

Brentwood

SENIOR CITIZENS CLUB INC.



October - December 2024 News

Looking Forward To...

End of Year Special Activities

- *Halloween Boogie Nites 10/24*
- *Adopt-a-Senior*
Registration Deadline 10/25
- *Ghost & Goblins Bingo 10/28*
- **13th Annual Holiday Arts & Craft Faire Nov. 1-3, 2024**
- *Thanksgiving Special Luncheon 11/8*
- *Singo 11/13*
- *Gobble Gobble Free Turkey Raffle 11/21*
- *Trips and Tours to Duarte Farms/Cheese Factory 12/3*

Oldies but Goodies Holiday Party DATE TBD •

Senior Card Campaign 12/9 •

Christmas Special Luncheon 12/13 •

Christmas Tea and Gift Exchange 12/20 •

Happy New Year Celebration
December 31, 12:00-4:00 p.m.
Band : Floorshakers



18 Oak St #1778, Brentwood, CA, 94513-8778

Use the Club's Mailing Address to:

- Send newsletter suggestions or a story.
- Request sunshine for a member.
- Submit your completed volunteer application.
- Request your newsletter delivery by email.

Monthly Meetings

Board Meetings and Program Sub-Committee Meetings are held monthly at the Brentwood Senior Activity Center.

Program Sub-Committee Meetings: First Tuesday of each month at 10:00–12:00pm at the BSAC. All members welcome. We look forward to seeing you and hearing your ideas and suggestions.

October 1st • November 5th • December 3rd

Board Meetings: Second Tuesday of each month at 10:00–12:00pm at the BSAC.

October 8th • November 12th • December 10th

Elected 2024 Senior Club Board

PRESIDENT	Richard Griek
VICE PRESIDENT	Bill Everett
SECRETARY	Charlotte Allison
TREASURER	Judy Griek
FINANCIAL CHAIR	Pat Wilkins
TRIP CHAIR	Leslie Muse
EVENT COORDINATOR/ MEMBERSHIP CHAIR	Stacey Mullins

BOARD ASSISTANT	Jon Elam
GRANT CHAIR	Paula Joyce
SUNSHINE LEAD	Caren Estes

Happy Holidays
from
Your Senior Club Board

BRENTWOOD SENIOR ACTIVITY CENTER

193 Griffith Lane, Brentwood, CA 94513
(925) 516-5380
www.brentwoodca.gov/SeniorCenter

Business Hours

Monday – Friday: 8:30 am – 4:00 pm
Saturday and Sunday: Closed

Register for classes online at:

www.brentwoodca.gov/onlineregistration
Call (925) 516-5380 for assistance.

Make checks payable to the City of Brentwood.



Senior Center City Staff

RECREATION MANAGER
Thien Nguyen

RECREATION SUPERVISOR
Lindsay Pinell
RECREATION COORDINATOR
Devan Campos

RECREATION LEADERS
Elenora Resare
Teresa Baria
Jennifer Laulusa
Joanne Joaquin
Cindy Duke

Nicole Williams
Natalie Ochoa
Sarah Dillon
Taylor Baron
Brittney Sampson
Debbie McEntee
Meagan Saini

In collaboration with the City of Brentwood Parks and Recreation Department.

The purpose of the Brentwood Senior Citizens Club is to provide an organization where Senior Citizens may find companionship and opportunity to pursue their interest in education, recreation, crafts and activities, and to contribute to the general welfare of the Community.


The corporation is nonprofit, non-partisan and non-sectarian.

Club membership is open to everyone 50 years and older.

The Brentwood Senior Activity Center is closed in observance of the following holidays:

Veteran's Day	Monday, November 11
Thanksgiving	Thursday, November 28
Post-Thanksgiving Holiday	Friday, November 29
Christmas Eve	Tuesday, December 24
Christmas Day	Wednesday, December 25
New Year's Eve	Tuesday, December 31

NO OUTSIDE ALCOHOL PERMITTED at any Club sponsored event/activity or trip.



The Senior Center is a non-smoking environment. If you smoke, it must be in the designated smoking area 20 feet away from the building, to avoid smoke filtering back into the building.

A NOTE FROM THE PRESIDENT

Being a retired senior offers a wide array of benefits and opportunities that can enrich our lives in various ways. From financial to health and wellness, personal growth, volunteer opportunities, and social engagement.

Financially, in addition to Medicare and Social Security, many businesses offer discounts to seniors on everything from travel to groceries and entertainment. Brentwood offers senior-specific fitness programs, which include swimming, exercise, yoga and bocce ball leagues. Nearby colleges offer discounted or free courses to seniors, allowing them to pursue new interests or deepen existing knowledge. Retirement offers the time to engage in hobbies, whether it's painting, gardening, woodworking, or other creative pursuits.

The rewards from community service go beyond just the giving of our time. The social interaction and the new friends we come to enjoy are among the most valuable parts of our lives. Retirees can volunteer for local charities, schools, hospitals, or community centers, giving back to their communities in meaningful ways. Seniors can also use their experience to mentor younger generations or offer tutoring in areas where they have expertise.

The Brentwood Senior Activity Center offers social activities and a beautiful space for seniors to gather, eat lunch and experience the kind of positive social engagement that helps keep us young. The center is a model of innovative programming and leadership that any community would be proud to have.

