

# Brentwood SENIOR CITIZENS CLUB INC.



July–September 2023 News



**Bente Petersen  
Award Winner  
Kathy Everett**

**Volunteer  
Appreciation Luncheon**

STORY ON PAGE 5



18 Oak St #1778, Brentwood, CA, 94513-8778

**Use the Club's Mailing Address to:**

- Send newsletter suggestions or a story.
- Request sunshine for a member.
- Submit your completed volunteer application.
- Request your newsletter delivery by email.

**Monthly Meetings**

Board Meetings and Program Sub-Committee Meetings are held monthly at the Brentwood Senior Activity Center.

Program Sub-Committee Meetings: First Tuesday of each month at 10:00–12:00pm at the BSAC. All members welcome. We look forward to seeing you and hearing your ideas and suggestions.

August 1st • September 5th (No meeting July 4th)

Board Meetings: Second Tuesday of each month at 10:00–12:00pm at the BSAC.

July 11th • August 8th • September 12th



**2023 Senior Club Board**

PRESIDENT	<b>Richard Griek</b>
VICE PRESIDENT	<b>Roy Schuler</b>
SECRETARY	<b>Charlotte Allison</b>
TREASURER	<b>Judy Griek</b>
FINANCIAL CHAIR	<b>Pat Wilkins</b>
TRIP CHAIR	<b>Leslie Muse</b>
MEMBERSHIP CHAIR	<b>Eileen Shaffer</b>
BOARD ASSISTANT	<b>Jon Elam</b>

**NO OUTSIDE ALCOHOL PERMITTED at any Club sponsored event/activity or trip.**

**BRENTWOOD SENIOR ACTIVITY CENTER**

193 Griffith Lane, Brentwood, CA 94513  
(925) 516-5380  
www.brentwoodca.gov/SeniorCenter

**Business Hours**

Monday – Thursday: 8:30 am – 4:00 pm  
Friday: 8:30 am – 4:00 pm  
Saturday and Sunday: Closed

**Register for classes online at:**

www.brentwoodca.gov/onlineregistration  
Call (925) 516-5444 for assistance.  
Make checks payable to the City of Brentwood.

**Senior Center City Staff**

RECREATION MANAGER  
**Thien Nguyen**

RECREATION SUPERVISOR  
**Amanda Chaney**

RECREATION COORDINATOR  
**Thomas Freeman**

RECREATION LEADERS  
**Robbie Myers**  
**Elenora Resare**  
**Abraham Rodriguez**  
**Teresa Baria**  
**Jennifer Laulusa**  
**Ben Kahn**  
**Joanne Joaquin**

*We encourage BSCC members to be active and youthful by participating in the various activities/events offered at the Senior Center. There is always a friendly face to greet you. Once inside, join friends for a dance class or games, express yourself in an art class, or maintain a healthy body, mind and spirit through exercise classes. Experience rewarding friendships, activities, trips, socials and endless possibilities.*



**The Brentwood Senior Activity Center is closed in observance of the following holidays**

Memorial Day	Tuesday, July 4
Labor Day	Monday, September 4

**Don't forget to celebrate these other special days!**

Grandparent's Day	September 10
Rosh Hashanah	September 15
Mexican Independence Day	September 16
Yom Kippur	September 24



The Senior Center is a non-smoking environment. If you smoke, it must be in the designated smoking area 20 feet away from the building, to avoid smoke filtering back into the building.

## A NOTE FROM THE PRESIDENT

Our club is fortunate to be in a city that values its senior community; providing support through the Parks and Recreation department with its excellent leadership and staff and the use of city facilities. Although changes inevitably happen with elections and staff retiring or moving on, Brentwood has continued to appreciate and support our vibrant and diverse senior citizens. We have been especially fortunate for many years to have the guidance of Olivia Alvarez who helped usher us from a fledgling group to a viable and successful non-profit corporation. She has been a good friend and loyal supporter. Our sincere thanks to her and Parks and Recreation for providing such an invaluable service.

As we look to the future we have confidence that the great relationship between our club and the city will continue. Parks and Recreation has set high standards for their employees who now are helping to carry on this unique partnership. We see the staff as friends who sincerely believe in our cause.

Our future looks bright as we emerge from difficulties of the last couple of years. We are getting back to full force, adding events and trips to our calendar. Bingo is going strong allowing us to subsidize events and fund our scholarship program. We continue to increase our membership and have a great group of enthusiastic volunteers. Volunteering is the life support of our club. Every thing that happens is the direct result of volunteering. Each year we recognize our volunteers at a luncheon and also honor one of our founding members, Bente Petersen, by presenting the volunteer of the year with an award named after her. This year the recipient of the Bente Petersen Volunteer of the Year Award went to Cathy Everett, a dedicated, outstanding volunteer who intrepidly and cheerfully leads our weekly bingo group. Many thanks to Cathy and her crew.

