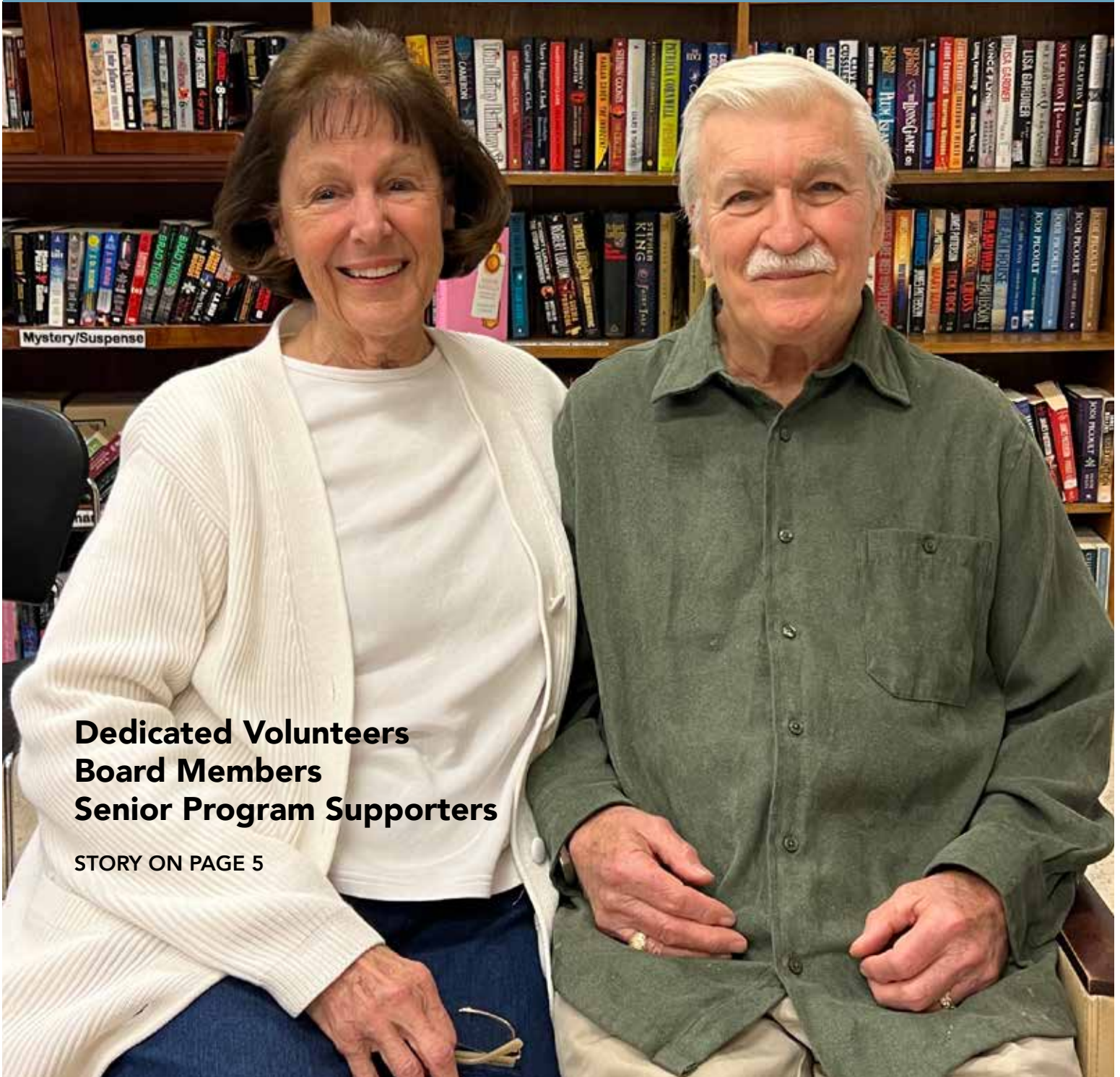


Brentwood SENIOR CITIZENS CLUB INC.



April–June 2023 News



**Dedicated Volunteers
Board Members
Senior Program Supporters**

STORY ON PAGE 5

BRENTWOOD SENIOR CITIZENS CLUB, INC. WORKS IN PARTNERSHIP WITH THE CITY OF BRENTWOOD.

More information about the Club can be found on our website,
<https://www.brentwoodca.gov/government/parks-recreation/recreation/senior-activities-and-programs/brentwood-senior-citizen-s-club>
The website is hosted by the City Of Brentwood Parks and Recreation Department.



18 Oak St #1778, Brentwood, CA, 94513-8778

Use the Club's Mailing Address to:

- Send newsletter suggestions or a story.
- Request sunshine for a member.
- Submit your completed volunteer application.
- Request your newsletter delivery by email.

Monthly Meetings

Board Meetings and Program Sub-Committee Meetings are held monthly at the Brentwood Senior Activity Center.

Program Sub-Committee Meetings: First Tuesday of each month at 10:00–12:00pm at the BSAC. All members welcome. We look forward to seeing you and hearing your ideas and suggestions.

April 4th • May 2nd • June 6th

Board Meetings: Second Tuesday of each month at 10:00–12:00pm at the BSAC.