The Brentwood Senior Citizens Club strives to enhance all the opportunities open to our senior community. Through our partnership with the City of Brentwood we are able to develop activities, events and trips that are more affordable than can be found elsewhere. Some events, such as the Ice Cream Social and the annual barbecue are free to members.

The club is always looking for new ways to serve our community and seniors in particular. With scores of volunteers and hundreds of participants there is never a lack of ideas for improvement or new activities and events. We actively partner with various entities in the community to help enrich the lives of everyone in our far-east-county area.

One of our newest opportunities involves Los Medanos College Community Education Program. It features fee-based, not for credit courses that are designed for personal and professional growth and enrichment. The Lifelong Learning Center offers lectures on specialized topics, taught by Los Medanos Professors. Some of the current topics are about the Brentwood Coal Mine, John Marsh, Ghosts of Black Diamond and The Sacramento-San Joaquin River Delta and the Arts. Many of these classes are already full, but there will be plenty more in the future. Our club may be able to host a lecture now and then, and we are working on sponsoring our senior members to attend.

So, retirement opens up a world of possibilities for seniors, allowing us to explore new avenues of fulfillment and enjoy the fruits of our labor. Brentwood is a great place to be at this wonderful time of our lives.

Richard Griek, *President*



UPDATE FROM PARKS AND RECREATION

National Senior Center Month

At the August 27th Brentwood City Council Meeting, Mayor Joel Bryant presented a Proclamation to City Staff and a Representative from the Brentwood Senior Citizen's Club to recognize September 2024 as National Senior Center Month.



Left to Right: Mayor Joel Bryant, Recreation Supervisor Lindsay Pinell, Senior Club Vice President Bill Everett, City of Brentwood Recreation Leaders Teresa Baria and Elenora Resare



13th Annual

Art & Craft Faire

November 1 - 3, 2024

Friday 5:30 - 7:30 Saturday 10:00 - 4:00 Sunday 11:00 - 3:00

FREE Admission!

Start your holiday shopping early at our 3-day Holiday Extravaganza featuring a wonderful selection of original art, crafts, and handmade gifts.

**Visit our Holiday Cafe and no-host Mimosa Bar!
Raffle Prizes (Need not be present to win.)**

The Biggest and the Best!

BRENTWOOD SENIOR ACTIVITY CENTER
193 Griffith Lane at Balfour Road
(925) 428-1103



A NOTE FROM BOARD ASSISTANT

Jon's Ramblings Fall 2024

As the long and hot summer recedes and fall is on the horizon, it is time to start putting together your Senior Club events schedule. I won't seek to restate the many upcoming activities and interesting opportunities, but read this newsletter carefully for all the dates and activities.

In our last newsletter, I wrote a bit about the City of Brentwood's survey of our Club members and other users of programs through the Senior Activity Center.

The results of the survey are back and were reviewed at the first City Council meeting in August. While the report is 60 pages long and includes a number of interesting points, the main part I want to briefly report on is the very strong support shown for the Center's customer service, along with the recognition of the high quality of the many programs being offered and the Senior Center's meeting facilities.

The survey noted that Brentwood, with a 2024 population of 66,854, has close to 100 parks compared to our adjacent communities of Antioch (35) and Pittsburg (26). Brentwood also has a larger staff to support Senior activities than other nearby cities. The report noted the 12,638 registrations for programs from just January to April 2024. A total of 1,510 Senior programs are offered this year, among the largest noted in the East County region.

The report also included some interesting and helpful suggestions that the Senior Center should consider adding programs in the areas of Tai Chi, the arts (painting and writing) cooking, and Yoga. We are always interested in developing new programs and appreciate the suggestions. If you're interested in teaching a class, please give us a call.

It was gratifying to see that the survey's analysis of your responses reinforced the strong support of our Club. As a reminder your Board will hold its annual elections early this winter with four available positions and we hope people will be interested and willing to join in. If you have questions or thoughts about any of the information above, please let me know (925-513-0347). I hope to hear from you!



Jon Elam, Board Assistant

Brentwood Senior Citizens Club
invites you to
Renew Your Membership or
Join Our Senior Club
(See Page 14 for More Details)

THEN join us for our
New Member Get Together
January 21, 2025
2:00 - 4:00 p.m.

Brentwood Senior Activity Center
Coffee · Tea · Treats

As a new member we want you to know about...

MEMBER BENEFITS

ONGOING ACTIVITIES, EVENTS, TRIPS

RESOURCES

CLUB GRANT PROGRAM

REGISTRATION PROCESS

IDEA CONTRIBUTION

CODE OF CONDUCT

MEMBERS & CITY STAFF

Join us for conversation with
Jon Elam
our Board Assistant and former City Manager

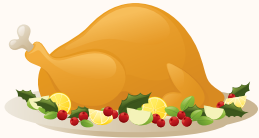
Our lives will be enhanced through activities and friendship



DINING AND SOCIALIZING IN CAFÉ COSTA



- Cafe opens at 11:00a.m.
- Lunch is served promptly at 11:30a.m.
- \$6 for those under age 60
- \$3 contribution for those 60 and up



Thanksgiving Special Luncheon 11/8
Christmas Special Luncheon 12/13

The Brentwood Senior Activity Center is closed in observance of the following holidays:

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Christmas Day	Wednesday, December 25
New Year's Eve	Tuesday, December 31

Finding Happiness in Everyday Life

If you want to improve your sense of happiness as well as your sense of well-being, there are many things that you can do! Check out these tips that you can incorporate into your lifestyle...

