

Brentwood SENIOR CITIZENS CLUB INC.



January - March 2024 News

Looking Forward... to 2024!

- Cinco De Mayo: May 3
- Annual Ice Cream Social: August 1
- Annual BBQ: September 9
- Ghost & Goblins Bingo: October 31
- Art & Craft Show: November 1-3
- Jingle Bingo: December 16
- New Year's Eve: December 31
- Monday Bingo
- Monthly Evening Bunco
- Monthly Boogie Nites
- Community Round Table with Guest Speakers
- Trips & Tours

SAVE THE DATE!

**Register at Senior Center for all events*

Senior
Scholarship
Program
Available for
Most Club Activities
Contact Paula Joyce
(925)918 - 0717
for more information



18 Oak St #1778, Brentwood, CA, 94513-8778

Use the Club's Mailing Address to:

- Send newsletter suggestions or a story.
- Request sunshine for a member.
- Submit your completed volunteer application.
- Request your newsletter delivery by email.

Monthly Meetings

Board Meetings and Program Sub-Committee Meetings are held monthly at the Brentwood Senior Activity Center.

Program Sub-Committee Meetings: First Tuesday of each month at 10:00–12:00pm at the BSAC. All members welcome. We look forward to seeing you and hearing your ideas and suggestions.

January 2nd • February 6th • March 5th

Board Meetings: Second Tuesday of each month at 10:00–12:00pm at the BSAC.

January 9th • February 13th • March 12th

Elected 2023 Senior Club Board

PRESIDENT	Richard Griek
VICE PRESIDENT	Roy Schuler
SECRETARY	Charlotte Allison
TREASURER	Judy Griek
FINANCIAL CHAIR	Pat Wilkins
TRIP CHAIR	Leslie Muse
MEMBERSHIP CHAIR	Eileen Shaffer

BOARD ASSISTANT	Jon Elam
SCHOLARSHIP CHAIR	Paula Joyce

February 13, 2024: All elected Board members will be administered the oath of office by the Board President.

Terms of office will begin with the February board meeting.

BRENTWOOD SENIOR ACTIVITY CENTER

193 Griffith Lane, Brentwood, CA 94513
(925) 516-5380
www.brentwoodca.gov/SeniorCenter

Business Hours

Monday – Friday: 8:30 am – 4:00 pm
Saturday and Sunday: Closed

Register for classes online at:

www.brentwoodca.gov/onlineregistration
Call (925) 516-5444 for assistance.

Make checks payable to the City of Brentwood.



In collaboration with the City of Brentwood Parks and Recreation Department.

Senior Center City Staff

RECREATION MANAGER

Thien Nguyen

RECREATION SUPERVISOR

RECREATION COORDINATOR

Devan Campos

RECREATION LEADERS

Elenora Resare

Teresa Baria

Jennifer Laulusa

Joanne Joaquin

Cindy Duke

Debbie McEntee

The purpose of the Brentwood Senior Citizens Club is to provide an organization where Senior Citizens may find companionship and opportunity to pursue their interest in education, recreation, crafts and activities, and to contribute to the general welfare of the Community.

The corporation is nonprofit, non partisan and non-sectarian.

Club membership is open to everyone 50 years and older.

The Brentwood Senior Activity Center is closed in observance of the following holidays

Martin Luther King Day	January 15
Presidents Day	February 19



NO OUTSIDE ALCOHOL PERMITTED at any Club sponsored event/activity or trip.



The Senior Center is a non-smoking environment. If you smoke, it must be in the designated smoking area 20 feet away from the building, to avoid smoke filtering back into the building.

A NOTE FROM THE PRESIDENT

President's Message

A little over three years ago I started writing a column for this newsletter titled, "Out My Kitchen Window." It was a way for me to connect to my wonderful friends in the club during the COVID shutdown. The articles stressed the joy of living in our great community and staying positive amid great uncertainty. At times I wrote about my life before retirement and how some of those experiences helped me cope with the changes in our country, politically and socially. I really enjoyed writing them and received some nice feedback from many members. I miss writing them and have felt more constrained with this "Note From the President." I have been encouraged to bring a little of that back in my messages to you.

During the most restrictive months of COVID, membership dues were suspended, and we kept sending out the newsletter because we had enough funds to do so, and we had a handful of dedicated volunteers to take on the task. Many of those volunteers are still with us. Our membership dropped from over 1000 to below 300 when we started requiring dues again. People were still wary of social gatherings, and we had fewer activities as we began to get back to normal. We now have over 900 members, and everything is in full swing. Our events and activities are close to capacity. Even with all this happening, the interest in becoming a committed volunteer as a board member is almost nonexistent. Our elections are upon us and we have had minimal response from anyone wanting to help lead this vibrant and unique community of seniors.

When I retired in 2010, I gave myself a year before I committed to anything. I wanted to be sure I would be able to honor any commitment as I stepped into a new phase of my life. I then started going to some yoga classes and the premiers exercise class. The club needed ambassadors or "hosts" to greet people when they came into the building. I volunteered. There were no city staff, so we oversaw the building. I was then asked to fill an opening on the board and made that big commitment that has been a part of my life ever since. It was a decision that I will never regret. I am dedicated to insure our club exists long after I am gone.