An important part of senior citizen clubs is bringing in new volunteers. While we have a solid group of regulars, we need to keep replenishing our ranks. The rewards are too numerous to list but the friendships last forever. Everyone should give it a try.

Thanks to all of our members for your part in the very special relationship we share.

Richard Griek, *President*



## A NOTE FROM BOARD ASSISTANT

Welcome to Summer. Living in Brentwood means nice warm days, lots of fresh vegetables and fruit, as well as getting out for cool early morning walks and summer music concerts in the downtown park. After our long, wet winter and spring kept people indoors, warmer weather brings opportunities to interact with others and enjoy our local community of seniors.

For me, a highlight of being a senior has become my morning breakfasts at the Brentwood Café with my buddies Roger and Steve. Originally, I came by myself but one day Roger asked, "why don't you join us?". We got to know each as we talked about the daily events in our lives, the physical challenges of getting older, and the things that bring meaning to our lives. Roger is a great jam maker who is always looking for the best local strawberries and other fruit. Steve is a super craftsman who is busy make garden cages to keep rabbits and other critters out of people's gardens. These conversations remind me that most seniors have a unique interest or hobby they might enjoy sharing. If you're interested in joining us, we're usually at the Café around 6:45 am. Just ask for Roger, Steve, or me and we will welcome you.

Building new friendships over a meal also happens regularly at our own Senior Center lunch program. Call the Senior Center to sign up for the lunch program – daily hot lunches are available for \$3.00 – and then just drop in for good food and conversation.

For many of us, it can take some time to figure out our new lives after retiring. Over the past five years, volunteering has been important in my effort to stay involved and busy, and the Senior Club has been helpful in finding opportunities. My weekly stints as a Meals on Wheels driver have led to so many positive relationships. Most routes are in Brentwood and take an hour or so. Others help with the Food Bank distribution program, preparing bags at the Senior Center (every other Thursday morning), or at one of the local churches that have food distribution programs.

Your Senior Club is always looking for new programs and projects. Our new Bridge program, a recent suggestion from a member, has led to weekly games at the Senior Center. We now have nearly 700 members and remain one of the largest community clubs in Brentwood. Read though this newsletter to see all the things going on, or send a suggestion for a new idea to me or any of the members of the Board.

Thanks for reading my writings. I enjoy reaching out to you and would love to hear back from you. My phone number is 925-518-4288. Have a great Summer!

Jon Elam, *Board Assistant*



# Book Banter Group

Reading gives you a chance to escape into another place and time, without leaving the safety of your most comfy chair. If books are not available in the BSAC library, download free eBooks thru the Brentwood Library website using "Libby" or purchase a digital copy for your tablet.

Now meeting at the Brentwood Community Center.  
Third Tuesday of the Month • 1:30–3:00pm

JULY:

**The Bandit Queens** by Parini Shroff

Debut novel dealing with murder, mayhem, and blackmail within one small Indian village. A group of wives get the ultimate revenge on their no-good husbands.



AUGUST:

**Camino Winds** by John Grisham

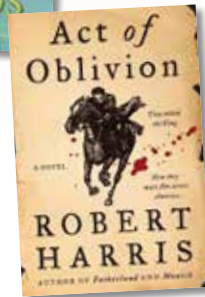
The master of the legal thriller sweeps you away to paradise for a little sun, sand, mystery, and mayhem where anything can happen—even a murder in the midst of a hurricane.



SEPTEMBER:

**Act of Oblivion** by Robert Harris

Spellbinding historical novel that brilliantly imagines one of the greatest manhunts in history: the search for two Englishmen involved in the killing of King Charles I.



# Sunshine

## REPORT

### UNDER THE WEATHER

Dalton Kohler  
Julie Elam  
Mary Kohler  
Kay Bordi

### RECOVERING

Gary Joaquin  
Mary Ann White

### IN MEMORIAM

Von Vonhoffer

Eileen Shaffer is our Sunshine Lead. If you know a member who needs some Sunshine in their life, let Eileen know by calling (925) 516-4959.

BRENTWOOD SENIOR CITIZENS CLUB PRESENTS

# BOOGIE

## Nites

Music from the 50s, 60s, 70s, 80s

**DANCE FROM  
7:00 – 10:00 PM**

Meet new people in this social group atmosphere, while dancing to music by some of the best bands.