- Get involved in social activities...call a friend that you haven't talked to in a while and make plans to get together (or go to lunch at **Café Costa** and meet new friends!)
- Appreciate the simple pleasures, such as keeping to a regular schedule, taking a walk in the park, or spending time with a friend.
- Learn not to sweat the small stressors. Try to look at the bigger picture.
- Do something to help others. Volunteer or check regularly on someone who lives alone.
- Find value in your hobbies, activities, and outings.
- Stop to smell the roses and enjoy the simple pleasures of life every day.



HEALTH AND WELLNESS AWARENESS 2024

Specific information in hallway display at BSAC

October:	National Breast Cancer Awareness Month Fire Prevention Week 6th - 12th
November:	National Diabetes Month Home Care & Hospice Month Great American Smoke Out 21st
December:	National Hand Washing Awareness Week 1st - 7th National Influenza Vaccination Week 2nd - 6th



Single Mingle Group

For several months we have been discussing changing the name of the group. Some ladies felt that the Single Mingle name sounded too much like a dating club. The new name would've reflected more of what the group is about. When the name change was brought up to the Board of Directors initially it seemed like a good idea but it was pointed out that the Single Mingle name has been around for years. The new name had the support of a majority of those that voted but the board thought the name change should have 55% of the entire group. Since the new name did not meet the criteria, the board decided to stay with the current name.

Recurring Activities Schedule

We enjoy getting together with old and new friends to discuss what is happening, either during an activity or at a local restaurant afterward.

- **Monthly Group Meeting** - first Tuesday of the month
- **Walk-in-the-Park** - every Monday, weather permitting
- **Bowling** - first and third Thursdays of the month
- **AMC Movie** - second Tuesday of the month
- **Lunch at Local Restaurant** - day and time set at monthly meeting
- **El Campanil Theater** - varies depending on theater bookings
Upcoming: Eagles Tribute Band
Renegade Orchestra
- **Dinner at Local Restaurant** - day and time set at monthly meeting
- **Boogie Nites** - fourth Thursday of the month
- **Pot Luck** - fourth Saturday of the month



Pete, Don, Janis, Bea, Cami



At Left: Don Bowling



At Right:
Concert in the Park -
Lidia, Barbara, Richard, Rich, Don

BRENTWOOD SENIOR CITIZENS CLUB PRESENTS

BOOGIE Nites





Meet new people in this social group atmosphere, while dancing to music by some of the best bands.

SEP 26

VELVET HAMMER

OCT 24

D.J. CHARLIE

- All levels of dancing abilities are welcome. No partner needed.
- No host bar and snacks. No outside alcohol permitted.
- Must be at least 21 years old to attend. Government issued ID required at the door.
- Pre-register: \$10 members/\$15 non-members ~ Pay at the door: \$15 for all (cash only)
- Register at the Senior Activity Center or call (925) 516-5380.
- No smoking within 20 feet of the entrance / **No outside alcohol permitted.**

DANCE FROM 7:00 – 10:00 pm

MUSIC FROM THE 50'S, 60'S, 70'S, AND 80'S

BRENTWOOD COMMUNITY CENTER - 35 OAK STREET

BOOGIE NITES THEMES
*DRESSING IN THEME IS OPTIONAL

SEPTEMBER - 50'S
OCTOBER - HALLOWEEN




Book Banter Group

Reading gives you a chance to escape into another place and time, without leaving the safety of your comfiest chair. If books are not available in the BSAC library, download free eBooks through the Brentwood Library website using "Libby" or purchase a digital copy for your tablet.

Now meeting at the Brentwood Community Center.
Third Tuesday of the Month • 1:30–3:00pm

OCTOBER 15:

The Women by Kristin Hannah

The story of one woman gone to war, but it shines a light on all women who put themselves in harm's way and whose sacrifice and commitment to their country has too often been forgotten.

NOVEMBER 19:

A Gentleman in Moscow by Amor Towles

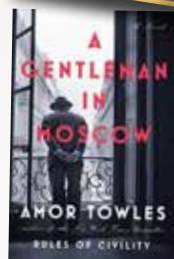
the story of a Russian aristocrat living under house arrest in a luxury hotel for more than thirty years.

DECEMBER 17:

The Twelve Dogs of Christmas by Susan Wiggs

The delightful novel about a Christmas transport of rescue puppies that's guaranteed to warm readers' hearts.

Selections are available at the Brentwood Library



Ballet Folklorico

The Folklorico class has really grown at the Brentwood Senior Citizens Club. Leader, Gory Sanchez hand-made all the ladies' headpieces pictured in this photo. She made them in only a couple of days. They sure look great! We are fortunate to have so many talented individuals in our Club and community.

There is always an opportunity to join the Ballet Folklorico dance group. They meet Thursday from 3-4 p.m. every week. Stop by and see what you might be missing - fun, teamwork and pride in their culture.