April 11th • May 9th • June 13th

Club Newsletter

At the time of Member registration, you have two options to obtain your newsletter: **By Mail** at the address you provide on your application or **Online** emailed to the email address you provide. If you change your email, be sure to notify Eileen at eawigton@gmail.com so you don't miss an issue.

2023 Senior Club Board

PRESIDENT	Richard Griek
VICE PRESIDENT	Roy Schuler
SECRETARY	Charlotte Allison
TREASURER	Judy Griek
FINANCIAL SECRETARY	Pat Wilkins
TRIP SECRETARY	Leslie Muse
MEMBERSHIP CHAIR	Eileen Shaffer
BOARD ASSISTANT	Jon Elam

BRENTWOOD SENIOR ACTIVITY CENTER

193 Griffith Lane, Brentwood, CA 94513
(925) 516-5380
www.brentwoodca.gov/SeniorCenter

Business Hours

Monday – Thursday: 8:30 am – 4:00 pm
Friday: 8:30 am – 4:00 pm (effective 4/1)
Saturday and Sunday: Closed

Register for classes online at:

www.brentwoodca.gov/onlineregistration
Call (925) 516-5444 for assistance.

Make checks payable to the City of Brentwood.

Senior Center City Staff

RECREATION MANAGER

Thien Nguyen

RECREATION SUPERVISOR

Amanda Chaney

RECREATION COORDINATOR

Thomas Freeman

RECREATION LEADERS

Robbie Myers

Elenora Resare

Abraham Rodriguez

Teresa Baria

Jennifer Laulusa

Ben Kahn

Joanne Joaquin

We encourage BSSC members to be active and youthful by participating in the various activities/events offered at the Senior Center. There is always a friendly face to greet you. Once inside, join friends for a dance class or games, express yourself in an art class, or maintain a healthy body, mind and spirit through exercise classes. Experience rewarding friendships, activities, trips, socials and endless possibilities.

Your membership provides a quarterly newsletter, ongoing resources and free services/referrals throughout the year.



The Brentwood Senior Activity Center is closed in observance of the following holidays

Memorial Day	Monday, May 29
Juneteenth	Monday, June 19

Don't forget to celebrate these other special days!

April Fool's Day	Friday, April 1
Cinco de Mayo	Thursday, May 5
Mother's Day	Sunday, May 14
Father's Day	Sunday, June 18

A NOTE FROM THE PRESIDENT

It's an honor to be back as president of our Senior Citizens Club. We have had two excellent presidents since I last held this seat. The club has had much success and also great difficulty during that time.

President Steve Bordi led us through a time when we had no events at all and held our board meetings via Zoom. Even while lamenting the lack of social interaction, he remained positive and helped keep our presence known via the newsletter. We thank him for his dedication and expect to see him often at our events. Thank you Steve, for a job well done.

President Dick Raimondi loved the club and enjoyed his interaction with members at all our functions. He presided at a time of unprecedented growth as the club more than doubled its membership during his tenure. Dick reluctantly stepped down as his health kept him from doing the job the way he thought it should be done. Sadly, we lost Dick in February, a great blow to his family and the senior community. I will always miss our friendship.

Also leaving the board, our longtime Trips Chair, Paula Joyce. Paula has been on the board for over ten years, the longest of anyone in our history. She always looked for new and exciting trips and has been a great host to our travelers. Paula loves the club and will still be attending meetings as the chair of our scholarship program.

We also welcome new board members Leslie Muse, our Travel Chair and Roy Schuler, Vice President. We are excited to have them with us bringing new energy, ideas and leadership to the club.

I would also like to thank all our intrepid volunteers, who have stuck with us for so long. We would not exist without you. I invite all of our members to join us at our events, make new friends, go new places and perhaps discover the joys of volunteering.

Richard Griek, *President*



A NOTE FROM BOARD ASSISTANT

Welcome to Spring. For many it seemed like we would never get here, but the unveiling of a new season also brings forth lots of new activities with your Senior Club.

The first big new is the result of the 2023 Board elections, with Richard Griek taking on the role of Board President. Richard hit the ground running. His primary interest is to elevate the visibility of the organization within the community and develop new partnerships with other community-based organizations to benefit you, our club members.

Richard is using the information the board has reviewed over the past year regarding our membership as the Board considers how to develop programs to best serve our members. I have spent time trying to answer the question of "who we are" to help us in the process. At the end of 2022 we had 848 paid members, making your Senior Club one of the largest organizations in the community.

Who are these members? We have 234 men and 614 women. Our youngest member was born in 1973 and our oldest in 1929, giving an age range among our members of 50 years. The largest block of members were born in the 1940's (397), with the next largest from the 1950's. Think for a minute about the challenge of developing programs and services for a group with this range of years within the membership.

As you may know, the City of Brentwood is celebrating its 75th Anniversary. The Senior Club went through its membership list and found 40 members who also will have their 75th birthday this year. These members received a commemorative letter from the City. If you will turn 75 this year and would like to receive a letter from City, please let us know at (925) 513-0347.

I enjoy reading anything I can find about senior living. Lately it seems we are the subject of an increasing number of studies as everyone is trying to figure out how to live to 100. At the same time, many of us are pretending to be or feeling like we are much younger than we are, especially if we've been lucky with our health. Have you been so pleased when you turned 70 only to have folks congratulating you on turning 50 or 60? How the heck should the Club plan for things like this (for all the ages and stages within our membership)?