So, dear members, over 900 strong, among you are the future leaders of our club. The new blood. The inspiration and dedication that will provide strength and encouragement during hard times. You will bring your judgment and leadership skills to ensure our club continues to be a source of comfort and joy to the senior community. The rewards of volunteering are well known. The satisfaction of working with a board of highly dedicated seniors, together for a common cause, is beyond words. They will become new friends, who in time you will call "old friends."

I look forward to the new year and am excited at the prospect of fresh ideas and new energy on our board.

Richard Griek, *President*



Sunshine

REPORT IN MEMORIAM



Mickey Pedroni

The Brentwood Senior Club Board and members would like to extend sincerest condolences to the Pedroni family for their loss of Mickey. Mickey's wife, Kathy, will also be remembered for her friendship, leadership, generosity and compassion for members, volunteers and friends. The Pedronis will be missed - they cared a lot for seniors.

Marjorie Johnson

UNDER THE WEATHER

RECOVERING

Dennis Deschler

Lucy Flynn

A "Sunshine" clipboard will be at the BSAC front desk. Members can make a note of a member that is "Under the Weather", "Recovering", or if they would like to leave an "In Memoriam".

New Year's Resolution...

Try one new
Senior Club activity
for the first time!

A NOTE FROM BOARD ASSISTANT

Jon's Ramblings

I have enjoyed writing these notes over 2023 and always welcome suggestions or comments. As we end the year, I look back on the array of activities the club has sponsored and supported for seniors. We must be doing something right, our membership level is over 900. That is a lot of seniors and among the largest membership-based clubs in Brentwood.

One of the biggest tasks facing your Board is the challenge of sorting out ideas and programs for our members. We hope, with your suggestions and ideas, to introduce some new programs and trips over the coming months.

Moving on, last month I read a piece in the East Bay Times newspaper that asked the question, "How we feel about Politics". This article talked about the evolution of the public support for politics and our government over what is basically my adult lifetime. I graduated from South Pasadena High School in 1960. When I graduated, Eisenhower was President (remember him?). Public trust in his leadership was nearly 80%. It seems over my entire adult lifetime that level of public support in government has been on the decline (with the exception of a couple of bumps upward) and in 2023 it has come all the way down to just 22%.

Obviously, this reflects the times of today and the widespread differences of opinion we see in the daily news. It also, may I suggest, reflect our longing for the past when things seemed simpler. I've heard many from our generation musing about the society we are leaving to our kids and grandkids and how hard it is for the younger generation to understand the stories of the lives we led.

From my own perspective, I am experiencing a pretty vibrant retirement and enjoy using experiences from my earlier life when I volunteer and serve on boards of local groups and organizations. I truly love working with younger people on our Brentwood Coalition, delivering my Meals on Wheels route, and serving on the board of the La Clinica health organization. I know many of you also have active lives as volunteers, and truly encourage others to join in by trying some volunteer opportunities.

I will be hosting a **Community Roundtable** on **January 16th at the Senior Center (2:00PM - 4:00PM)** to share some of my experiences and also to hear from each person who attends. The Club will provide snacks and coffee, and I promise you will have a good time.

Hope to see you then!

Jon Elam, Board Assistant

SAVE THE DATE IN 2024: JUNE 18 • OCTOBER 15

COMMUNITY ROUNDTABLE

with host

Jon Elam



Brentwood Experiences

Enjoy coffee and refreshments while Jon Elam shares some of his experiences in Brentwood

He hopes this will encourage other attendees to join in with their experiences and life lessons

Tuesday, January 16, 2024

2:00 - 4:00 p.m.

Brentwood Senior Citizens Center



Brentwood Senior Activity Center

193 Griffith Lane at Balfour Road

925-516-5380

2024 Board Election Update

Your Senior Club opened nominations on November 1, 2023, for three vacant positions on the Board of Directors. These positions included Vice President, Treasurer, and Membership Chair. The nomination period for these closed on November 16, 2023.

The results below were accepted and approved by the Board at their meeting on December 12, 2023:

Vice-President: Roy Schuler

Treasurer: No applications received

Membership Chair: No applications received.

Due to the lack of nominations, the Board will consider filling the vacant positions by appointment at the Board meeting on January 9, 2024.

Those results will be posted on the Board's bulletin board at the Senior Center and shared in the next Senior Club Newsletter. The new appointed Board members will take office on February 13, 2024, at the regularly scheduled Board meeting.

If you have any questions please contact Jon Elam, Board Elections Sub-committee Chair (925-518-4288 or jonrelam@gmail.com).



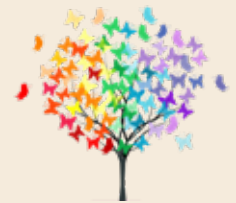
Upcoming volunteer opportunities:

- Boogie Nights 1/25, 2/22, 3/28
- Friday Afternoon Games
- St. Patrick's Lunch or Dinner
- Cinco de Mayo

Seniors are the focal point for all our events, activities and services. The Brentwood Senior Citizens Club is successful because of volunteer efforts. Opportunities are limitless! Whatever capacity you choose, we know that you'll find your experience at the Club fulfilling and gratifying.