The Brentwood Senior Citizens Club Grant Program

The Senior Citizens Club Grant Program will become available April 1st, 2024 for qualifying club members who wish to participate in Senior Citizens Club programs, trips, classes, and special events.

The Senior Citizens Club Grant Program Committee will award \$250.00 grants from April 1st, 2024 through December 31st, 2024 to approved applicants until funds are no longer available. Grants can be used to subsidize 100% of the cost of qualifying programs/activities. The grant is good until your awarded funds run out. You may re-apply for a grant as long as your membership dues remain current.

Grant application forms are available at the BSAC during regular business hours. Return completed applications to the front desk at the BSAC, or mail to the address at the bottom of the application.

When received, your application will be forwarded to the Grant Program Committee for review. Once reviewed, the Committee will notify you by phone or letter of their decision. Please keep your club membership dues up to date, otherwise your application will be denied and you will need to reapply.

The usual turn around time for approval of Grant Applications can take up to 14 days. Apply early for your Grant so that your funds will be available to participate in the event of your choice.



Grant Chair
Paula Joyce

DID YOU KNOW?

Watch for this symbol for qualifying events -



TRIPS & TOURS

ALL Trips and Tours information now displayed on lobby television screen

FLEET WEEK ON TREASURE ISLAND

Friday, October 11, 2024 9:30am - 6:00pm

Pickup: Brentwood Senior Center - 193 Griffith Ln.

Cost: \$98 Member/\$128 Non-Member

Registration From Tuesday, September 24 - Tuesday, October 8

Enjoy Fleet Week like never before! On Treasure Island, at a private historical venue, with gorgeous views of the Bridge, the Bay, and the highly anticipated Blue Angels show. You'll first have time to explore the Treasure Island Museum. This Museum has gorgeous murals, and houses a few exhibits chronicling the history of the former Naval Station.

Then, it is a one-minute walk to the Woods Island Club. This venue is a true part of history that is still decorated in Art Deco style. Originally the administrative center for the 1939 World's Fair and the terminal building for the Pan Am Clippers, now an Island Club destination with a picturesque view of San Francisco's skyline. This private booking will give you access to the private restrooms, a deliciously made empanada, 2 drinks of wine, beer, soda, or cider, per person, and an amazing view of the skyline on the patio facing the Bay, where the airshow will be held. The Fleet Week Airshow will begin at 12pm and end at 4pm. Bring your hats, glasses, and sunscreen. You may bring a folding beach chair for yourself, as long as you can carry it and it can fit under the bus. Please make sure to label it with your name. There will be seating inside and out of the venue, including the art deco bar, the patio, and the parking lot area. All guests are encouraged to bring food and snacks for themselves or to share. You may bring a small lunch pail cooler with ice blocks, please no large plastic coolers. Please do not bring alcoholic beverages.



HILMAR CHEESE & HOLIDAY POINSETTIA

Tuesday, December 3rd, 2024 8:30am - 5:30pm

Pickup: Brentwood Senior Center - 193 Griffith Ln.

Cost: \$82 Member/\$112 Non-Member

Registration From Thursday, October 3 - Wednesday, November 6



Your day will begin at the Sciabica Olive Oil Co. with a tour, presentation and tasting of their delicious award-winning olive oils. After your tour and tasting, there will be time to browse and shop for unique and distinctive items. Then enjoy a leisurely ride to the Hilmar Cheese Co for a guided factory tour and a delicious, Soup, Sandwich and Salad buffet. You will also have time to browse and shop in their large country store - decorated for the holiday season, as well as a chance to sample some of their gourmet cheeses. Afterwards you will be transported to Duarte Farms Nursery to view their amazing display of Holiday Poinsettias. Their greenhouse has proudly been home to one of the largest selections of colors and species for over 3 generations. You will receive a greenhouse presentation and then have time to visit and shop before departing with a complimentary 6.5-inch poinsettia to take home. Please note that Duarte only accepts cash or check for any additional purchases.



SAVE THE DATE

BRENTWOOD SENIOR CITIZENS CLUB PRESENTS:

Dandelion Chocolate Tour Tasting & Presidio Cafe Lunch **Tuesday, March 11th, 2025**



Your day will begin at Dandelion Chocolate in San Francisco with a 1 hour tour, where you will learn all about the process of chocolate making, from bean to bar, and taste some samples of delicious Dandelion Chocolate! After your tour, you will enjoy a complimentary beverage of your choice with a treat, and time to browse the shop to bring home some goodies! After visiting Dandelion Chocolates, you will head to Presidio Cafe for stunning views and delicious food. Choose from a Smoked Chicken Cobb Salad, Burger, or Half Club Sandwich, with dessert and beverage.

Time: Depart 8:45am/Approx. Return 5pm **Pickup:** 193 Griffith Ln, Brentwood

Cost: \$113Members /\$163 Non-Members

Registration Opens **Jan. 2nd, 2025** & Closes **February 7th 2025**

*****This trip is limited to 35 guests*****



I'm always interested in hearing about your ideas for trips...email me!