**JULY  
27**

**DLP  
ENT.**

**AUG  
24**

**TOUCAN  
JAM**

**SEPT  
28**

**DLP  
ENT.**

- All levels of dancing abilities are welcome. No partner needed.
- No host bar and snacks. No outside alcohol permitted.
- Must be at least 21 years old to attend. Government issued ID required at the door.
- Pre-register: \$10 members/\$15 non-members ~ Pay at the door: \$15 for all (cash only)
- Register at the Senior Activity Center or call (925) 516-5380.
- No smoking within 20 feet of the entrance / **No outside alcohol permitted.**

**WHO DOESN'T LIKE LISTENING TO MUSIC PLAYED BY A LIVE BAND IN THE COMPANY OF GOOD FRIENDS?  
EVEN BETTER WHEN THOSE FRIENDS ALSO ENJOY DANCING.**



**BRENTWOOD COMMUNITY CENTER, 35 OAK ST.**



# Volunteer Appreciation Luncheon April 21

On April 21st the Brentwood Senior Club honored 94 volunteers at its annual Appreciation Luncheon held at the Community Center. Opening the event was a lively presentation by our new Recreation Manager, Thien Nguyen. The delicious luncheon was catered by Sweeney's Grill and a surprise guest showed up to test the food preparation. Both Sweeney's and the Club passed with flying colors. Following lunch was the presentation of awards and gifts by Club President, Richard Griek, and Volunteer Coordinator, Eleanora Resare.

## Bente Petersen, Volunteer of the Year Award

Board President, Richard Griek, reminded us "everything that happens is the direct result of volunteering." Each year we bestow a special honor on one of our outstanding volunteers, the *Bente Petersen Volunteer of the Year Award*, named after founding member, Bente Petersen. This year the recipient is Cathy Everett, "a dedicated volunteer who intrepidly and cheerfully leads our weekly bingo group." Many thanks to Cathy and her crew of volunteers!

### Previous recipients:

- Bente Petersen** - 2013
- Gene Brown** - 2014
- Bee Lefebvre** - 2015
- Mary An & Dale White** - 2016
- Charlotte Allison** - 2017
- Joanne Joaquin** - 2018
- Kathy & Cal Nutting** - 2019



16 Activity Leads were given a distinctive badge, bearing their name and the activity they lead. We recognize and value them for providing leadership and direction .

- Joe Pannito**, *Place to Paint*
- Pilar Erice-Pannito**, *Place to Paint*
- Bill Everett**, *Bingo*
- Cathy Everett**, *Bingo*
- Eldelfonso Velez**, *Mahjong & Mexican Train*
- Belle Hodnick**, *Line Dancing*
- Roy Schuler**, *Pinochle*
- Leslie Muse**, *Boogie Nites*
- June Peters**, *Knitting/Quilting/Crochet*
- Aurora Sanchez**, *Ballet Folklorico*
- Carole Valenzuela**, *Knitting/Quilting/Crochet*
- Anneliese Warren**, *Book Banter*
- Rich Henderson**, *Single Mingle*
- Randy Leong**, *Library*
- Frankie Spitaleri**, *Bunco*
- Sue Ramsdell**, *Bunco*



We appreciate all our volunteers and the time and energy they give to make our activities and events possible. They are inspiring and a great resource for our members!



# Trips & Tours



## A'S VS. GIANTS BASEBALL

Take Me Out to the Ball Game

Sunday, August 6, 2023

\$100/person, member ~ \$130/person, non-member

Cost Includes: Luxury Motorcoach Transportation, Driver Gratuity, Parking Fee, Ticket to the Battle of the Bay Game in Section #128.

**Tour Difficulty: Medium.** Flat walking surfaces. Go at your own pace. Seating throughout venue. It may be a long walk from parking lot to your seats. ADA seats reserved if needed.

Walk in registration only June 26 - August 2

10:00 am Depart Brentwood Senior Activity Center

5:30 pm Approximate return time to Brentwood



## TINA - THE MUSICAL

A Legend's Story Comes to Life on Stage

Wednesday, August 16, 2023

\$67/person, member ~ \$97/person, non-member

Cost Includes: Luxury Motorcoach Transportation, Driver Gratuity, Reserved Rear Orchestra Seating for the 1:00pm Matinee Show.

**Tour Difficulty: Easy.** Tickets are on ground floor. Walking across the street to theater, or one city block may be necessary.

Walk in registration only July 5 - August 10

10:30 am Depart Brentwood Senior Activity Center

6:30 pm Approximate return time to Brentwood



## CASTLE AIR MUSEUM

Open Cockpit Day -

Saturday, October 14, 2023

\$53/person, member ~ \$83/person, non-member

Cost Includes: Luxury Motorcoach Transportation, Driver Gratuity, Entry to the Open Cockpit Day at Castle Air Museum for 3 Hours, 1 Hour Browsing & Shopping Time at Hilmar Cheese Factory.

**Tour Difficulty: Medium.** Castle Air is an outdoor museum. Please plan accordingly. Walking on flat surfaces. There are places to rest. Wand search as you enter museum grounds.