We hope you will volunteer for an event, you are NOT required to register to attend in advance or pay the event fee. Volunteering is a great way to make new friends, feel the satisfaction of lending a helping hand and best of all, have a ton of fun! After the events you are invited to attend the Sub-Committee meeting to share your thoughts about the events, both positive opinions as well as what could improve the event for next time, from a volunteer's perspective. Sub-Committee meets the first Tuesday of each month at 10:00 at BSAC.

Volunteers Always Wanted - This is your opportunity to meet new friends, share your skills and have fun with others while planning or helping at events. Please pick up an application at the Brentwood Senior Center or call for more information (925) 516 - 5380. Volunteer Coordinator, Elenora Resare, will contact you after the application has been received.



HELP WANTED

The main hall is already reserved for the following member-suggested events:

- Lunar Celebration
- St. Patrick's Dinner
- Art Show & Textiles
- Veteran's Day Luncheon

We are looking for people to chair these events

2024 Senior Club Scholarship Program

The Scholarship Program is available for qualifying club members who wish to participate in Senior Citizen's Club programs, trips, classes, and special events.

The Scholarship Committee will award \$150.00 scholarships from January 1st through December 31st, 2024 to approved applicants until funds are no longer available. Scholarships can be used to subsidize 100% of the cost of qualifying programs/activities. The Scholarship is good until your awarded funds run out. You may re-apply for a Scholarship as long as your membership dues remain current.

Scholarship application forms are available at the BSAC during regular business hours. Return completed applications to the front desk or the BSAC, or mail to the address at the bottom of the application.

When received, your application will be forwarded to the Scholarship Committee for review. Once reviewed, the Committee will notify you by phone or letter of their decision. Please keep your club membership dues up to date, otherwise your application will be denied and you will need to reapply.

DID YOU KNOW? Other scholarship recipients have used their money for:

St. Patrick's Dinner • Cinco de Mayo Event • New Years Party • Boogie Nights • Trips & Tours
Classes such as: Exercise • Yoga • Oil and Painting Programs



Scholarship Chair
Paula Joyce



Leslie Muse, Tino Villasenor, Eileen Shaffer

BOOGIE NITES

Many of our members have heard of and attended Boogie Nites, a monthly dance held right here in Brentwood. How did Boogie Nites become a Senior Club Activity?

A community business man, Tino Villasenor, came to the sub-committee with a new idea of starting a dance group in Brentwood. He shared, "I love to dance and want to dance closer to home." So in 2018 the dance group idea was shared after a lot of discussion, forming a Dance Committee, and receiving approval from the Senior Board.

Tino often reflects, "I guess I got lucky with the people who volunteered...with their hard work the dances have been a huge success!"

We are looking forward to seeing you at Boogie Nites on the 4th Thursday each month. Details are available at the bottom of this page.

Do you know how many opportunities our Club offers for you to...

DANCE EVERY CHANCE YOU GET!



Day or Evening



Ballet Folklorico Dance - Wednesdays and Thursdays

Line Dancing - Wednesdays



And of Course...

Monthly Boogie Nights

&

Special Events such as New Years

Check your quarterly newsletter section "Ongoing Activity List" for dates, times, and locations

BENEFITS OF DANCING

- great for mental health
- socialization
- improved core strength
- cardiovascular health... and more!

BRENTWOOD SENIOR CITIZENS CLUB PRESENTS

BOOGIE

Nites

Meet new people in this social group atmosphere, while dancing to music by some of the best bands.

JAN 25

TOUCAN JAM

FEB 22

DJ CHARLIE

MAR 28

NATURAL BLEND BAND

Music from the 50s, 60s, 70s, 80s

DANCE FROM 7:00 - 10:00 PM

- All levels of dancing abilities are welcome. No partner needed.
- No host bar and snacks. No outside alcohol permitted.
- Must be at least 21 years old to attend. Government issued ID required at the door.
- Pre-register: \$10 members/\$15 non-members ~ Pay at the door: \$15 for all (cash only)
- Register at the Senior Activity Center or call (925) 516-5380.
- No smoking within 20 feet of the entrance / **No outside alcohol permitted.**

WHO DOESN'T LIKE LISTENING TO MUSIC PLAYED BY A LIVE BAND IN THE COMPANY OF GOOD FRIENDS? EVEN BETTER WHEN THOSE FRIENDS ALSO ENJOY DANCING.



BRENTWOOD COMMUNITY CENTER, 35 OAK ST.



Book Banter Group

Reading gives you a chance to escape into another place and time, without leaving the safety of your most comfy chair. If books are not available in the BSAC library, download free eBooks through the Brentwood Library website using "Libby" or purchase a digital copy for your tablet.

**Now meeting at the Brentwood Community Center.
Third Tuesday of the Month • 1:30–3:00pm**

JANUARY 16:

Crow Mary by Kathleen Grissom

Richly detailed story of a woman caught between two cultures. Inspired by the real life of Crow Mary, an indigenous woman in 19th century North America.

FEBRUARY 20:

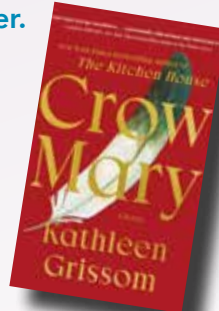
The Wind Knows My Name by Isabel Allende

The tale of two child immigrants, one from Europe in 1938 and the other in the United States in 2019.

MARCH 19:

Lady Tan's Circle of Women by Lisa See

The latest historical novel by Lisa See. This book was inspired by a true story of a woman physician from 15th century China.