Leslie Muse islandsurf@mac.com

TRIPS & TOURS REGISTRATION POLICIES

1. Register ONLY at the Senior Activity Center during regular business hours: Mon-Thurs at 8:30am-3:30pm. (No Friday registration)
Only walk-in registration accepted. No mail-in or call-in registration will be processed. Registration is no longer available at the Community Center.
2. Once the trip sells out, a wait list will be created.
3. Registration will be processed on a first come, first served basis. All forms must be completed and signed by the participant, including a waiver for each trip.

BINGO NEWS



SOMETHING FUN!

We had our first Olympic themed Bingo party, which was a big success. Our tables were decorated with flags from 50 nations represented. We acknowledged our wonderful volunteers claiming them all "Gold Medal" champions. Each was presented a gold medal necklace, along with each Bingo winner. There was Olympic music playing, volunteers carrying a torch and American flags, while everyone clapping, chanting and cheering USA, USA. Special thank you to Home Life for their generous donations for our free raffle along with an attendee who donated a beautiful gift basket. Lucky winners got to spin the wheel for cash prizes!

Come join us for our annual Ghost & Goblins Bingo party on Monday, October 28th. Costume contest for cash prizes, free raffle, Halloween goodies and more.



Let's Play BINGO

MONDAYS
Everyone Welcome
Doors Open 12:30
Games Begin 1:30

Game Packs \$10
Special Games, Raffle Prizes, and Free Snacks!

Must be 18 years or older to play

Brentwood Senior Center
193 Griffith Lane
(925) 516-5380

GREAT GIFT IDEA!
Purchase Bingo gift cards at Monday Bingo

BUNCO FRIENDS



BRIDGE LESSONS

Learn to Play Contract Bridge or Refresh Your Skills

Introductory Lessons and Practice

**Brentwood Senior Activity Center
Friday Game Day
Instruction and Play at 2:00 p.m.**

Mark Marty (director of the Tuesday Duplicate game) will be available each Friday from 2 to 4 p.m.

Lessons will ideally begin at the basics, and continue on through bidding and play. Given the drop-in nature of the game day, the lessons can/will be modified to fit the current day's group of students.

No fee required - suggested reference materials will be available as needed. Any questions, contact Mark Marty 925-487-7832 (thatsafire@gmail.com)

**2025 BUNCO
WILL BE BETTER THAN EVER!**



BUNCO

Second Friday of Every Month

Doors open at 6:00p.m. • Game begins at 6:30 • \$5 Buy-in

925-516-5380 to reserve a spot - or just show up!
Questions? Frankie 925-240-6760 or Sue 925-381-8320

Brentwood Senior Center - 193 Griffith Lane

Bring a friend. Come join the fun!



MUSIC BINGO

November 13

2:00 - 4:00p.m.

**Brentwood Senior Activity Center
Registration: CALL (925) 516-5380**

More information coming soon!

**A UNIQUE AND LIVELY VARIATION OF THE
CLASSIC BINGO GAME WITH A
MUSICAL TWIST**

BRENTWOOD SENIOR CITIZENS CLUB ONGOING ACTIVITIES LIST

ACTIVITY	DAY(S)	TIME(S)	LOCATION	LEADER
Ballet Folklorico Dance	Thurs	3:00-4:00pm	BSAC Main Hall	Gory Sanchez (925) 550-1200
Billiards	M/W/F	9:00am-12:00pm	BSAC Game Room	(925) 516-5380
Bingo	Mondays	12:30-3:00pm	BSAC Main Hall	Cathy Everett (925) 783-7477
Book Banter	3rd Tues	1:30-3:00pm	BCC Conference Rm.	Anneliese Warren (925) 516-9464
Book & Media Library	Mon-Fri	8:30am-3:00pm	BSAC Game Room	Randy Leong (925) 516-5380
Bridge	Tuesdays	9:00am-12:00pm	BSAC Main Hall	Mark Marty (925) 487-7832
Decorative Painting	Tuesdays	1:00-4:00pm	BSAC Meeting Rm.	Linda Heckman (925) 240-9809
Evening Bunco	2nd Fri	6:30-9:00pm	BSAC Main Hall	Frankie Spitaleri (925) 240-6760
Game Day	Fridays	1:00-4:00pm	BSAC Game Room	(925) 516-5380
Knitting/Crocheting	Tuesdays	1:00-4:00pm	BSAC Main Hall	June Peters (925) 443-4287
Line Dancing	Wed	12:30-2:00pm	BSAC Main Hall	Belle Hodnick (925) 628-9534
Mahjong (Chinese)	Thursdays	1:00-3:00pm	BSAC Game Room	Eldefonso Velez (925) 329-5381
Place to Paint	Tuesdays	1:00-4:00pm	BSAC Class Room	Jose Pannitto (650) 773-4068
Pinochle	Tues/Thurs	1:00-4:00pm	BSAC Main Hall	Roy Schuler (925) 628-7762
Quilting	Tuesdays	1:00-4:00pm	BSAC Main Hall	Carole Valenzuela (925) 321-0728
Single Mingle	1st Tues	1:00-3:00pm	BCC Conference Rm.	Richard Henderson (925) 757-3005

Activities are free to members presenting a valid Senior Citizens Club Card.
Updated activity fliers will be available on the information table in the lobby.

PLEASE SIGN THE ATTENDANCE FORM AT THE FRONT DESK EACH TIME YOU ATTEND AN ACTIVITY.