Walk in registration only August 21 - October 10

9:00 am Depart Brentwood Senior Activity Center

6:00 pm Approximate return time to Brentwood



## THE LION KING

The Musical of a Lifetime

Wednesday, November 29, 2023

\$80/person, member ~ \$112/person, non-member

Cost Includes: Luxury Motorcoach Transportation, Driver Gratuity, Reserved Rear Orchestra Seating for the 1:00pm Matinee Show.

**Tour Difficulty: Easy.** Tickets are on ground floor. Walking across the street to theater, or one city block may be necessary.

Walk in registration only October 4 - November 20

10:30 am Depart Brentwood Senior Activity Center

6:30 pm Approximate return time to Brentwood

## Trips & Tours continued



### MCHENRY MANSION & POINSETTAS

Tis the Season for Holiday Cheer

Monday, December 4, 2023

\$31/person, member ~ \$90/person, non-member

Cost Includes: Luxury Motorcoach Transportation, Driver Gratuity, Admission to McHenry Mansion, Buffet Lunch at Skewer's Restaurant, Tour at Duarte Nursery, a 6.5 Inch Poinsettia for each guest to take home

**Tour Difficulty: Medium.** Walking through the mansion can be challenging, it is a historic building that is not ADA accessible. Nursery does have uneven pathways due to natural ground covering, we recommend wearing shoes that cover your toes.

Walk in registration only October 9 - November 30

8:45 am Depart Brentwood Senior Activity Center

5:00 pm Approximate return time to Brentwood

### TRIPS & TOURS REGISTRATION POLICIES

1. Register **ONLY** at the Senior Activity Center during regular business hours: Mon-Thurs at 8:30am-3:30pm. (No Friday registration.)  
Only walk-in registration accepted. No mail-in or call-in registration will be processed. Registration is no longer available at the Community Center.
2. Once the trip sells out, a wait list will be created.
3. Registration will be processed on a first come, first served basis. All forms must be completed and signed by the participant, including a waiver for each trip.
4. A single person can register more than one person at a time (maximum of four people), as long as all registration forms are fully completed by each person attending the trip.
5. Please remember to fill out any special needs (i.e. I will be bringing a walker) in the boxed area of the registration form.



Cafe Costa has been adding a lot of new food items to our menu and we have received a lot of positive feedback from our participants.

If you haven't had the opportunity, I would encourage you to give us a try. We're open M-F at 11:00am and serve lunch promptly at 11:30am, so don't be late.

If you would like to make a reservation to have lunch at Café Costa you must call 925-516-5398 no later than 12:00 noon the day before you would like to come. Not available weekends.

- \$6 for those under age 60
- \$3 donation for those 60 and up.

Below is a list of our themed lunches and birthday celebrations for April through June. Hope to see you soon.

Mary Kohler, Cafe' Manager

### Upcoming Themed Lunches and Birthday Celebrations

#### Friday, July 7:

4th of July Celebration

#### Friday, August 25:

End of Summer Party

#### Friday, September 22:

Fall Celebration

#### Birthdays (1st Thursday):

July 7, August 3 and September 7



## Single Mingle GROUP

Join us at 1:30 on the 1st Tuesday of the month in the Community Center, 2nd floor meeting room where those attending create a schedule of events for the month. An abbreviated paper copy is available immediately after the meeting. Lead, Richard Henderson will email the full digital copy with detailed info about each event two days later. To learn more call Richard at (925) 757-3005.



*The purpose of the Brentwood Senior Citizens Club is to provide an organization where Senior Citizens may find companionship and opportunity to pursue their interest in education, recreation, crafts & activities, and to contribute to the general welfare of the Community. The corporation is nonprofit, non partisan and non-sectarian.*

• • • • • ALL ABOUT *Membership* • • • • •

Members are enjoying all the activities that make our Club special. Activities are not only enjoyable, but a way to meet other members with common interests. Many events are free or require a nominal fee to participate.

As a member, we would like to invite you to attend a **Sub-Committee** planning meeting. Meetings are held at the BSAC on the first Tuesday of each month at 10:00am. The activities and events planned are based primarily on ideas from members. We like to offer a variety of activities and consider pricing of events to meet the needs of our diverse members.

Please consider volunteering for any activity or event that interests you. We need your help to be successful. Also, volunteering is a great way to meet other members, make new friends, and enjoy club activities.



Eileen Shaffer,  
Membership Chair

### FRIENDLY REMINDER

#### Regarding the Club's Code of Conduct

The purpose of the Code of Conduct is to promote an atmosphere of harmony and understanding at the BSAC, assuring participants, and staff alike, that the behaviour of all in attendance will be guided by a common set of rules for the mutual benefit of all.

