come and dance at our beautiful downtown City Park to some great music. Concerts kick off on Friday, June 17 at 7:00pm with Club 90 Band. For concert band lineup, visit www.brentwoodca.gov.



Code of Conduct Friendly Reminder

The purpose of the Code of Conduct is to promote an atmosphere of harmony & understanding at the BSAC, assuring participants and staff alike that the behavior of all in attendance will be guided by a common set of rules for the mutual benefit of all.

BRENTWOOD SENIOR CITIZENS CLUB PRESENTS

BOOGIE Nites

BOOGIE NITES IS ON FOR 2022!

at the
BRENTWOOD COMMUNITY CENTER, 35 OAK ST.

Meet new people in this social group atmosphere, while dancing to music by some of the best bands.

**DANCE FROM
7:00 – 10:00 PM**

- All levels of dancing abilities are welcome. No partner needed.
- No host bar and snacks.
- Must be at least 21 years old to attend. Government issued ID required at the door.
- Pre-register: \$10 members/\$15 non-members ~ Pay at the door: \$15 for all (cash only)
- Register at the Senior Activity Center or call (925) 516-5380.

Music from the
50s,60s, 70s, 80s by:



Solid Gold



Emphatics



Crystal Image



Crosstown 5

**WHO DOESN'T LIKE LISTENING TO MUSIC PLAYED BY A LIVE BAND IN THE COMPANY OF GOOD FRIENDS?
EVEN BETTER WHEN THOSE FRIENDS ALSO ENJOY DANCING.**



All participants must show proof of COVID-19 vaccination at event check-in.
No reimbursements.




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Brentwood, CA, 94513-8778