**PUT ON YOUR PARTY DRESS OR TUXEDO AND ENJOY A
HOLLYWOOD RED CARPET
NEW YEAR'S EVE**

**TUESDAY DECEMBER 31, 2024
12:00PM - 4:00PM
BRENTWOOD COMMUNITY CENTER
35 OAK STREET, BRENTWOOD**

**HAPPY NEW YEAR
CELEBRATION**

**TRI-TIP MEAL
CATERED BY RALPHS**

NO HOST BAR

MUSIC BY THE FLOORSHAKERS

CHAMPAGNE TOAST

**COST: \$50/MEMBERS
\$60/NON-MEMBERS
REGISTRATION 11/18/24 - 12/23/24**

IN MEMORIAM

Ethel Badham

8/22/1918 - 6/24/24



Ethel was an active member including volunteering and being a Club Ambassador. Also, she celebrated her 100th birthday amongst fellow members, friends, and daughter Kathy Thill. Members were fortunate to have known her and volunteered beside her.

Fred Spitaleri

5/19/35 - 7/11/24

Fred has been an active member in our Senior Club for years. If you have met him then you will recognize him as a member who likes to help you enjoy Bunco. He is a mellow gentleman that enjoys teaching others how to play Bunco. His wife, Frankie, is the club's Bunco lead.

Mrs. Goemmel

2024

Dan, we are sorry to hear that your wife recently passed away. We hope that you will continue as a member at the Club. Your fellow Club members are thinking of you and support you!

UNDER THE WEATHER

Julian Carroll

Walter Rivers

RECOVERING

Margot Parenti

Ron Davis

Frank Parras



Caren Estes

Please use the "Sunshine" clipboard, at the BSAC, to let our Sunshine Lead, Caren, know of anyone who is "Under the Weather", "Recovering" or if you would like to leave an "In Memoriam". Please provide as much information about the club member as you can, especially contact information.

New Year's Resolution...

Try one new Senior Club activity in 2025!



BRENTWOOD SENIOR CITIZENS CLUB, INC. MEMBERSHIP APPLICATION

MEMBERSHIP FEE IS \$25 PER YEAR PER MEMBER.

Date: _____

MEMBER

I am a **NEW** Member to this club.
I am renewing a current or past membership.
I am age 90 and qualify for a free membership.

Name _____

Address _____

City _____ Zip _____

Phone # (_____) _____

*E-mail: _____

Birth date (mm/dd/yyyy) ____ / ____ / ____

In an emergency, who should we call?

Phone # (_____) _____

Cell # (_____) _____

Name _____

Relationship _____

ADDITIONAL MEMBER

I am a **NEW** Member to this club.
I am renewing a current or past membership.
I am age 90 and qualify for a free membership.

Name _____

Address _____

City _____ Zip _____

Phone # (_____) _____

*E-mail: _____

Birth date (mm/dd/yyyy) ____ / ____ / ____

In an emergency, who should we call?

Phone # (_____) _____

Cell # (_____) _____

Name _____

Relationship _____

NEW Newsletter Delivery Method: Mail E-Mail/View Online (Please Choose One)

I am interested in becoming a volunteer.

YES

NO

DONATIONS

Amount \$ _____

If, in addition to your dues, you would like to make a tax deductible donation to the Brentwood Senior Citizen's Club, Inc. programs and activities, please fill in an amount above. All donations are tax deductible as the Brentwood Senior Citizen's Club, Inc. is a non-profit corporation, exempt from taxes under section 501 ©(3) of the IRS code. Thank you very much for your donation and support!

**TO REGISTER: Complete this form and present in person
At the Brentwood Senior Activity Center, 193 Griffith Lane
Or the Brentwood Community Center 35 Oak St.**

**TO REGISTER BY MAIL: Mail application with a check to the
City of Brentwood 150 City Parkway, Brentwood, CA 94513
Att: Senior Club Membership (Make Check to the City of Brentwood).**

**DON'T FORGET TO FILL
OUT THE BACK PAGE!**



BOARD NOMINATIONS OPEN NOVEMBER 4 - NOVEMBER 15, 2024

QUALIFICATIONS:

- **Board positions** - no member shall be allowed to hold office unless he/she has been a member in good standing for at least a period of (1) year, and has been approved by the Executive Board.
- All officers shall serve for two (2) years and may serve for a maximum of two terms or four (4) years in each office or until their successors are elected.

POSITIONS OPEN FOR NOMINATION ARE:

PRESIDENT Shall preside at all meetings of the Club and shall be ex-officio member of all committees except the Nomination Committee. May call meetings of the Board during the week preceding the business of the Club. Appoints chairperson and heads of active committees necessary for proper operation of the Club. These appointments are to be made prior to the first meeting with the approval of the newly elected officers.

SECRETARY Shall keep accurate records of all proceedings of the Board and Sub-Committee meetings. The minutes of these proceedings shall be maintained at the BSAC. Shall handle necessary correspondence of the Club and communication to the Club Board. Coordinates the Annual Board Retreat. Coordinates the quarterly Senior Club Newsletter. In the event of an unavoidable absence of the President and Vice President, the Secretary shall conduct the meeting.