**Spoken words can be hurtful!**

**Everyone is welcome!**

#### Reminders...

- The Brentwood Senior Citizens Club Bylaws have been updated and approved at the April 11, 2023.
- Your membership provides a quarterly newsletter, ongoing resources and free services/referrals throughout the year. At the time of Member registration, you have two options to obtain your newsletter: **By Mail** at the address you provide on your application or **On-line** emailed to the email address you provide. If you change your email, be sure to notify Eileen at eawigton@gmail.com so you don't miss an issue.
- More information about the Club can be found on the Brentwood City website: <https://www.brentwoodca.gov/government/parks-recreation/recreation/senior-activities-and-programs/brentwood-senior-citizen-s-club>  
The website is hosted by the City of Brentwood Parks and Recreation Department.
- Registration for events, programs, trips etc. must be done in person **ONLY** at the Brentwood Senior Citizens Center (BSAC)
- Aging counts, Senior Club Membership is **FREE** to those over 90 years young! Our Senior Club is proud to report that many of our members have achieved this honorable status.

#### Newsletter...

Sponsored by the Brentwood Senior Citizens Club  
 Lead: Charlotte Allison  
 Designer: Staci Harpole, Cubic Design  
 Content: Senior Club Board members  
 Jon Elam  
 Club Members  
 BSAC Staff Members

More information about the Club can be found on our website,  
<https://www.brentwoodca.gov/government/parks-recreation/recreation/senior-activities-and-programs/brentwood-senior-citizen-s-club>  
 The website is hosted by the City Of Brentwood Parks and Recreation Department.



# Did You Know?

The **Better in Brentwood** website has a page dedicated to posting volunteer opportunities. If the senior center is looking for volunteers from the community, this is a free place to share with the city!

<https://www.betterinbrentwood.com/shop/volunteer-opportunities>

If you receive the electronic version of the newsletter, click on above link. Otherwise type it into your internet browser.

## Kudos

The Board is pleased to announce that three of our volunteers, Pat Wilkins, Roy Schuler and Leslie Muse completed a special training and are now certified in Responsible Beverage Service (RBS). This course provided vital skills and promotes higher standards of hospitality at our activities. Pat, Roy and Leslie, thank you for taking the time to complete this valuable course.

### SAVE THE DATES



Thursday, August 3  
1- 4pm

Eat refreshing ice cream with lots of toppings.  
Enjoy indoor lawn games and fun raffles!

SENIOR CLUB



Saturday, September 9

11:30am – 4:00pm

Join us for a rockin' good time  
with a BBQ buffet and dancing.



12<sup>th</sup> Annual  
*Art & Craft Faire*  
November 3, 4 & 5 2023

*Happy New Year!*  
*Celebration*

SUNDAY, DECEMBER 31  
12:00 – 4:00pm

## VOLUNTEERS ALWAYS WANTED

Meet new friends, share your skills and have fun with others planning or helping at events.  
Please pickup a volunteer application at the BSAC or call (925) 516-5380 for more information.

Elenora Resare is the Volunteer Coordinator and will be in contact with you.



## Upcoming Volunteer Opportunities

- Boogie Nites: 7/27, 8/24 & 9/28
- Afternoon Games
- Movie Fridays
- Bunco Friday
- Annual Ice Cream Social: August 3, 1-4pm
- Annual BBQ: Prep, Sept 8 & Serving, Sept 9
- Annual Holiday Craft Faire

Volunteering gives opportunities to enhance your knowledge and goals. Attend the Sub-Committee meetings, and present new ideas for activities. Last but not least, support a Lead or maybe become a Lead.

# IN *Memoriam* • "VON" VONHOFEN

May 1934 ~ March 22, 2023



Von passed unexpectedly at his home in Discovery Bay. Born in May 1934, Von lived his entire life in the San Francisco Bay area, raising a family and building them homes in Pacifica and Woodside.

In 1974, Von became a General Contractor, specializing in high-end custom construction and restoration. His innovation and fine craftsmanship were recognized by the City of Belmont.

Von loved boating, camping, fishing, and snow skiing with family and friends. He was an avid water skier, so summer family vacations meant lots of kids and dogs in a boat, racing around the Delta waterways and Northern CA lakes.

Von's love of boating led to the breaking of a gender barrier when he became a Mariner Girl Scout leader in Redwood City. His involvement with his children in both Girl Scouts and Boy Scouts spanned more than a decade.

Von married Sally in 1954. They had four children and were together 20 years. In 1983 Von married Kathy, and they were together until she passed in 2016.

Von retired and moved to Brentwood in 2012 to be closer to family. Once in Brentwood, he quickly made friends with his witty comments, humorous tales and outgoing personality. His family called him the "Brentwood Social Director" and marveled at all his activities.