Thanks for reading the newsletter, and have a great spring.

Please give me a call if you have a question or comment. We are here to help. 925-513-0347.

Jon Elam, *Board Assistant*





Trips & Tours



SUNDAY FUNDAY

Brunch & Ride on the River Fox Train, Sacramento
Sunday, May 21, 2023

\$140/person members ~ \$168/person non members

Cost Includes: Luxury Motorcoach Transportation, Driver Gratuity, Brunch at Rio City Cafe, Ticket to ride the Weekender Express on the River Fox Train in a Private Train Car with Bartender & 4 Drink Tickets.

Tour Difficulty: Medium. Train car will have steps to enter, there is a handrail. Train is not motorized wheelchair accessible due to the historical nature of the train cars. There will be narrow aisles and uneven platforms.

Walk in registration only April 17 - May 17

9:00 am Depart Brentwood Senior Activity Center
 6:00 pm Approximate return time to Brentwood



A'S VS. GIANTS BASEBALL

Take Me Out to the Ball Game
Sunday, August 6, 2023

\$100/person, member ~ \$130/person, non-member

Cost Includes: Luxury Motorcoach Transportation, Driver Gratuity, Parking Fee, Ticket to the Battle of the Bay Game in Section #128.

Tour Difficulty: Medium. Flat walking surfaces. Go at your own pace. Seating throughout venue. It may be a long walk from parking lot to your seats. ADA seats reserved if needed.

Walk in registration only July 10 - August 2

10:00 am Depart Brentwood Senior Activity Center
 5:30 pm Approximate return time to Brentwood



CACHE CREEK

California's Favorite Casino
Tuesday, July 18, 2023

\$40/person, member ~ \$57/person, non-member

Cost Includes: Luxury Motorcoach Transportation, Driver Gratuity, Promo Package of \$20 Bonus Play.

Tour Difficulty: Easy. Some walking.

Walk in registration only June 12 - July 13

8:45 am Depart Brentwood Senior Activity Center
 5:30 pm Approximate return time to Brentwood



TINA - THE MUSICAL

A Legend's Story Comes to Life on Stage
Wednesday, August 16, 2023

\$67/person, member ~ \$97/person, non-member

Cost Includes: Luxury Motorcoach Transportation, Driver Gratuity, Reserved Rear Orchestra Seating for the 1:00pm Matinee Show.

Tour Difficulty: Easy. Tickets are on ground floor. Walking across the street to theater, or one city block may be necessary.

Walk in registration only July 17 - August 10

10:30 am Depart Brentwood Senior Activity Center
 6:30 pm Approximate return time to Brentwood

We Applaud Your Service!

CONGRATULATIONS TO STEVE BORDI

Steve Bordi, longtime leader and President of the Brentwood Senior Citizens Club, has concluded a decade of leadership and service in helping to build and lead our Club to become the dynamic organization it is.



We all know that being a leader can sometimes be a lonely road, especially if the organization has a many as 1400 members, as it had 2019. Recounting some of the highlights of Steve's involvements suggests how lucky we have been that he took on the role of Vice-President and then became our President.

Trying to summarize Steve's impact could take pages but let us at least share some of the highlights. Who could forget the annual Ice Cream Social event he always spearheaded. With his steady wife helping, he also put together the annual Holiday Craft Fair providing the opportunity for many to see our local craftsman at work. (This event will be coming back in 2023). And who could forget how deeply involved he was with our always popular summer BBQ event.

Beyond the Club's social programs, Steve represented the Club with the City of Brentwood at events like the 10th Anniversary celebration of the Senior Activity Center. He created a Volunteer Ambassadors effort for members, who serve as greeters for our regular stream of visitors and program participants. He led efforts to have the City adopt a resolution recognizing Older Americans Month, a nationwide effort to recognize seniors.

His touches were personal and he valued every member, especially our oldest and longest-term and their families. As the Club membership grew older, he particularly noted our members who were celebrating their 100th birthday.

Although relatively invisible, the Covid 19 crisis and the closing of our Center really set the Club's programs back. Even with that, Steve made sure Board meetings were held every month and, like so many of us, he had to become familiar with Zoom meetings.

He leaves us with a challenge: To continue our efforts to reach and meet the needs of our ever-changing membership. One day, our facility will be outgrown and the Club will then work with our partners to address our program's physical needs.

Thanks, Steve, for all you have done. Please never stay away and remember as you said well "Car 54, where are you?"

CONGRATULATIONS TO PAULA JOYCE

Over the last twelve years or so, club trips have evolved from visiting three or four casinos a year to many trips to new and exciting places per year. Our Trip Chair during this growth has been Paula Joyce. Paula, at the time a new Brentwood resident, joined the club and started attending activities in 2010. One of the early activities was the knitting group. Paula didn't know how to knit but was eager to learn and to meet new friends in her new community, so she joined that group. She joined "Book Banter" and attended board meetings and various other events.



Paula and her husband Bill had recently retired from their small trucking company where Paula did all the scheduling. A perfect fit, she started helping out with trips, scheduling and being "coach hostess", ensuring everyone was entertained and comfortable on the buses.