Selections are available at the Brentwood Library

SPECIAL BIRTHDAY WISHES

We would like to recognize and wish **Anneliese** a belated 90th birthday.

Like 26 other club members, she has Aged to Perfection!

The Brentwood Senior Board wants you to know that you no longer have annual Club dues. Remember, it is still very important that you register each year at the Senior Center.

Good friends are like stars...

You don't always see them but you know that they are always there.

AUTHOR LUNCHEON

featuring **DAN HANEL**

Author of the historical mystery series "In the Shadow of Diablo" will discuss his newest book:

"Beneath the Tangled Vines"

**Wednesday, February 7, 2024 at 11:30 a.m.
Brentwood Community Center**

Tickets: \$40/person can be purchased:

- at the Second Story Bookshop in the Brentwood library
 - our website friendsofthebrentwoodlibrary.org
- or mail check to: FOBL, 140 Oak St. Brentwood, CA 94513

Sponsored by Friends of Brentwood Library





Trips & Tours

A MESSAGE ABOUT TRIPS & TOURS 2024

2024 will be a new year for the senior center trip program with exciting activities to come!

February 21 will start the season with **MJ The Musical** showing Michael Jackson's artistry.



MJ The Musical
Wednesday, February 21, 2024
\$85/member & \$114/non-member
See ad below

Other exciting activities to come will be:

WWII History Tour of San Francisco - May 24, 2024

Moving Movie Tour - August 2024

Giants Stadium Tour - Date TBD

just to name a few...

TRIPS & TOURS REGISTRATION POLICIES

1. Register ONLY at the Senior Activity Center during regular business hours: Mon-Thurs at 8:30am-3:30pm. (No Friday registration.)
Only walk-in registration accepted. No mail-in or call-in registration will be processed. Registration is no longer available at the Community Center.
2. Once the trip sells out, a wait list will be created.
3. Registration will be processed on a first come, first served basis. All forms must be completed and signed by the participant, including a waiver for each trip.
4. A single person can register more than one person at a time (maximum of four people), as long as all registration forms are fully completed by each person attending the trip.
5. Please remember to fill out any special needs (i.e. I will be bringing a walker) in the boxed area of the registration form.

BRENTWOOD SENIOR CENTER PRESENTS
MJ THE MUSICAL

DATE: WEDNESDAY FEBRUARY 21ST 2024
COST: \$85 MEMBER | \$114 NON-MEMBER
TRIP WILL INCLUDE REAR ORCHESTRA SEATING, LUXURY MOTORCOACH, & DRIVER GRATUITY

HE IS ONE OF THE GREATEST ENTERTAINERS OF ALL TIME. NOW, MICHAEL JACKSON'S UNIQUE AND UNPARALLELED ARTISTRY HAS FINALLY ARRIVED ON BROADWAY IN A BRAND-NEW MUSICAL. CENTERED AROUND THE MAKING OF HIS 1992 DANGEROUS WORLD TOUR, AND CREATED BY TONY AWARD(R)-WINNING DIRECTOR/CHOREOGRAPHER CHRISTOPHER WHEELDON AND TWO-TIME PULITZER PRIZE WINNER LYNN NOTTAGE, MJ GOES BEYOND THE SINGULAR MOVES AND SIGNATURE SOUND OF THE STAR, OFFERING A RARE LOOK AT THE CREATIVE MIND AND COLLABORATIVE SPIRIT THAT CATAPULTED JACKSON INTO LEGENDARY STATUS. TURN IT UP, BROADWAY - MJ IS HERE!

Walking Level: 1 - Easy. There may be 1-2 blocks of walking to access the theater, depending on traffic. The bus will do it's best to get as close as possible to the theater.

Sign-Ups Begin January 30th-February 16th
Time: Depart 10:30am | Approx. Return to Brentwood 6:30pm
Pickup: Brentwood Senior Center - By the Aquatics Center

Looking forward to planning more Trips & Tours in 2024!

I hope you will join us for these trips and watch for even more to come.

**I'm always interested in hearing about your ideas for trips...
Leslie Muse**

All trips and tours are arranged for your pleasure. TravelCenter, Tours and Travel, Brentwood Senior Citizens Club, Leslie Muse and Trip Escort assume no responsibility for any passengers or their possessions. Trips and tours are subject to change and availability. Specific conditions apply. Individual cancellations/changes must follow the Brentwood Senior Citizens Club cancellation policy. No refunds after final payment. CST#100294-40

TravelCenter, Tours and Travel, 1936 Oak Park Blvd., Pleasant Hill, CA 94523
Phone: (925) 957-2225





Castle Air is home to over 80 restored vintage military aircraft ranging from pre-WWII to the present day. Some of our members participated in the **"Castle Air Tour - Open Cockpit Day"** on October 14, 2023. The trip included: outdoor museum, time to explore other displays and of course shopping time at Hillmar Cheese Factory.



Clockwise from top left: Jon and Eileen Shaffer, Judy Griek and Linda Donovan, Emile Betti and Ray Cole, Dale White

Single Mingle GROUP

The Single Mingle group is unique function of the Brentwood Senior Citizen Club(BSCC). Most activities of the BSCC are at the Brentwood Senior Activity Center(BSAC). Most of the activities of the Single Mingle group are NOT at BSAC. Our activities generally fall into the following: Monthly Meeting on the first Tuesday of the month, Walk in the park, Lunch or Dinner at a local diner, Bowling, Movies, Theater acts or concerts, Trivia night, Happy Hour at a local bar. Dancing at the Brentwood City sponsored dance, and a Potluck in a home.