Von truly lived every day to its fullest and will be deeply missed by family and friends.

Von is survived by his four children, Patti (Lloyd), Debbi (Jaime), Chuck (Sally), Sandi (Clay), Stepdaughter Jill (Tony), 11 Grandchildren, 7 Great Grandchildren, as well as his siblings Roger and Adrienne.

A celebration of life was held April 28, in Brentwood.



## Scholarships Update

*Scholarship Chairperson,  
Paula Joyce*

The Scholarship Program is, once again, available for qualifying club members that wish to participate in Senior Citizens club programs, (trips, classes, and special events.)

The Senior Scholarship Committee will award \$150.00 scholarships from January 1st through December 31st, 2023 to approved applicants until funds are no longer available. Scholarships can be used to subsidize 100% of the cost of qualifying programs/activities. The Scholarship is good until your awarded funds run out. You may re-apply for a Scholarship as long as your membership dues remain current.

Scholarship Application forms are available at the BSAC during regular business hours. Return completed applications, to the front desk of the BSAC, or mail to the address at the bottom of the application.

When received, your application will be forwarded to the Scholarship Committee for review. Once reviewed, the Committee will notify you by phone or letter of their decision. Please keep your club membership dues up to date, otherwise your application will be denied and you will need to reapply.



# Senior Happenings - Out & About



Artists from the BSAC "A Place To Paint" Artists Reception Show, May 8 -June 28. Back Row (l-r), Isidoro Gonzalez, Jose Pannitto, Kathy Thill, Irene SanFilippo, Rich SanFilippo, Sandy Gangwer Front Row seated (l-r) Pilar Erice-Pannitto, Dawn Blankinship, Rosa Y. Gascoigne, Kay Bordi. Artists with work in the show, but not pictured, Rosa Chang, Laura Ann Collins, Caroline Kwok



Welcome to Mark Marty, Lead and Overtricks Duplicate Bridge members. These Club members play Bridge every Tuesday in the main hall at the Senior Center. Currently there about are about 30 players. Their games run about three hours. Also, thanks to Richard Griek, Thien Nguyen, Amanda Chaney and Thomas

Freeman for working thru the logistics of this activity. Much appreciated by all!



Members Eleanora and Carol socializing and enjoying beverages on a warm summer evening at home.



River Fox train trip. Top: Diane & Leslie Middle: Participants enjoying lunch. Bottom: Dalton & Mary

# Something Fun for Everyone!

See chart on page 13 for a list of all Club Activities.

## FREE PINOCHLE LESSONS

Bring a friend and learn Pinochle together. Instructor Roy Sculer will be available every Thursday at 12:30 in the game room at BSAC to teach FREE lessons 30 minutes prior to the games that run from 1:00-3:00pm. Sign-up in advance at the front desk.

Since we started FREE lessons, the number of regular players has increased 6-8 to as many as 16 players. We are still eager to train more of those who are interested. It's a good group. Give it a try!

## MEXICAN TRAIN DOMINOES

2nd Friday of the month from 1:00-3:00pm. The object of the game is for a player to play all the tiles from their hand onto one or more chains, or trains, emanating from a central hub or "station."

If you haven't played come learn from other players. Our lead, Eldefonse Valez, will be there to guide you.

## CHINESE MAHJONG

Come join our Mahjong group every Thursday from 1:00-3:00 pm in the game room at BSAC.

Mahjong is a traditional Chinese game, played by four people using tiles rather than playing cards. Be the first player to get a complete hand; four sets of three and a pair. Returning members are very welcoming. Game supplies are provided.



## LET'S ROLL... JOIN THE FUN!

2nd Friday Each Month

REGISTER BY THE TUESDAY BEFORE THE GAME

Friday, July 14, August 11 & September 8

6:30 – 9:00 pm

BSAC Main Hall

\$5 will get you 2½ hours  
of fun, cash prizes, and treats!

To register call (925) 516-5380

If you have not played Bunco, let our volunteers know and they will give you one-on-one lessons. Also everyone will be able to help during the game. There is a great break time with treats. Some guest will go home happy winners. Hope to see you at the next game. Stop at the BSAC front desk and reserve your spot. Reserve early because this is a popular "Bunco Night." Sue and Franke

A colorful poster for 'Let's Play BINGO' on Mondays. The word 'BINGO' is written in large, colorful, bubbly letters. Below it, the text reads: 'MONDAYS Everyone Welcome Doors Open 12:30 Games Begin 1:30'. Further down, it says 'Game Packs \$10 Special Games, Raffle Prizes, and Free Snacks!'. At the bottom, it states 'Must be 18 years or older to play and fully vaccinated'. The location is 'Brentwood Senior Center 193 Griffith Lane (925) 516-5380'. There are also images of bingo balls and a bingo card. A circular callout bubble says 'GREAT GIFT IDEA! Purchase Bingo gift cards at Monday Bingo'.