She was elected to the position around 2012 and started adding a variety of excursions. While still doing casino trips, she added things like Beach Blanket Babylon, races at Golden Gate Fields, Old Sacramento to underground and railroad museum, San Francisco Fleet Week, annual visits to a Poinsettia farm and an overnighter to Monterey and the aquarium. We've had theater trips and baseball games; something for everyone. These most often include a delightful meal. She has always researched new and exciting excuses to get on a bus with a bunch of like-minded companions.

Her love of people, her enthusiasm and belief in the club are immediately apparent and the reason she has been doing the job for so many years. It has been a demanding job but she has always been energetic, never discouraged, always cheerful. While she is no longer the Trip Chair, she will continue to assist with the trips and has taken on the lead of the scholarship committee. We are fortunate to have her as a friend and active volunteer.



Calling All Hand-Crafters and Artisans!

Applications to sell your hand-made gifts at the 12th Annual

Art & Craft Faire

are now available at the front desk of the Brentwood Senior Activity Center.

Applications due April 24, 2023.

If you have any questions or need additional information, please call Stacey Mullins, Art & Craft Faire Coordinator, at 925-428-1103. or you can e-mail staceyheidi86@gmail.com.

Faire Runs November 3-5, 2023

Friday 5:00–7:30 • Saturday 10:00–4:00 • Sunday 11:00–3:00

It's a perfect way for people to kick off their holiday shopping. Admission is FREE of charge for community, friends and family and the event is very well-attended.



Cafe Costa has been adding a lot of new food items to our menu and we have received a lot of positive feedback from our participants.

If you haven't had the opportunity, I would encourage you to give us a try. We're open M-F at 11:00am and serve lunch promptly at 11:30am, so don't be late.

If you would like to make a reservation to have lunch at Café Costa you must call 925-516-5398 no later than 12:00 noon the day before you would like to come. Not available weekends.

- \$6 for those under age 60
- \$3 donation for those 60 and up.

Below is a list of our themed lunches and birthday celebrations for April through June. Hope to see you soon.

Mary Kohler, Cafe' Manager

Upcoming Themed Lunches and Birthday Celebrations

Friday, April 21:

Spring Fling Lunch

Friday, May 12:

Mother's Day Lunch

Friday, June 16:

Father's Day Lunch

Birthdays (1st Thursday):

April 6, May 4 and June 1



Single Mingle GROUP



Come join us at 1:30 on the 1st Tuesday of the month in the Community Center, Second floor meeting room to learn more about our group! For more info call Richard at (925) 757-3005.

Book Banter Group

Reading gives you a chance to escape into another place and time, without leaving the safety of your most comfy chair. If books are not available in the BSAC library, download free eBooks thru the Brentwood Library website using "Libby" or purchase a digital copy for your tablet.

Now meeting at the Brentwood Community Center.
Third Tuesday of the Month • 1:30–3:00pm

APRIL:

The Personal Librarian by Marie Benedict

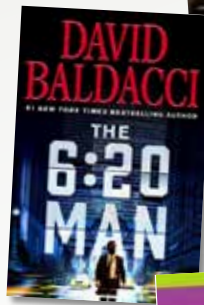
A remarkable novel about J. P. Morgan's personal librarian, Belle da Costa Greene, the Black American woman who was forced to hide her true identity and pass as white in order to leave a lasting legacy that enriched our nation.



MAY:

The 6:20 Man by David Baldacci

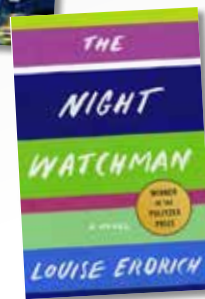
A cryptic murder pulls a former soldier turned financial analyst deep into the corruption and menace that prowl beneath the opulent world of finance.



JUNE:

The Night Watchman by Louise Erdrich

This powerful novel explores themes of love and death with lightness and gravity and unfolds with the elegant prose, sly humor, and depth of feeling of a master craftsman.



May is Older Americans Month

THEME OF OAM 2023:
AGING UNBOUND

Every May, the Administration for Community Living leads our nation's observance of Older Americans Month, an opportunity for all of us to explore the many ways older adults can remain in and be involved with their communities.

Older adults have built resilience and strength over their lives through successes, failures, joys, and difficulties. Their stories and contributions help to support and inspire others.

Our annual proclamation was approved by the Brentwood City Council in April 2021. We are looking forward to having a celebration with you this May.

Watch for updates.



BRENTWOOD SENIOR CITIZENS CLUB PRESENTS

BOOGIE Nites

Meet new people in this social group atmosphere, while dancing to music by some of the best bands.

Music from the 50s, 60s, 70s, 80s

DANCE FROM 7:00 – 10:00 PM



NOVA



DJ CHARLIE



NATURAL BLEND

- All levels of dancing abilities are welcome. No partner needed.
- No host bar and snacks.
- Must be at least 21 years old to attend. Government issued ID required at the door.
- Pre-register: \$10 members/\$15 non-members ~ Pay at the door: \$15 for all (cash only)
- Register at the Senior Activity Center or call (925) 516-5380.