At the meeting the group decides what events they want on the calendar and when. The activity coordinator generally suggests a date and time for the activity, but the group vote on it by a show of hands. If it is generally a bad day someone will suggest another day. The secretary jots down the Event, Time for the event on a paper calendar and the Location. At the end of the meeting, she makes copies for everyone. A digital calendar will be made with information on the events. The digital calendar has the coordinator's name and phone number, event name, address of the location, a link to Google Map, for directions, a Link to the menu if applicable, a link to the movie trailer, a link to tickets if applicable. The digital calendar is sent out in a PDF file format. That allows you to download it to your phone, so you have on-the-go information.

There are about 70 people on the Single Mingle mailing list. 25-35 people show up for the meeting. Most of the members are retired, however some still work. Some cannot make the meeting because they have grandkids to take care of, appointments, illness, etc., they know if they cannot make the meeting, they are not totally out of luck because the digital calendar is sent via email to everyone on the mailing list, a couple of days after the meeting.

Let's Play BINGO

MONDAYS
Everyone Welcome
Doors Open 12:30
Games Begin 1:30

Game Packs \$10
Special Games, Raffle
Prizes, and Free Snacks!

Must be 18 years or older to play and fully vaccinated

Brentwood Senior Center
 193 Griffith Lane
 (925) 516-5380

GREAT GIFT IDEA!
 Purchase Bingo gift cards at Monday Bingo



BINGO NEWS



What you did was so **THOUGHTFUL** and so **APPRECIATED** Chief Herbert

It was an honor and a pleasure to have you and your team at our Brentwood Senior Center Monday Bingo. Thanks for much for taking the time to visit and introducing yourself to our Bingo Family.

Your donation of gift bags was extremely thoughtful and everyone enjoyed the opportunity to win.

It was wonderful meeting all of you and we look forward to having you visit any time!

- Cathy and Bill Everett, Bingo Coordinators



Bingo players welcomed Chief of Police -Tim Herbert, Executive Assistant to Chief - Jaylene, Assistant City Manager - Darin Gale, and Accounting Tech. Shiela

Seniors' Club Ongoing Game Activities

Free to Club Members • Additional information regarding schedule on page 11

Featuring...

- MAHJONG(Chinese)** 
- BILLIARDS** 
- PINOCHLE** 
- MEXICAN TRAIN** 
- CHESS** 
- CORN HOLE** 

...or bring your own favorite game!

ACTIVITIES ARE FREE TO MEMBERS PRESENTING VALID SENIOR CITIZENS CLUB CARD

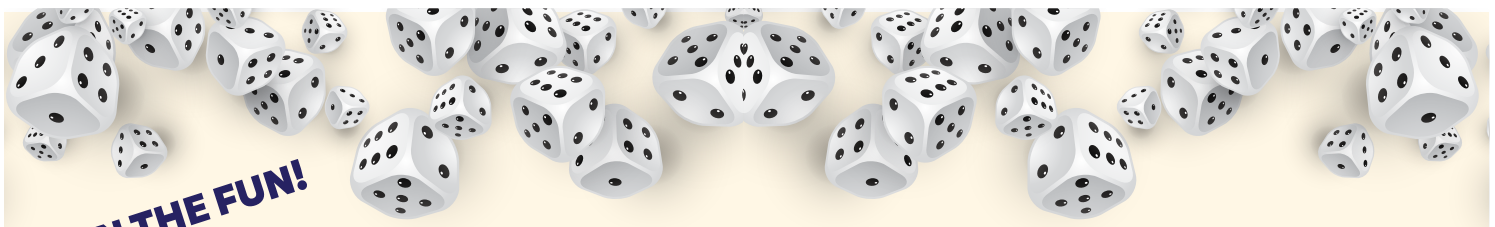
David Smookler wants to teach people

HOW TO PLAY POOL!

Beginner & Experienced players welcome

Call (925) 354-2015 to sign up and be notified of lessons





JOIN THE FUN!

BUNCO NIGHT

**2nd Friday Each Month
6:30 - 9:00p.m. BSAC Main Hall**

**\$5
2.5 hours of
FUN
CASH PRIZES
TREATS**

Friday, January 12 Friday, February 9 Friday, March 8

*Stop at the BSAC front desk and reserve your spot.
RESERVE EARLY - this is a popular event*



Leads Frankie Spitaleri and Sue Ramsdell would like to thank the Brentwood Senior Citizens Club Board for supporting them to host Bunco night every month.

Where else can you spend a fun-filled evening with special treats for \$5 - plus have the chance at winning much more?