**COME PLAY POOL!** Start playing pool on a regular basis at BSAC! Join us Mon/Wed/Fri from 9am-12pm. Bring a friend! Competition is good. Ladies welcome. There will be a list at the front desk to sign-in. The pool table is available to practice in the media room.

## MOVIE FRIDAYS

What better way to have a relaxing Friday afternoon?

Whether you choose to bring a friend or go solo, you will enjoy the little escape from reality the 2nd Friday of each month from 12:30-3:00 pm in the BSAC classroom. No ticket required. There is plenty of seating, and good sound quality. FREE water and popcorn! Feel free to bring your own beverage or snacks.

### July 14: **Safe Haven** (2013)

An American romantic drama fantasy thriller film starring Julianne Hough, Josh Duhamel. *2hrs 2min*

### August 11th: **Scent of a Woman** (1992)

A drama about a prep school student (Chris O'Donnell) who assists an irritable, blind, medically retired Army lieutenant colonel (Al Pacino). *2hrs 37min*

### September 8th: **What Women Want** (2000)

A cocky, chauvinistic advertising executive magically acquires the ability to hear what women are thinking. Mel Gibson and Helen Hunt. *2hrs 6min*

## BRENTWOOD SENIOR CITIZENS CLUB ONGOING ACTIVITIES LIST

ACTIVITY	DAY(S)	TIME(S)	LOCATION	LEADER
Ballet Folklorico Dance	Thursdays	3:00–4:00pm	BSAC Main Hall	Aurora Sanchez (925) 550-1200
Billiards	M/W/F	9:00am–12:00pm	BSAC Game Room	TBD (925) 516-5380
Bingo	Mondays	12:30–3:00pm	BSAC Main Hall	Cathy Everett (925) 783-7477
Book Banter	3rd Tues	1:30–2:30pm	BCC Conference Rm.	Anneliese Warren (925) 516-9464
Book & Media Library	Mon-Fri	8:30am–3:00pm	BSAC Game Room	Randy Leong (925) 516-5380
Bridge	Tuesdays	9:00am–12:00pm	BSAC Main Hall	Mark Marty (925) 487-7832
Evening Bunco	2nd Fri	6:30–9:00pm	BSAC Main Hall	Franke Spitaleri (925) 240-6760
Friday Movies	2nd Fri	1:00–3:00pm	BSAC Classroom	Pat Wilkins (925) 679-4701
Game Day	Fridays	1:00–3:00pm	BSAC Game Room	TBD (925) 516-5380
Knitting/Crocheting	Tuesdays	1:00–4:00pm	BSAC Main Hall	June Peters (925) 443-4287
Line Dancing <small>cancelled for July &amp; Aug</small>	<del>Wed</del>	<del>12:30–2:00pm</del>	BSAC Main Hall	Belle Hodnick (925) 628-9534
Mahjong (Chinese)	Thursdays	1:00–3:00pm	BSAC Game Room	Eldefonso Velez (925) 329-5381
Place to Paint	Tuesdays	1:00–4:00pm	BSAC Class Room	Jose Pannitto (650) 773-4068
Pinochle	Tues/Thurs	1:00–4:00pm	BSAC Main Hall	Roy Schuler (925) 628-7762
Quilting	Tuesdays	1:00–4:00pm	BSAC Main Hall	Carole Valenzuela (925) 321-0728
Single Mingle	1st Tues	1:30–3:00pm	BCC Conference Rm.	Richard Henderson (925) 757-3005
Decorative Painting	Tuesdays	1:00–4:00pm	BSAC Meeting Rm.	Linda Heckman (925) 240-9809

Activities are free to members presenting a valid Senior Citizens Club Card.

Activity update flyers will be available on the information table in the lobby.