WHO DOESN'T LIKE LISTENING TO MUSIC PLAYED BY A LIVE BAND IN THE COMPANY OF GOOD FRIENDS? EVEN BETTER WHEN THOSE FRIENDS ALSO ENJOY DANCING.

BRENTWOOD COMMUNITY CENTER, 35 OAK ST.





The purpose of the Brentwood Senior Citizens Club is to provide an organization where Senior Citizens may find companionship and opportunity to pursue their interest in education, recreation, crafts & activities, and to contribute to the general welfare of the Community. The corporation is nonprofit, non partisan and non-sectarian.

ALL ABOUT *Membership*

Members are enjoying all the activities that make our Club special. Activities are not only enjoyable, but a way to meet other members with common interests. Many events are free or require a nominal fee to participate.

As a member, we would like to invite you to attend a **Sub-Committee** planning meeting. Meetings are held at the BSAC on the first Tuesday of each month at 10:00am. The activities and events planned are based primarily on ideas from members. We like to offer a variety of activities and consider pricing of events to meet the needs of our diverse members.

Please consider volunteering for any activity or event that interests you. We need your help to be successful. Also, volunteering is a great way to meet other members, make new friends, and enjoy club activities.

Eileen Shaffer, *Membership Chair*



Volunteers Always Wanted

Meet new friends, share your skills and have fun with others planning or helping at events. Please pickup an application at the BSAC or call (925) 516-5380 for more information.

Upcoming Volunteer Opportunities

- Boogie Nites: 4/27, 5/25 & 6/22
- Afternoon Games
- Movie Fridays

Quilting Group Proudly Displaying Their Labors of Love!

Once a month a quilting group of 10-15 women meets at the Brentwood Senior Center to make quilts for veterans. The quilts are distributed nationwide by the nonprofit organization Quilts of Honor. The mission of Quilts of Honor is to bestow a universal symbol and token of thanks, solace, and remembrance to those who served in harm's way to protect and defend our lives and freedoms. Quilts of Honor are made by the loving hands of countless volunteers who wish to thank those who have served and to honor their service and sacrifice. In the past year our chapter contributed 25 quilts.

More information about Quilts of Honor can be found at www.quiltsofhonor.org.



Senior Happenings



New Year's Eve
Party Chairman
Pat Wilkins
& Bartender
Roy Schuler.



Theresa signing
up new member
Duane.



Ed & Dave hanging out in the BSAC lobby.



Judy Griek, Hostess, with Rosie.
St. Patrick's Day Dinner Party.
Entertainment with dancing and door prizes.



IN *Memoriam* • RICHARD "DICK" JAMES RAIMONDI

November 14, 1936 ~ February 17, 2023



Dick was born on 11/14/1936 at Saint Mary's hospital in San Francisco and lived in the City the first five years of his life. He remembered having to turn off lights at night during World War II to hide the coast from the Japanese and selling gum to kids because for some reason his dad was the only one that could get gum at the time.

Shortly after moving to San Jose, Dick was hit by a car and broke his neck. He spent several months in the hospital recovering. In San Jose he attended Willow Glen Elementary, Middle and High Schools, graduating in 1954. During high school he played football and threw shot put. Dick loved football but really excelled as a shot putter. He was the San Jose City champion and held the city record for a number of years.

Dick attended San Jose State for a short period of time. He always told the funny story of being caught by his father playing cards when he was supposed to be in classes. His college experience ended shortly after that.

In 1956 he married Betty Compton. They started a family and had three children; Rick, Cheryl and Brian.

In his professional life, Dick worked with his dad in real estate until his passing in 1957. After that he worked for several years in wholesale drugs with Mekkesen Robins Corporation and several years as a Teamster with Coca Cola Corp's food vending division. During this time he also worked weekends at the San Jose speedway, selling concessions to make extra money for his growing family.

Dick retired in 1993 and he and Betty moved to Rancho Casa Blanca in the desert where Dick began working again as the Security Supervisor. In the early 2000s they returned to San Jose to care for his mother Teresa and his mother-in-law Josephine. In 2006 they moved to White Salmon, Washington to a home that they really loved and if you had ever visited you would have known why. Finally, they moved to Brentwood in 2010 and got involved with the Senior Citizens Club almost immediately.

Dick and Betty enjoyed weekly bingo and all the activities that the club had to offer. It wasn't long before he got involved in the leadership of the club as vice president and then president, increasing club membership significantly during that time and really advocating for seniors in the community.

Lastly, Dick really enjoyed traveling. In the last few years, he took cruises to Hawaii, Mexico, the East Coast and Italy/Greece. **His family will miss him dearly!** *Contribution by Brian Raimondi*

Remembering Dick...

We write today in remembrance of our friend, past president Dick Raimondi. Dick was a true embodiment of the human spirit. He lived his life with strength, courage, and unwavering determination, always striving to overcome any challenge that came his way.

He was a teacher, guide and protector of his family, a champion of his community and steadfast advocate for all seniors. Through his actions and his words, he inspired others to follow in his footsteps and to never give up in the face of adversity. His demeanor could be as gnarly as a wolverine, but his heart was as big as the sky, and his spirit was as bright as the sun. He touched the lives of so many people, leaving an indelible mark on each and every one of them.