**Stay connected with old friends and meet new friends!
For 2024 - look forward to new and exciting changes!**

*If you don't know how to play...no problem, we will teach you.
Come be a part of the group and bring a friend.*

*Wishing you a Happy New Year and we look forward to seeing you at Bunco!
-Frankie and Sue*

BRENTWOOD SENIOR CITIZENS CLUB ONGOING ACTIVITIES LIST

ACTIVITY	DAY(S)	TIME(S)	LOCATION	LEADER
Ballet Folklorico Dance	Wed Thurs	2:30-4:00pm 3:00-4:00pm	BSAC Main Hall	Aurora Sanchez (925) 550-1200 Rosa Mendoza (925) 759-5020
Billiards	M/W/F	9:00am-12:00pm	BSAC Game Room	(925) 516-5380
Bingo	Mondays	12:30-3:00pm	BSAC Main Hall	Cathy Everett (925) 783-7477
Book Banter	3rd Tues	1:30-2:30pm	BCC Conference Rm.	Anneliese Warren (925) 516-9464
Book & Media Library	Mon-Fri	8:30am-3:00pm	BSAC Game Room	Randy Leong (925) 516-5380
Bridge	Tuesdays	9:00am-12:00pm	BSAC Main Hall	Mark Marty (925) 487-7832
Decorative Painting	Tuesdays	1:00-4:00pm	BSAC Meeting Rm.	Linda Heckman (925) 240-9809
Evening Bunco	2nd Fri	6:30-9:00pm	BSAC Main Hall	Frankie Spitaleri (925) 240-6760
Game Day	Fridays	1:00-4:00pm	BSAC Game Room	(925) 516-5380
Knitting/Crocheting	Tuesdays	1:00-4:00pm	BSAC Main Hall	June Peters (925) 443-4287
Line Dancing	Wed	12:30-2:00pm	BSAC Main Hall	Belle Hodnick (925) 628-9534
Mahjong (Chinese)	Thursdays	1:00-3:00pm	BSAC Game Room	Eldefonso Velez (925) 329-5381
Place to Paint	Tuesdays	1:00-4:00pm	BSAC Class Room	Jose Pannitto (650) 773-4068
Pinochle	Tues/Thurs	1:00-4:00pm	BSAC Main Hall	Roy Schuler (925) 628-7762
Quilting	Tuesdays	1:00-4:00pm	BSAC Main Hall	Carole Valenzuela (925) 321-0728
Single Mingle	1st Tues	1:30-3:00pm	BCC Conference Rm.	Richard Henderson (925) 757-3005

Activities are free to members presenting a valid Senior Citizens Club Card.
Updated activity fliers will be available on the information table in the lobby.

PLEASE SIGN THE ATTENDANCE FORM AT THE FRONT DESK EACH TIME YOU ATTEND AN ACTIVITY.



The purpose of the Brentwood Senior Citizens Club is to provide an organization where Senior Citizens may find companionship and opportunity to pursue their interest in education, recreation, crafts & activities, and to contribute to the general welfare of the Community. The corporation is nonprofit, non partisan and non-sectarian.

• • • • • ALL ABOUT *Membership* • • • • •

MEMBERSHIP RENEWAL BEGINS JANUARY 2, 2024

Membership is on a yearly basis from January–December and is \$25 per person.

Membership is free if you are 90 years or older. (You still need to fill out a reg. form each year.)

Club Membership

The Senior Club currently has 955 members as of the end of 2023. Since the reopening of the Senior Center, members are enjoying all of the activities that make our Club special. Activities are not only enjoyable, but a way to meet other members with common interests. Many events are free or require a nominal fee to participate.

The activities and events planned are based primarily on ideas from members. We like to offer a variety of activities and consider pricing of events to meet the needs of our members.

Please consider volunteering for an activity or event that interests you. We need your help to be successful! Also, volunteering is a great way to meet other members, make new friends, and enjoy club activities.

Eileen Shaffer,
Membership Chair

Member Benefits

Did you know? The Senior Club’s news- letter is only published four times per year (quarterly).

January - March

April - June

July - September

October - December

Watch for an email the first week of each quarter, alerting you that the email version of the newsletter is available to you online. If you registered for a mailed copy, check your mailbox in several days. If you are not receiving the newsletter either by mail or email, Senior Center staff are happy to help you.

**Don’t miss out,
we don’t want you to be out of the loop!**

THANK YOU
Eileen
Shaffer

For your dedicated work as Membership Chair!

*Our lives will be enhanced through activities and friendships!
Join us for great conversation throughout your time at the Senior Citizen’s Center!*



BRENTWOOD SENIOR CITIZENS CLUB, INC. MEMBERSHIP APPLICATION

MEMBERSHIP FEE IS \$25 PER YEAR PER MEMBER.

Date: _____

MEMBER

I am a **NEW** Member to this club.
I am renewing a current or past membership.
I am age 90 and qualify for a free membership.

Name _____

Address _____

City _____ Zip _____

Phone # (_____) _____

*E-mail: _____

Birth date (mm/dd/yyyy) ____ / ____ / ____

In an emergency, who should we call?

Phone # (_____) _____

Cell # (_____) _____

Name _____

Relationship _____

ADDITIONAL MEMBER

I am a **NEW** Member to this club.
I am renewing a current or past membership.
I am age 90 and qualify for a free membership.

Name _____

Address _____

City _____ Zip _____

Phone # (_____) _____

*E-mail: _____

Birth date (mm/dd/yyyy) ____ / ____ / ____

In an emergency, who should we call?

Phone # (_____) _____

Cell # (_____) _____

Name _____

Relationship _____

NEW Newsletter Delivery Method: Mail E-Mail/View Online (Please Choose One)

I am interested in becoming a volunteer.