FINANCIAL SECRETARY Shall support the Treasurer with the reporting of the financials. Will represent the Treasurer in his/her absence. Attends monthly Board and Sub-Committee meetings. Maintains cash boxes at event to support various sales. Proceeds from events will be recorded, deposited in bank, and reported to treasurer. Maintains statistics of membership registration as well as the mailing list for quarterly Club Newsletter and submits reports to the board.

TRIP SECRETARY Shall, through a sub-committee, develop and annual calendar of the day and/or overnight trips for the Club. This includes making all necessary arrangements with the various travel agencies, insuring the various contracts are accurate, and coordinating with the City of Brentwood for promotions, registration, and processing of funds.

Are you interested in learning more about the above listed board positions?

Contact: Jon Elam, Chair, Board Elections Sub-Committee at (925) 518 - 4288 or email: jonrelam@gmail.com

TIMELINE:

October 2024 Board approves creation of Club Nomination Committee
Nov. 4-15, 2024 Board nominations period open
Nov. 18, 2024 Nomination Committee reviews applications. Verifies years as a member and ensures member is in good standing.

Nov. 21, 2024 Nomination Committee Chair calls candidates to assure application.

December 10, 2024 Final ballot approval

January 9, 2025 Ballots sent to all members by email or mail. Completed ballots returned to the Brentwood Senior Activity Center in ballot box.

Jan. 31, 2025 Voting deadline is January 31, 2025 at 4:00 p.m.

February 3, 2025 Ballots tallied by the Club Nomination Committee members. Candidates are notified of the results.

Feb. 11, 2025 All elected Board members attend the February board meeting. Oath of office administered by the Board President. Terms of office begin with the February board meeting.



Volunteer Recruitment Event was held on August 21, from 12- 4 p.m.

Thank you to all the Volunteers that came out for the Volunteer Sign-up Day. It was a great success and we couldn't do any of the events without your help. We also recruited three new volunteers that are anxious to get started!

We'll be having another sign-up day in January for the 2025 events so keep an eye out for date and time in the newsletter.

Volunteers Always Wanted - This is your opportunity to meet new friends, share your skills and have fun with others while planning or helping at events. Please pick up an application at the Brentwood Senior Center or call for more information (925) 516-5380. Volunteer Coordinator, Eleanor Resare, will contact you after the application has been received.



The Red V has become an international symbol for volunteering. It was commissioned by Margaret Bell, former President of Volunteering Australia and given to Volunteering Australia and International Association for Volunteer Effort (IAVE) to be used universally as a symbol of volunteering.

Ice Cream Social - Thursday, August 1, 2024

There were 165 members that attended the Ice Cream social throughout the afternoon. Ice Cream Social Chairman, Steve Bordi made sure there was plenty of ice cream, toppings and whip cream! He personally

organized the game tables with Roulette Wheels for members to spin. Members cheered and laughed through the day. Some were very lucky and happy to have won some extra spending money. Just an FYI, the event is already on the calendar for next year. Thanks Steve!!



Photos clockwise from top: Chairman Steve, Cathy, Betty; Servers; Raffle Fun; Servers



RECREATION LEADERS



Cindy Duke



Debbie McEntee



Jennifer Laulusa



Natalie Ochoa



Teresa Baria



Elenora Resare



Nicole Williams



Sarah Dillon



Taylor Baron

Senior Holiday Happenings



ADOPT-A-SENIOR

Low-income seniors can apply to be adopted by a Secret Santa this year. Seniors will remain anonymous and if selected will receive a \$25 grocery gift card and a gift valued at \$50.



FREE TURKEY RAFFLE

Register to win a 10-12lb. turkey. One registration per household. Must register by 11/8. Winners will be notified the week of 11/18.



UGLY SWEATER GAME SOCIAL

Wear your favorite "ugly" sweater. Prizes for the favorite sweater! Special themed games, this will be a Friday you don't want to miss! 1:00-4:00pm Pre registration preferred.



SENIOR CARD CAMPAIGN

Senior Club members as well as residents of Brentwood's low-income housing facilities, will receive an anonymous holiday card from a community member prior to 12/25.

BRENTWOOD SENIOR ACTIVITY CENTER FREE SERVICES & REFERRALS

SERVICE	DAY(S)	TIME(S)	CONTACT INFO
Senior Information & Referral Counselor Contra Costa County Aging & Adult Services senior information and assistance counseling.			(800) 510-2020
CC Café Senior Nutrition Provides a nutritionally balanced, delicious lunch for seniors 60 years & older at a great deal (\$3 recommended donation).	Mon – Fri	Lunch is at 11:30am	For lunch reservations, call (925) 516-5398.
CCC Food Bank Brown Bag Provides low income seniors supplemental food twice a month in partnership with the Food Bank of Contra Costa & Solano Brown Bag Program.	2nd & 4th Thurs	10:00 – 11:00am	To apply, pick up application at Center Reception desk or call (925) 679-4701.
Dial-A-Ride Tri Delta Transit provides rides for seniors and disabled individuals.	Mon – Fri	Various	To register, contact Tri Delta Transit at (925) 754-3060.
HICAP State-sponsored Health Insurance Counseling and Advocacy Program provides counseling to Medicare recipients about their benefits, rights, and options.	1st Tues	1:00 – 3:00pm	To make an appointment, call HICAP's appointment service at (925) 229-8434.
Meals On Wheels Diablo Region Offers senior services such as housing, financial assistance and fall prevention education.			(925) 937-8311
Legal Services Free general legal advice & self-help services with a pro bono attorney sponsored by Contra Costa Senior Legal Services (CCSLs).	Last Fri	9:30 – 11:00am	Sign up for a half-hour appt. at Center Reception desk or call (925) 516-5380.
Meals On Wheels Provides meals delivered to homebound and in need of assistance seniors.	Mon – Fri		(925) 625-4545
Rides for Seniors Provide rides to doctor/dentist and grocery store for seniors who can't drive or afford a cab, and live out of the loop of Dial-A-Ride.			Call Laurie Beck at (925) 284-6161 for more info or to join the program.