As we bid farewell to him, let us remember him not with sadness, but with gratitude for the gift of his life. Let us celebrate his legacy and honor his memory by continuing to live our lives with the same strength, courage, and determination that he embodied.

May he rest in peace, knowing that his spirit will live on in the hearts and minds of those who knew and loved him. Thank you, Dick, for all that you gave to us during your time on this earth. *Contribution by Richard Griek*



Sunshine

REPORT

UNDER THE WEATHER

RECOVERING

David Domino
Guillermo Barcenas

IN MEMORIAM

Dick Raimondi
Kristine Christensen

Eileen Shaffer is our Sunshine Lead. If you know a member who needs some Sunshine in their life, let Eileen know by calling (925) 516-4959.



Senior Board Elections

Congratulations to your newly-elected 2023 Club Board

Newly Elected: Pres. Richard Griek, Vice Pres. Roy Schuler, Trip Secretary Leslie Muse



Left to Right:	PRESIDENT	Richard Griek
	MEMBERSHIP CHAIR	Eileen Shaffer
	VICE PRESIDENT	Roy Schuler
	TREASURER	Judy Griek
	FINANCIAL SECRETARY	Pat Wilkins
	TRIP SECRETARY	Leslie Muse
	SECRETARY	Charlotte Allison
	BOARD ASSISTANT	Jon Elam

New BINGO Banners Flying High

Thank you to Staci Harpole from Cubic Design for the new Bingo Banners flying high outside the BSAC and around Brentwood. Staci not only does the Club's banners but she does our quarterly newsletter and many of the flyers on our lobby tables. We like to keep her very busy!



GREAT GIFT IDEA!
Purchase Bingo gift cards at Monday Bingo

Let's Play

BINGO

MONDAYS
Everyone Welcome
Doors Open 12:30
Games Begin 1:30

Game Packs \$10
Special Games, Raffle Prizes, and Free Snacks!

Must be 18 years or older to play and fully vaccinated

Brentwood Senior Center
193 Griffith Lane
(925) 516-5380

Something Fun for Everyone!

See chart on page 13 for a list of all Club Activities.



LET'S ROLL... JOIN THE FUN!

2nd Friday Each Month

REGISTER BY THE TUESDAY BEFORE THE GAME

Friday, April 14, May 12 & June 9

6:30 – 9:00 pm
BSAC Main Hall

\$5 will get you 2½ hours
of fun, cash prizes, and treats!

To register call (925) 516-5380

If you have not played Bunco, let our volunteers know and they will give you one-on-one lessons. Also everyone will be able to help during the game. There is a great break time with treats. Some guest will go home happy winners. Hope to see you at the next game. Stop at the BSAC front desk and reserve your spot. Reserve early because this is a popular "Bunco Night." Sue and Franke



COME PLAY POOL! Start playing pool on a regular basis at BSAC! Join us Mon/Wed/Fri from 9am-12pm. Bring a friend! Competition is good. Ladies welcome. There will be a list at the front desk to sign-in. The pool table is available to practice in the media room.

MOVIE FRIDAYS

What better way to have a relaxing Friday afternoon? Whether you choose to bring a friend or go solo, you will enjoy the little escape from reality the 2nd Friday of each month from 1:00-3:00 pm in the BSAC classroom. No ticket required. There is plenty of seating, and we can get it nice and dark with good sound quality. We'll provide water and popcorn! Feel free to bring your own beverage or snacks to enjoy while watching.

Friday April 14: Ghost

1990 Romantic fantasy film starring Patrick Swayze, Demi Moore, Whoopi Goldberg

May 12th: National Treasure

Action adventure starring Nicholas Cage, Harvey Keitel and John Voight

June 9th: The King's Speech

A historical drama about England's King George's struggles with his speech impediment

FREE PINOCHLE LESSONS

Have you ever wondered how to play Pinochle? Bring a friend and learn together. Instructor Roy Sculer will be available every Thursday at 12:30 in the game room at BSAC to teach FREE lessons 30 minutes prior to the games that run from 1:00-3:00pm. Sign-up in advance at the front desk.

Since we started FREE lessons, the number of regular players has increased 6-8 to as many as 16 players. We are still eager to train more of those who are interested. It's a good group but we're missing those of you who wish they could play but don't know where to start. Give it a try!

MEXICAN TRAIN DOMINOES

A new addition to our Game Day on the 2nd Friday of the month from 1:00-3:00pm is Mexican Train Dominoes. The object of the game is for a player to play all the tiles from his or her hand onto one or more chains, or trains, emanating from a central hub or "station." If you haven't played come learn from other players. Our lead, Eldefonse Valez, will be there to guide you.

CHINESE MAHJONG

Have you ever considered learning to play Chinese Mahjong? If you answered yes, come join our Mahjong group every Thursday from 1:00-3:00 pm in the game room at BSAC.

Mahjong is a traditional Chinese game, played by four people using tiles rather than playing cards. Be the first player to get a complete hand; four sets of three and a pair. Returning members are very welcoming. Game supplies are provided. If you have any questions, call Sandra Gee at (925) 626-7901.

Scholarships Update

Scholarship Chairperson,
Paula Joyce



The Scholarship Program is once again available for qualifying club members that wish to participate in Senior Citizens club programs, (trips, classes, and special events.)