**PLEASE SIGN THE ATTENDANCE FORM AT THE FRONT DESK EACH TIME YOU ATTEND AN ACTIVITY.**

## BRENTWOOD SENIOR ACTIVITY CENTER FREE SERVICES & REFERRALS

SERVICE	DAY(S)	TIME(S)	CONTACT INFO
<b>Senior Information &amp; Referral Counselor</b> Contra Costa County Aging & Adult Services senior information and assistance counseling.			(800) 510-2020
<b>CC Café Senior Nutrition</b> Provides a nutritionally balanced, delicious lunch for seniors 60 years & older at a great deal (\$3 recommended donation).	Mon – Fri	Lunch is at 11:30am	For lunch reservations, call (925) 516-5398.
<b>CCC Food Bank Brown Bag</b> Provides low income seniors supplemental food twice a month in partnership with the Food Bank of Contra Costa & Solano Brown Bag Program.	2nd & 4th Thurs	10:00 – 11:00am	To apply, pick up application at Center Reception desk or call (925) 679-4701.
<b>Dial-A-Ride</b> Tri Delta Transit provides rides for seniors and disabled individuals.	Mon – Fri	Various	To register, contact Tri Delta Transit at (925) 754-3060.
<b>HICAP</b> State-sponsored Health Insurance Counseling and Advocacy Program provides counseling to Medicare recipients about their benefits, rights, and options.	1st Tues	1:00 – 3:00pm	To make an appointment, call HICAP's appointment service at (925) 229-8434.
<b>Meals On Wheels Diablo Region</b> Offers senior services such as housing, financial assistance and fall prevention education.			(925) 937-8311
<b>Legal Services</b> Free general legal advice & self-help services with a pro bono attorney sponsored by Contra Costa Senior Legal Services (CCSLS).	Last Fri	9:30 – 11:00am	Sign up for a half-hour appt. at Center Reception desk or call (925) 516-5380.
<b>Meals On Wheels</b> Provides meals delivered to homebound and in need of assistance seniors.	Mon – Fri		(925) 625-4545
<b>Rides for Seniors</b> Provide rides to doctor/dentist and grocery store for seniors who can't drive or afford a cab, and live out of the loop of Dial-A-Ride.			Call Laurie Beck at (925) 284-6161 for more info or to join the program.

## Memories of Growing Up in Brentwood

Whether you are a long time resident or a newcomer, we thought you would enjoy viewing some videos.

The City of Brentwood interviewed some long-time residents of Brentwood about their memories growing up and living here. Use the link below to see and listen to their stories. There may be people you know or have met. The videos are 10 minutes or so.

Hope you will enjoy the memories shared by the residents. Don't be surprised if you meet some of these individuals in the community. Possibly you will want to explore some of the areas they reflected about.

<https://www.brentwoodca.gov/government/city-manager/75th-anniversary-community-highlights>

# Senior Activity Center - City Update



Thomas and Amanda under the colorful balloon arch at the Senior Resource Fair.



Gift card winner, Pilar (in pink), enjoying herself with friends at the Senior Resource Fair.

## Active Adult Classes

### Acrylic & Luminous Oil Painting BSAC

Students will acquire skills to confidently paint landscapes, seascapes and still life paintings.

Thu 9:30am-12:30pm 8/10-9/28 (8 wks) \$80  
 Thu 9:30am-12:30pm 10/12-12/7 (8 wks) \$80

### Watercolor Painting Library Com-Room

Explore a variety of artists for inspiration and apply different techniques to enhance your creative expressions.

Fri 9:30am-12:30pm 8/11-9/29 (8 wks) \$80  
 Fri 9:30am-12:30pm 10/13-12/15 (8 wks) \$80

### Ballroom Sampler - Waltz! BSAC

Learn the elegant and classic Waltz, starting with the basics. No experience needed, come with a partner or solo.

Thu 7:00pm-8:00pm 8/3-9/21 (6 wks) \$95

### Ballroom Sampler - Swing! BSAC

Learn the basics plus fun turns and moves that will have you standing out on the dance floor! No experience needed, this is a beginning level class.

Thu 7:00pm-8:00pm 10/12-11/30 (6 wks) \$95

### Premiers Exercise Program BSAC

Stretching, lightweights, strength training, and balance exercises to help with preventing falls. Please bring a mat and light weights.

M/W/F 10:30am-11:30am 7/31-10/13 (11 wks) \$60  
 M/W/F 10:30am-11:30am 10/16-12/15 (11 wks) \$60

### Gentle Yoga BSAC

Explore yoga poses to increase flexibility, tone your body, and improve breathing and balance. Please bring a yoga mat, 2 yoga blocks, a yoga strap, 2 sturdy blankets and wear comfortable clothes.

Mon 8:30am-9:30am 7/31-9/18 (7 wks) \$55  
 Wed 8:30am-9:30am 8/2-9/20 (8 wks) \$60  
 Mon 8:30am-9:30am 10/9-12/11 (9 wks) \$65  
 Wed 8:30am-9:30am 10/11-12/13 (9 wks) \$65



## Hand-Crafters and Artisans!

Applications to sell your hand-made gifts at the 12th Annual

# Art & Craft Faire

are now available at the front desk of the Brentwood Senior Activity Center.

## Faire Runs November 3-5, 2023

Friday 5:00–7:30 • Saturday 10:00–4:00 • Sunday 11:00–3:00

If you have any questions or need additional information, please call

Stacey Mullins, Art & Craft Faire Coordinator, at 925-428-1103.

or you can e-mail [staceyheidi86@gmail.com](mailto:staceyheidi86@gmail.com).