YES
 NO

DONATIONS

Amount \$ _____

If, in addition to your dues, you would like to make a tax deductible donation to the Brentwood Senior Citizen's Club, Inc. programs and activities, please fill in an amount above. All donations are tax deductible as the Brentwood Senior Citizen's Club, Inc. is a non-profit corporation, exempt from taxes under section 501 ©(3) of the IRS code. Thank you very much for your donation and support!

**TO REGISTER: Complete this form and present in person
At the Brentwood Senior Activity Center, 193 Griffith Lane
Or the Brentwood Community Center 35 Oak St.**

**TO REGISTER BY MAIL: Mail application with a check to the
City of Brentwood 150 City Parkway, Brentwood, CA 94513
Att: Senior Club Membership (Make Check to the City of Brentwood).**

**DON'T FORGET TO FILL
OUT THE BACK PAGE!**



Brentwood Senior Activity Center Volunteer Application

Name: _____	Date: _____
Address: _____	City: _____
Phone: _____	2nd Phone: _____
Email Address: _____	
Previous Occupations: _____	
Best times to contact you: _____	

Please check all job descriptions for which you have a skill or interest:	
<input type="checkbox"/> Bingo <input type="checkbox"/> Bunco <input type="checkbox"/> Café Costa - Lunchroom Aide <input type="checkbox"/> Food Giveaway Monitor or Food Pick Up <input type="checkbox"/> Library Support <input type="checkbox"/> Oldies But Goodies - Craft Assistance	<b style="text-align: center;">For Special Events: <input type="checkbox"/> Decorating <input type="checkbox"/> Check-in <input type="checkbox"/> Ticket Sales (at Event) <input type="checkbox"/> Bartending <input type="checkbox"/> Clean-Up <input type="checkbox"/> Entertainment/Musician <input type="checkbox"/> Photography <input type="checkbox"/> Servers
Please let us know if there are other ways you'd like to help.	

Have you been active as a volunteer with other organizations? _____ Yes/No

If yes, please list with whom, dates, and describe the experience/responsibilities:

1) _____

2) _____

3) _____

Please list two references:

1) _____ Phone: _____

2) _____ Phone: _____

Revised 12/8/2016



Ugly Sweater Day



Santa arriving on a fire truck



Ugly Sweater Day Winners



Now that the holidays are over, we at Cafe Costa would like to welcome everyone back to the Cafe. If you have never been, give us a try. In addition to the tasty, nutritious meals, this is a great place to meet new friends.

For January, we will be skipping the monthly themed party and only have the birthday Celebration. Also, because of the timing of some holidays this year, we will be combining the monthly themed parties and the birthday celebrations.

- Cafe opens at 11:00a.m.
- Lunch is served promptly at 11:30
- \$6 for those under age 60
- \$3 donation for those 60 and up.

PARTY DATES

January 18 Birthday Celebration

February 14 Valentine's Day Party and Birthday Celebration Combined ♥

March 15 St. Patrick's Day Party and Birthday Celebration Combined ♻️

March 29 Bunny Bash (Party)

THE CITY OF BRENTWOOD
HERITAGE • FAISON • OPPORTUNITY

Cinco de Mayo FIESTA

FRIDAY, MAY 3 4:30 - 7:30

DINNER • ENTERTAINMENT
NO HOST MARGARITAS

MORE EVENT INFORMATION COMING SOON!

BRENTWOOD SENIOR ACTIVITY CENTER
193 Griffith Lane at Balfour Road - 925-516-5380



Yoga instructor Debbie (front row far left) is moving. This was our last class. We will miss this weekly group!
Photo taken by Richard Griek

Holly Jolly Jamboree

December 8, 2023

Sponsored by Cafe Costa



Santa arrived in his fire truck. Eileen made sure he was able to wish Seniors a Merry Christmas!



Beautiful holiday smiles!



Mr. Bristow, vocalist, sang holiday songs enjoyed by all



100 senior participants had lunch served by Cafe Costa volunteers



Jean and Diane, long time friends, enjoyed the event

Tri Delta Transit Dial-A-Ride

Tri Delta Transit provides rides for seniors and disabled individuals.

**Monday - Friday
Various Times**

To register contact
**Tri Delta Transit at
(925) 754-3060**

A friend is someone who makes it easy to believe in you.

Christmas Craft Fair



Thank you to everyone who supported our Christmas Craft Fair. It was a smashing success! Mark your calendar for next year, Nov 1-3. I will see you there...Stacey Mullins



HALLOWEEN BOOGIE NITES OCTOBER 25, 2023

BOOGIE NITES CELEBRATED HALLOWEEN WITH FUN COSTUMES AND MUSIC BY ULTRA SONICS.



TRIPS & TOURS

On the road again...