The Senior Scholarship Committee will award \$150.00 scholarships from January 1st through December 31st, 2023 to approved applicants until funds are no longer available. Scholarships can be used to subsidize 100% of the cost of qualifying programs/activities. The Scholarship is good until your awarded funds run out. You may re-apply for a Scholarship as long as your membership dues remain current.

Scholarship Application forms are available at the BSAC during regular business hours. Return completed applications, to the front desk of the BSAC, or mail to the address at the bottom of the application.

When received, your application will be forwarded to the Scholarship Committee for review. Once reviewed, the Committee will notify you by phone or letter of their decision. Please keep your club membership dues up to date, otherwise your application will be denied and you will need to reapply.

BRENTWOOD SENIOR CITIZENS CLUB ONGOING ACTIVITIES LIST

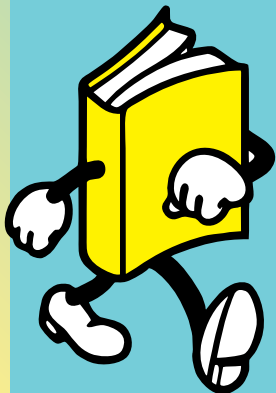
ACTIVITY	DAY(S)	TIME(S)	LOCATION	LEADER
Ballet Folklorico Dance	Thurs	3:00–4:00pm	BSAC Main Hall	Aurora Sanchez (925) 550-1200
Billiards	M/W/F	9:00am–12:00pm	BSAC Game Room	TBD
Bingo	Mon	12:30–3:00pm	BSAC Main Hall	Cathy Everett (925) 783-7477
Book Banter	3rd Tues	1:30–2:30pm	BCC Conference Rm.	Anneliese Warren (925) 516-9464
Book & Media Library	Mon-Fri	8:30am–3:00pm	BSAC Game Room	Randy Leong (925) 516-5380
Evening Bunco	2nd Fri	6:30–9:00pm	BSAC Main Hall	Franke Spitaleri (925) 240-6760
Friday Movies	2nd Fri	1:00–3:00pm	BSAC Classroom	Pat Wilkins (925) 679-4701
Game Day	2nd Fri	1:00–3:00pm	BSAC Game Room	TBD
Knitting/Crocheting	Tues	1:00–4:00pm	BSAC Main Hall	June Peters (925) 443-4287
Line Dancing	Wed	12:30–2:00pm	BSAC Main Hall	Belle Hodnick (925) 628-9534
Mahjong (Chinese)	Thurs	1:00–3:00pm	BSAC Game Room	Sandra Gee (925) 626-7901
Place to Paint	Tues	1:00–4:00pm	BSAC Class Room	Jose Pannitto (650) 773-4068
Pinochle	Tues/Thurs	1:00–4:00pm	BSAC Main Hall	Roy Schuler (925) 628-7762
Quilting	Tues	1:00–4:00pm	BSAC Main Hall	Carole Valenzuela (925) 321-0728
Single Mingle	1st Tues	1:30–3:00pm	BCC Conference Rm.	Richard Henderson (925) 757-3005
Decorative Painting	Tues	1:00–4:00pm	BSAC Meeting Rm.	Linda Heckman (925) 240-9809

Activities are free to members presenting a valid Senior Citizens Club Card.
Activity update flyers will be available on the information table in the lobby.

PLEASE SIGN THE ATTENDANCE FORM AT THE FRONT DESK EACH TIME YOU ATTEND AN ACTIVITY.

BRENTWOOD SENIOR ACTIVITY CENTER FREE SERVICES & REFERRALS

SERVICE	DAY(S)	TIME(S)	CONTACT INFO
Senior Information & Referral Counselor Contra Costa County Aging & Adult Services senior information and assistance counseling.			(800) 510-2020
Blood Pressure Checks	2nd Mon 4th Wed	10:00am – 2:00pm	Walk-ins welcome.
Bread Giveaway Program Bread and baked goods provided by Safeway for distribution.	Every Thurs 2nd Fri	10:30 – 11:30am 9:30 – 11:00am	(925) 516-5380
CC Café Senior Nutrition Provides a nutritionally balanced, delicious lunch for seniors 60 years & older at a great deal (\$3 recommended donation).	Mon – Fri	Lunch is at 11:30am	For lunch reservations, call (925) 516-5398.
CCC Food Bank Brown Bag Provides low income seniors supplemental food twice a month in partnership with the Food Bank of Contra Costa & Solano Brown Bag Program.	2nd & 4th Thurs	10:00 – 11:00am	To apply, pick up application at Center Reception desk or call (925) 679-4701.
Dial-A-Ride Tri Delta Transit provides rides for seniors and disabled individuals.	Mon – Fri	Various	To register, contact Tri Delta Transit at (925) 754-3060.
HICAP State-sponsored Health Insurance Counseling and Advocacy Program provides counseling to Medicare recipients about their benefits, rights, and options.	1st Tues	1:00 – 3:00pm	To make an appointment, call HICAP's appointment service at (925) 229-8434.
Meals On Wheels Diablo Region Offers senior services such as housing, financial assistance and fall prevention education.			(925) 937-8311
Legal Services Free general legal advice & self-help services with a pro bono attorney sponsored by Contra Costa Senior Legal Services (CCSLS).	Last Fri	9:30 – 11:00am	Sign up for a half-hour appt. at Center Reception desk or call (925) 516-5380.
Meals On Wheels Provides meals delivered to homebound and in need of assistance seniors.	Mon – Fri		(925) 625-4545
Rides for Seniors Provide rides to doctor/dentist and grocery store for seniors who can't drive or afford a cab, and live out of the loop of Dial-A-Ride.			Call Laurie Beck at (925) 284-6161 for more info or to join the program.