Senior Activity Center - City Update



Active Adult Classes

Acrylic & Luminous Oil Painting

9:30am-12:30pm Thurs 10/17-12/12 BSAC \$80
(No class 11/28)

Intermediate Watercolor Painting

9:30am-12:30pm Fri 10/18-12/13 Lib ConA \$80
(No class 11/29)

Ballroom Sampler - Country Two-Step!

7:00pm-8:00pm Thurs 10/3-12/5 BSAC
(no class 10/24, 11/28) \$210 per couple/\$112 Single

Premiers Exercise Program

10:00am M/W/F 10/18-12/20 BSAC \$60
(no class 11/11 - 11/29)

Oldies But Goodies

1:00pm-3:00pm Wed 11/6-12/18 BSAC \$5
1:00pm-3:00pm Thurs 11/7-12/19 BSAC \$5
(no class 11/27 - 11/29)

Zumba Gold

1:00pm-2:00pm Thurs 10/3-11/7 BSAC \$38
1:00pm-2:00pm Thurs 11/14-12/19 BSAC \$38
(no class 11/28)

New Active Adult Classes

Beginning/Intermediate Acting

Take your acting to the next level! Are you ready to refine your craft and deepen your acting skills? Our Intermediate Acting Class for adults 50 and better is the perfect stage for you to enhance your performance and explore new techniques!

11:15am-12:45pm Wed 11/6-12/18 BCC ConA \$108
(no class 11/27)

Making Connections through Theater Games & Improv

Are you ready to add a splash of spontaneity and a dash of laughter to your life? Our Theater Games and Improv Class for Adults 50 and better is designed just for you! No experience necessary - just a sense of adventure and a willingness to explore!

10:00am-11:00am Wed 11/6-12/18 BCC ConA \$72
(no class 11/27)

Yoga for Seniors

Join us in this class to improve your flexibility, balance, and strength through gentle yoga poses. The class begins with warm ups, and yoga poses with modifications so that you can enjoy practice at your own pace in a supportive environment. We end the class with yogic breathing, guided meditation, and relaxation. Yoga helps reduce stress, increases energy, and promotes overall wellbeing.

8:15am-9:45am Mon 11/4-1/27/25 BSAC \$96
(no class 11/11, 12/16-30, and 1/20)

8:15am-9:45am Wed 11/6-1/29/25 BSAC \$120
(no class 12/18-1/1/25)

Holiday Uke Jammers

Get ready for family and neighborhood holiday gatherings. Practice with other Senior Center members while further developing your skills with a ukulele. Class is intended for those already familiar with their instruments. The final class will be at the Senior Center Holiday Luncheon.

10:00am-12:00pm Fri 11/1-12/13 BSAC \$53



Games, Friends and Fun!

Mexican Train
Checkers
Scrabble
Mahjong
Cards
Sequence
and more...

FREE



Seniors' Club Ongoing Game Activities

Free to Club Members • Additional information regarding schedule on page 11

Featuring...

MAHJONG(Chinese)

BILLIARDS

PINOCHLE

MEXICAN TRAIN

CHESS

CORN HOLE

...or bring your own favorite game!



Brentwood Senior Citizens Club Bulletin Board

Save the Date
2025

New Member Get Together
January 21, 2025 2-4 p.m.

BSAC

Spring Fling
Craft Faire
April 5, 2025

Facebook!
Instagram!

SENIOR CLUB SOCIAL MEDIA FACEBOOK EDITOR

Opportunity for a Senior Club member to be the editor of the BSSC Facebook page. Our editor would work to make sure the content is relevant, engaging, current, and essential to our members and Club. Collaboration with Senior Board members is paramount.
Call 925-516-5380 for more information.

Enrichment Opportunity - Lectures

Lifelong Learning Center programs offer lectures on specialized topics to provide life-long learning opportunities for those who are seeking enrichment opportunities. Lectures are typically 2 hours in length and are taught on a variety of subjects including history, economics, art, politics, and current events and more.

Upcoming classes here in Brentwood

"Beneath the Tangled Vines" 10/8/24

"Ghost Stories from the an Joaquin Delta" 10/16/24

"Oakley: Railroads and Packing Sheds" 11/20/24

"Holiday History as Experienced through Real Photo Postcards" 12/18/24

Note: check Los Medanos website often for new lectures throughout the spring semester.

Contact David Wahl (925) 473-7397 Contact Jon Elam at (925-513-0347)

At the Senior Center check the hall information racks for "Life Long Learning materials" for copies/updates