The Lion King



Tina the Musical
Diane, Kate, Janie, and Leslie



A's Game
Ruth, Bea, and Diane

BRENTWOOD SENIOR ACTIVITY CENTER FREE SERVICES & REFERRALS

SERVICE	DAY(S)	TIME(S)	CONTACT INFO
Senior Information & Referral Counselor Contra Costa County Aging & Adult Services senior information and assistance counseling.			(800) 510-2020
CC Café Senior Nutrition Provides a nutritionally balanced, delicious lunch for seniors 60 years & older at a great deal (\$3 recommended donation).	Mon – Fri	Lunch is at 11:30am	For lunch reservations, call (925) 516-5398.
CCC Food Bank Brown Bag Provides low income seniors supplemental food twice a month in partnership with the Food Bank of Contra Costa & Solano Brown Bag Program.	2nd & 4th Thurs	10:00 – 11:00am	To apply, pick up application at Center Reception desk or call (925) 679-4701.
Dial-A-Ride Tri Delta Transit provides rides for seniors and disabled individuals.	Mon – Fri	Various	To register, contact Tri Delta Transit at (925) 754-3060.
HICAP State-sponsored Health Insurance Counseling and Advocacy Program provides counseling to Medicare recipients about their benefits, rights, and options.	1st Tues	1:00 – 3:00pm	To make an appointment, call HICAP's appointment service at (925) 229-8434.
Meals On Wheels Diablo Region Offers senior services such as housing, financial assistance and fall prevention education.			(925) 937-8311
Legal Services Free general legal advice & self-help services with a pro bono attorney sponsored by Contra Costa Senior Legal Services (CCSLS).	Last Fri	9:30 – 11:00am	Sign up for a half-hour appt. at Center Reception desk or call (925) 516-5380.
Meals On Wheels Provides meals delivered to homebound and in need of assistance seniors.	Mon – Fri		(925) 625-4545
Rides for Seniors Provide rides to doctor/dentist and grocery store for seniors who can't drive or afford a cab, and live out of the loop of Dial-A-Ride.			Call Laurie Beck at (925) 284-6161 for more info or to join the program.

Games, Friends and Fun!

Cards, Checkers, Scrabble, Mahjong, Cornhole, Sequence and more!

FREE

FRIDAYS 1PM-4PM

Active Adult Classes

Acrylic & Luminous Oil Painting BSAC

Students will acquire skills to confidently paint landscapes, seascapes and still life paintings.
 Thu 9:30am-12:30pm 01/18-3/7 (8 wks) \$80

Watercolor Painting Library Com-Room

Discover the intricacies of watercolor! We will explore a variety of artists for inspiration and apply different techniques to enhance your creative expressions. We will focus on brushstrokes, composition, perspective, value, color theory, and color mixing. Students will confidently paint landscapes, seascapes, and still life paintings.
 Fri 9:30am-12:30pm 1/19-3/8 (8 wks) \$80

Ballroom Sampler - West Coast Swing! BSAC

This session we will cover the basics of West Coast Swing, as well as some fundamental patterns and concepts that will have you enjoying this fun and expressive dance! This is a beginning level class.
 Thu 7:00pm-8:00pm 1/11-2/29 (7 wks) \$125*
 *\$115 per person if signed up as a couple

Premiers Exercise Program BSAC

This popular "grow younger fitness" class will help improve your fitness as you age. It incorporates light weights, strength training, and balance exercise to help with preventing falls. Please bring a mat and light weights.
 M/W/F 10:00am-11:30am 1/8-3/15 (10 wks) \$60

Oldies But Goodies BSAC

This program is specifically designed to offer fun, easy activities and socialization for adults to enjoy crafts, socializing, and just have fun. Weekly art and craft projects, music, field trips, guest speakers, bingo, parties, and snacks are provided.
 Wed 1:00pm-3:00pm 1/24-3/27 (10 weeks) \$5
 Thu 1:00pm-3:00pm 1/25-3/28 (10 weeks) \$5

Friday Game Day Social BSAC

Come drop in and play various games: Mahjong, checkers, Scrabble, Farkle, Mexican Train & more!
 Fri 1:00pm-4:00pm ongoing Free

Active Adult Classes continued

Zumba Gold BSAC

Zumba Gold is a workout class that is designed for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. City staff will guide participants through easy to follow Zumba choreography that focuses on balance, range of motion, and coordination. Participants can expect a total workout, combining the following elements of fitness - cardiovascular, muscle conditioning, balance, and flexibility.

Thu 1:00pm-2:00pm 1/4-2/1 (5 weeks) \$31.25

New Active Adult Classes

Basic iPhone BSAC

Get ready to learn how to use your iPhone for more than just calls. Learn how to use the installed Apple apps, the "Health" app, "Find My" app, sync with other Apple devices, and other safety features for seniors that are featured on the iPhone. The class will be polled on what topics are a priority for the 6-week class (contacts, messenger, email, calendar, reminders, files, FaceTime, photos, Siri, etc.)

Mon 1:00pm-3:00pm 1/29-3/11 (6 wks) \$61

Beginner Ukulele BSAC

This beginner ukulele class is designed for those interested in playing the ukulele who have little or no previous experience in playing. You will learn the basic chords and strums to be applied to music. Enjoy learning to play ukulele while singing the songs that you love.

Tue 1:00pm-3:00pm 1/30-3/5 (6 wks) \$53

A message to:
2024 Brentwood Senior Citizens' Club Members



***NEW YEAR MARKS...A NEW BEGINNING
...NEW PLANS
...NEW ADVENTURES
...NEW OPPORTUNITIES
...AND NEW MEMORIES TO CREATE***

MANY OF THESE EXPERIENCES WE CAN ENJOY TOGETHER AS MEMBERS OF THE CLUB!

**Fellow Senior Citizens -
Have the Happiest New Year 2024 Ever!**