Friends of the Brentwood Library present

Brentwood Literary Stroll

Sunday, May 7, 2023 1:00-4:00 pm

- Visit Fiction and Non-Fiction Authors at Downtown Brentwood Businesses
- Light Refreshments Included
- Check-in Tables at the Corner of First St./Chestnut St. and Corner of Second St./Oak St.

Tickets \$5 brentwoodlibrary.brownpapertickets.com

The Brentwood Literary Stroll is supported by a City of Brentwood Grant



Senior Activity Center Update



Greetings Senior Citizen Club Members & Supporters!

My name is Thien (Tee-an) and I recently joined the Parks & Rec. Department.

Spring is known as the season of new beginnings and I am excited to join and to serve the City of Brentwood. One of my goals in the position is

to continue to collaborate with the Senior Citizen Club for amazing programs to Club members, our Brentwood Senior Activity Center (BSAC), and our residents.

We are excited to return programs such as the 50+ Adult Bocce League and Zumba Gold and the return of the Senior Resource Fair on Thursday, June 15th (registration and more information to come).

With the warmer weather, we encourage new and familiar faces to take advantage of our free programs such as the Meals on Wheels Care Management Program and Brown Bag (registration is in advance is required). Additionally, the Foodie Crew have returned in the parking lot of the BSAC on Wednesday Nights (5:00pm-9:00pm) welcoming those of all ages to enjoy a range of food sold by Food Trucks in the evening.

With the longer days and additional daylight, we hope you have the opportunity to connect and reconnect with your friends and family, enjoy the many parks in our City, and visit us for an activity, program, class, or special event.

Here's to new beginnings, warm days, and Spring!

Thien Nguyen, *Recreation Manager*

Upcoming Events Hosted at the Brentwood Senior Activity Center:

DMV SENIOR DRIVER OMBUDSMAN June 7, 2023 from 2:00-3:00pm

Learn about driver's license renewal, testing options, senior ID, Health/Medications, REAL ID, disabled placard and alternative transportation.

SMART PHONE TRAINING

Learn how to make your smartphone louder, send and receive text messages, connect Bluetooth devices and other basic functions!

iPhone Training Wed. May 17th 2:00-4:00pm
Android Training Wed. May 24th 2:00-4:00pm

2023 Senior Health & Resource Fair

Brentwood Senior Activity Center

Thursday, June 15th, 2023
1:00pm-4:00pm

East County Seniors, family members and caregivers are invited to connect with resources & services to benefit health, wellness and quality of life. Learn great tips to keep healthy and engaged!

Free Admission!
Games & Carnival Snacks!

Call the Brentwood Senior Activity Center to register 925-516-5380

New Classes

Watercolor Painting		Library Com-Room	
Fri	9:30am-12:30pm	3/31-5/19 (8 wks)	\$80
Ballroom Sampler - Salsa!		BSAC	
Thu	7:00pm-8:00pm	4/13-5/25 (6 wks)	\$95
Premiers Exercise Program		BSAC	
M/W/F	10:30am-11:30am	4/3-5/31 (10 wks)	\$60
Gentle Yoga		BSAC	
Mon	8:30am-9:30am	3/27-5/22 (8 wks)	\$60
Wed	8:30am-9:30am	3/29-5/17 (8 wks)	\$60

Discovery Bay Sons In Retirement (SIR) Branch 161

The purpose of Sons in Retirement (SIR) is to promote the well being of retired or semi-retired men by offering many activities and the potential to develop new friendships. Our monthly luncheon at the Discovery Bay Country Club, normally held on the 2nd Tuesday of the month, is the place to socialize, investigate the many activities offered, and develop common interests with other members.

SIR supports no outside causes or interests and we prohibit the discussion of politics and religion or the selling of anything to any member. The only requirement for joining is to be sponsored by an existing member after having filled the membership application, which can be downloaded from our website. Members are expected to attend most of the luncheons throughout the year.

We currently have activities (many are co-ed) such as golf, bowling, wine tasting, cycling, dinner events, etc. which might be of interest to you. New members are encouraged to start new activities. Most of our members find enjoyment participating in SIR sponsored activities. and many have made lifelong friends.

We would enjoy having you as our guest for our next luncheon! The luncheons at the scenic Discovery Bay Country Club start at 11:00am for social activities, followed by lunch and a speaker. Typical luncheons bring out approximately 95-100 members. Please contact Luis Figueroa, our Membership Chairman, at figueroa50@yahoo.com or 415-997-5172 if you have questions or are interested in attending.

Visit www.sir161.org for more information, including the latest newsletter, summary of activities, and a membership application form.



*Contribution
by Steve Bordi*



BRENTWOOD
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